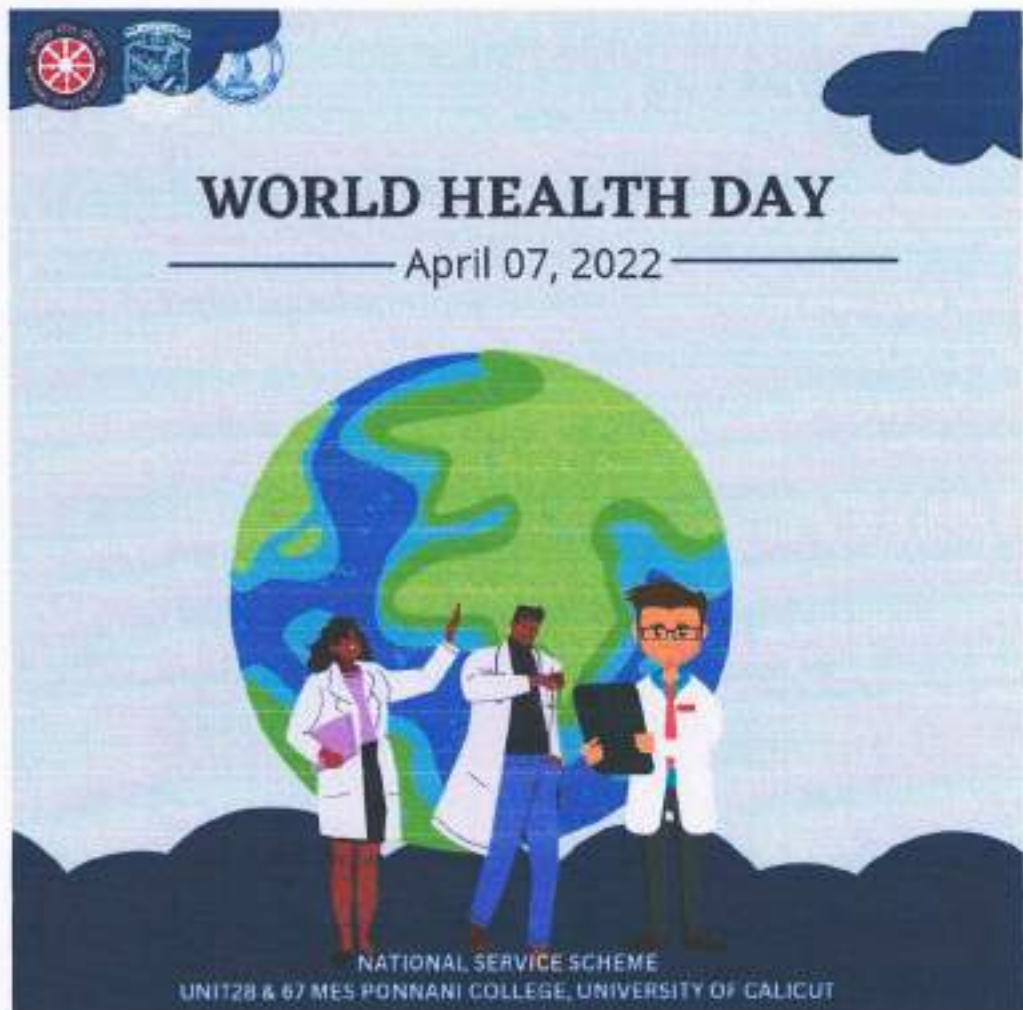


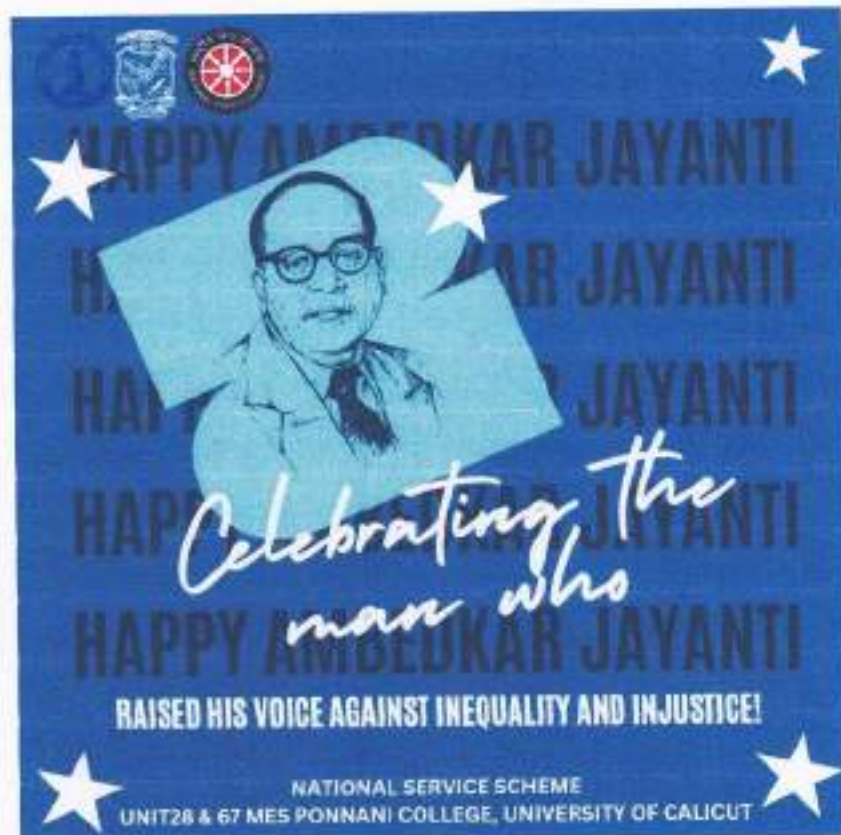
- **WORLD HEALTH DAY**



World Health Day is observed annually on April 7th to raise awareness about global health issues and to mobilize action to improve the health of people around the world. The day is sponsored by the World Health Organization (WHO), which is the directing and coordinating authority for health within the United Nations system. As part of it, a poster was released.

Name of the Program : World Health Day
Program Date : April 7, 2022
Platform : Social Media

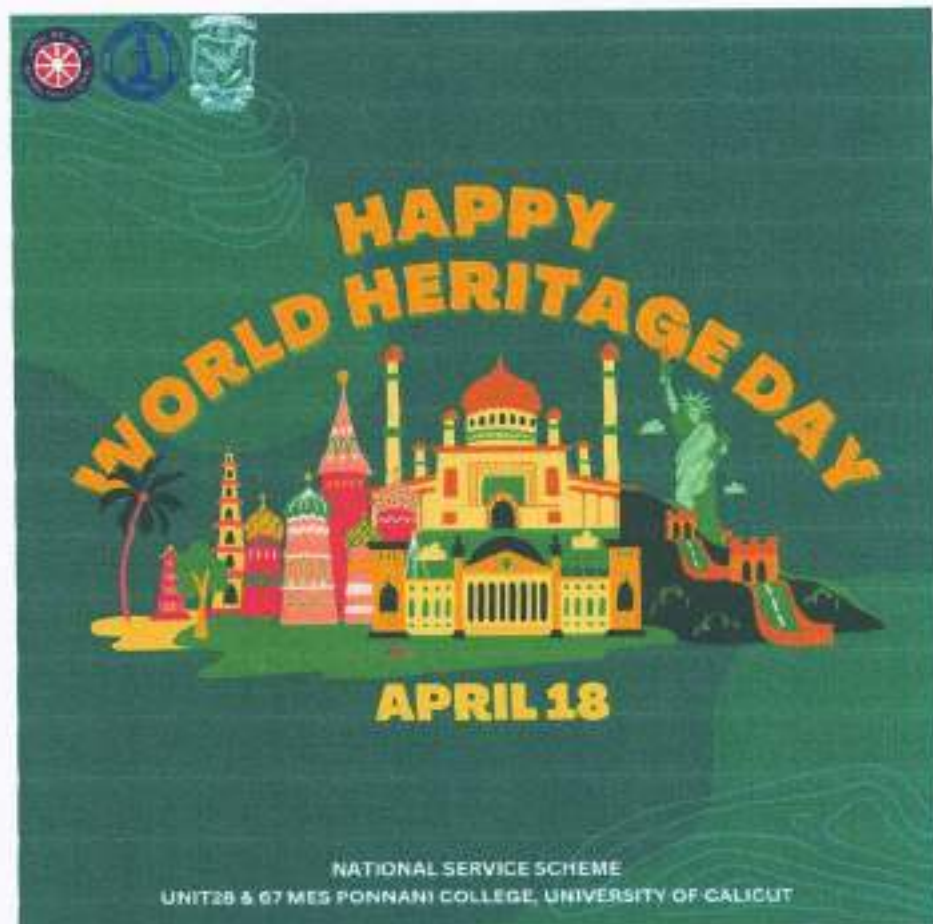
- **AMBEDKAR JAYANTHI**



Ambedkar Jayanti is an annual observance in India that commemorates the birth anniversary of Dr. Bhimrao Ramji Ambedkar, who was a prominent social reformer, jurist, economist, and political leader. Ambedkar Jayanti is celebrated on April 14th every year. Dr. Ambedkar played a key role in the Indian independence movement and was instrumental in the drafting of the Indian Constitution, which was adopted on November 26th, 1949. He is widely regarded as the architect of the Indian Constitution and is remembered for his contribution to the cause of social justice and equality. As a tribute to him, a poster was released.

Name of the Program : Ambedkar Jayanthi
Program Date : April 14, 2022
Platform : Social Media

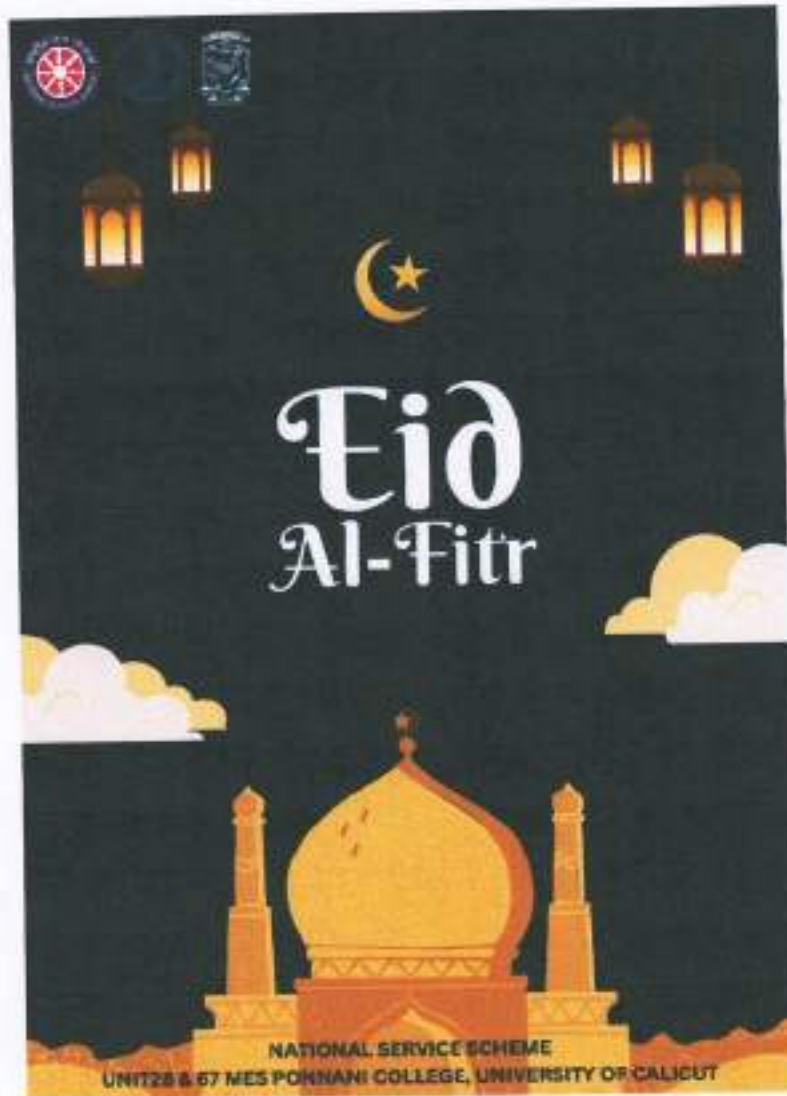
- **WORLD HERITAGE DAY**



World Heritage Day, also known as International Day for Monuments and Sites, is celebrated on April 18th every year. This day aims to promote awareness and appreciation for cultural heritage sites around the world, as well as the efforts to preserve and protect them. World Heritage Day is an opportunity to raise awareness about the importance of preserving cultural and natural heritage sites, which include historic buildings, monuments, archaeological sites, natural landscapes, and cultural traditions. As part of this day, a poster was released.

Name of the Program : World Heritage Day
Program Date : April 18, 2022
Platform : Social Media

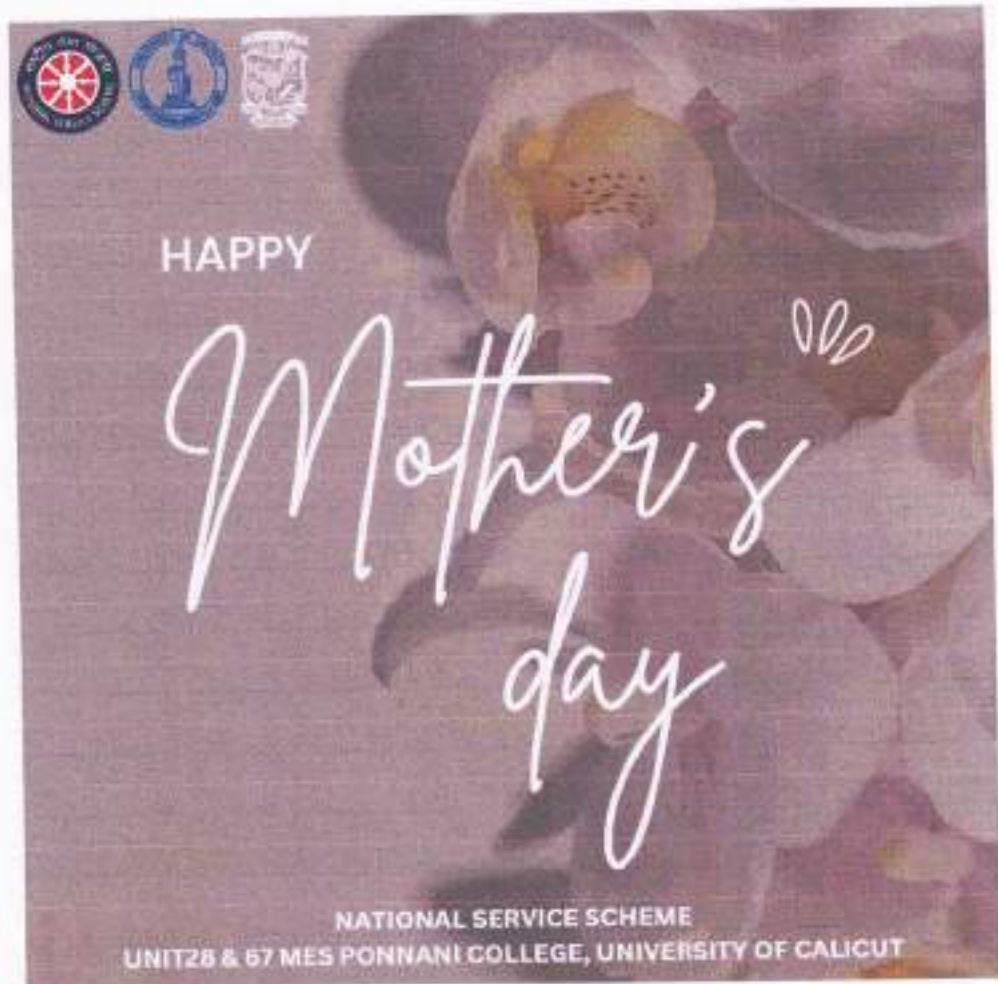
- **EID UL FITR GREETINGS**



Eid ul Fitr is a significant religious holiday celebrated by Muslims around the world. It marks the end of Ramadan, the month of fasting and spiritual reflection. As part of this celebration greeting poster was released.

Name of the Program : Eid Ul Fitr Greetings
Program Date : May 3, 2022
Platform : Social Media

- **MOTHERS DAY**



Mother's Day is a special day celebrated annually to honor and appreciate mothers and mother figures for their love, care, and sacrifices. The day is observed on the second Sunday of May. Mother's Day was first celebrated in the United States in 1908, when Anna Jarvis held a memorial for her mother, who was a peace activist and cared for wounded soldiers during the American Civil War. As part of this day to show affection towards our great mothers, a poster was released.

Name of the Program : Mothers Day
Program Date : May 8, 2022
Platform : Social Media

- **RED CROSS DAY**

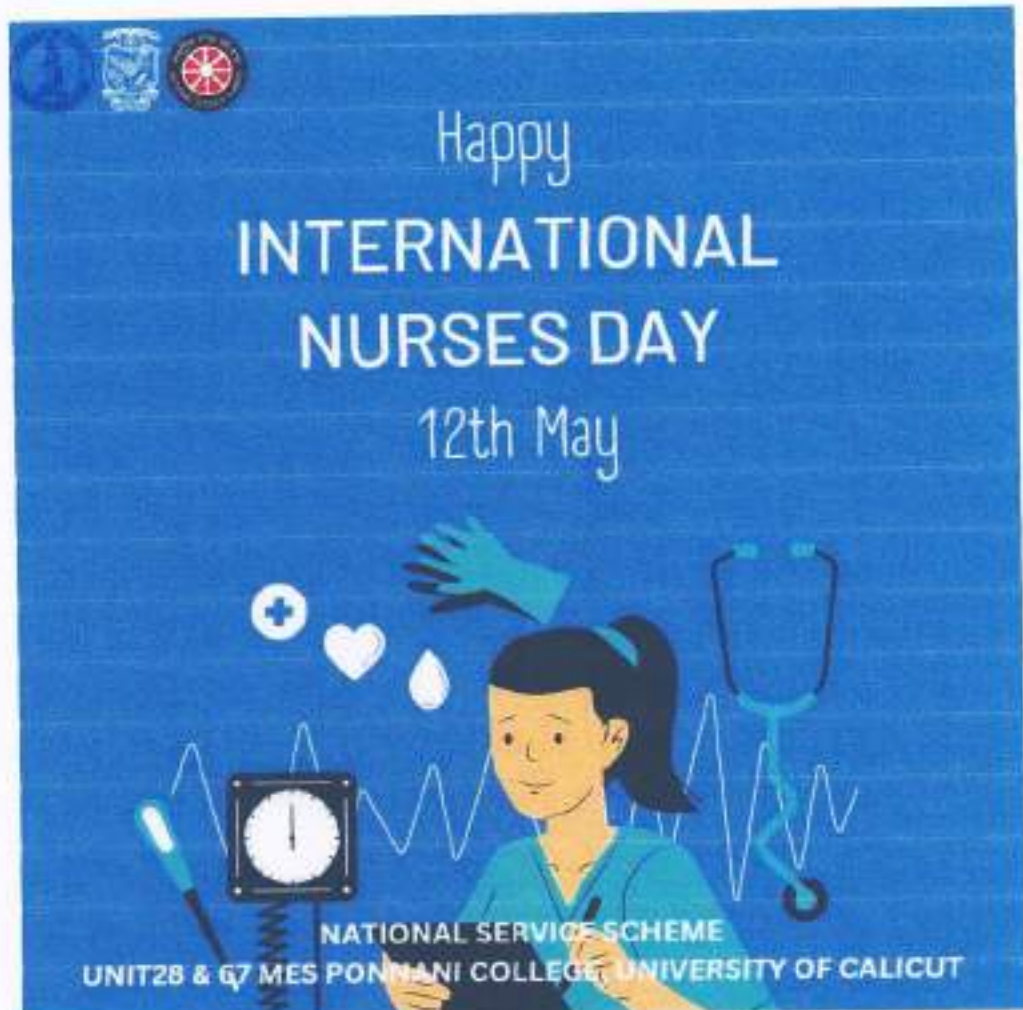


Red Cross Day is an annual event celebrated on May 8th to honor the work and achievements of the International Red Cross and Red Crescent Movement. This day marks the birth anniversary of Henry Dunant, who was the founder of the International Committee of the Red Cross (ICRC) and was awarded the first Nobel Peace Prize.

The International Red Cross and Red Crescent Movement is a humanitarian organization that provides assistance to people affected by wars, natural disasters, and other emergencies. The movement is made up of the International Committee of the Red Cross (ICRC), the International Federation of Red Cross and Red Crescent Societies (IFRC), and National Red Cross and Red Crescent Societies in over 190 countries. Red Cross Day is an opportunity to raise awareness about the humanitarian work of the Red Cross and Red Crescent Movement and to honor the efforts of the organization's volunteers. As part of this day, a poster was released.

Name of the Program : Red Cross Day
Program Date : May 8, 2022
Platform : Social Media

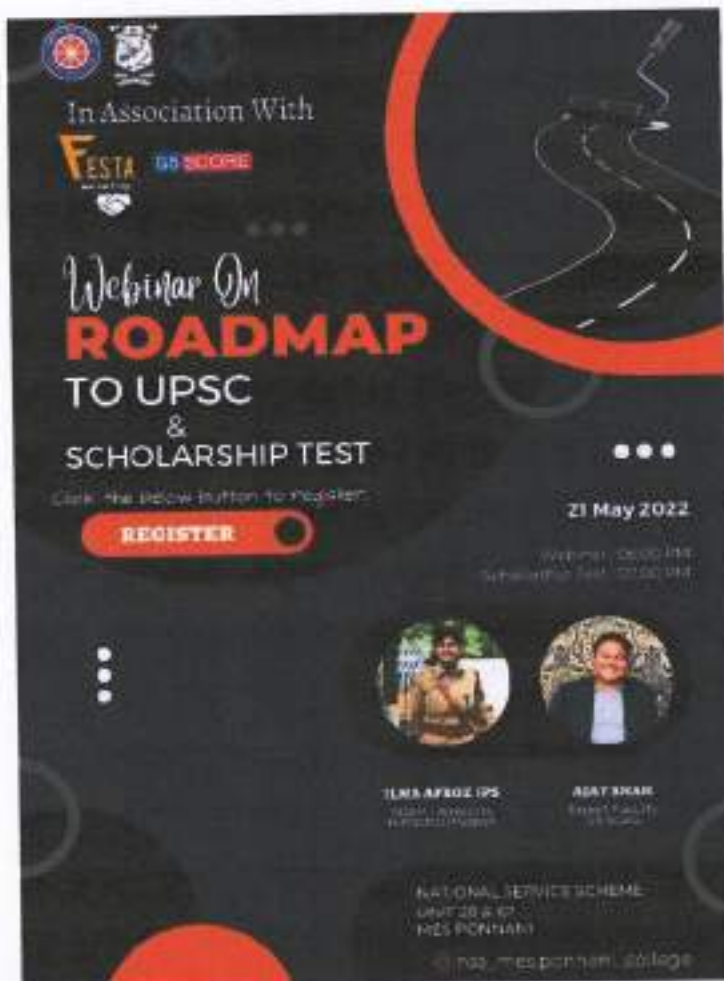
- **NURSES DAY**



Nurses Day is an annual celebration held on May 12th to recognize and honor the contributions of nurses to society. The day marks the birth anniversary of Florence Nightingale, who is considered the founder of modern nursing. This day opens an opportunity to raise awareness about the important role that nurses play in healthcare and to express gratitude for their dedication and hard work. As part of this day, a poster was released.

Name of the Program : Nurses Day
Program Date : May 12, 2022
Platform : Social Media

● **WEBINAR ON ROAD MAP TO UPSC AND SCHOLARSHIP TEST**

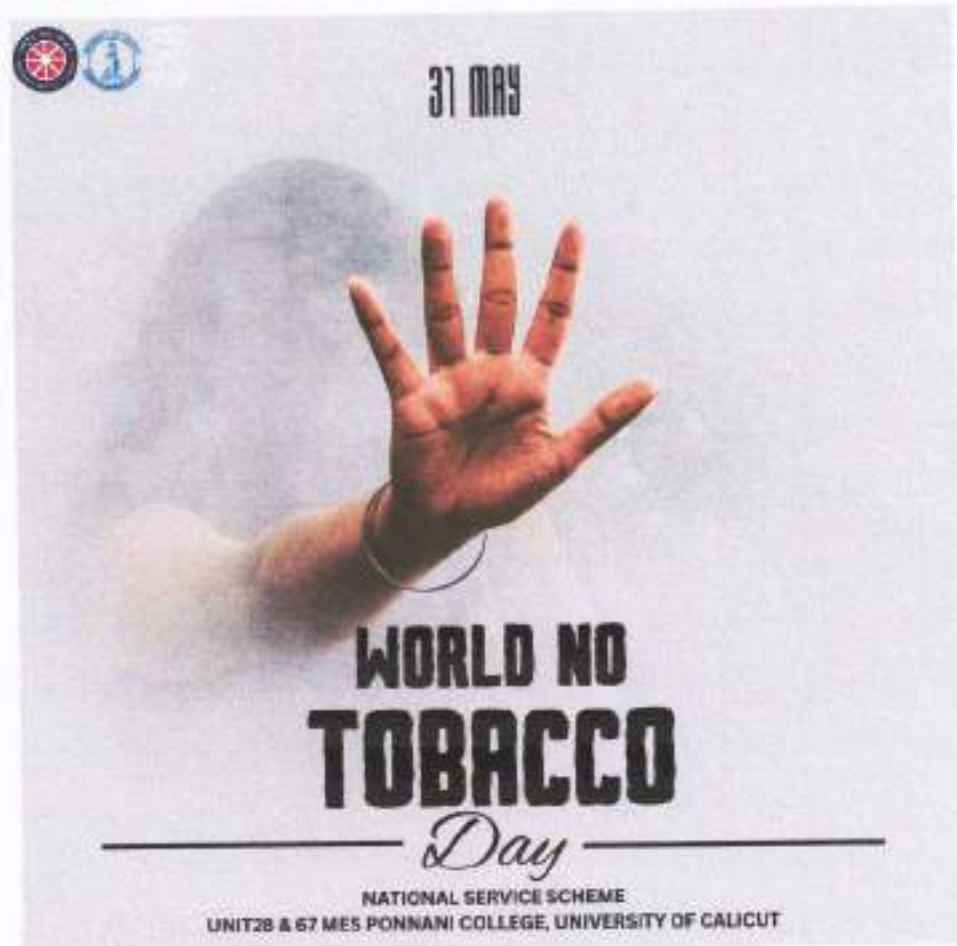


The UPSC (Union Public Service Commission) is a constitutional body in India that is responsible for conducting various examinations to recruit personnel for various services and posts in the Indian government. The most popular and competitive exam conducted by UPSC is the Civil Services Examination, which is also known as the UPSC exam.

In association with Festa Marketing and GS SCORE, NSS unit 28 & 67 of MES Ponnani College a webinar was conducted on Road Map to UPSC and Scholarship test on May 21, 2022. Ilma Afroz IPS, SDOP - Amb Una Himachal Pradesh inaugurated and handled the session. 128 students participated in this session. She explained in a detailed way on how to crack UPSC and after that a Q & A session was held. Program was presided over by GS SCORE Expert faculty Ajay Shah.

Name of the Program : Webinar on Road Map to UPSC and Scholarship Test
Program Date : May 21, 2022
Platform : Webex Meet
Resource Person : Ilma Afroz IPS
No of Participants : 128
Associated Partners : Festa Marketing & GS SCORE

- **NO TOBACCO DAY**



World No Tobacco Day is observed on May 31st every year to raise awareness about the health risks associated with tobacco use and to advocate for effective policies to reduce tobacco consumption. The day was created by the World Health Organization (WHO) in 1987 and has since been observed annually. To raise awareness about the health risks associated with tobacco use and to encourage people to quit smoking or using other forms of tobacco, a poster was released on the same day.

Name of the Program : No Tobacco Day
Program Date : May 31, 2023
Platform : Social Media

● **JAL JEEVAN MISSION SURVEY - EDAPPAL**

The Jal Jeevan Mission (JJM) is a flagship program launched by the Government of India in 2019 with the aim of providing clean and safe drinking water to every rural household in the country by 2024. The mission is a continuation of the government's efforts to ensure access to safe and sustainable water for all.

The Jal Jeevan Mission has the following key objectives:

- To provide functional household tap connections (FHTCs) to all rural households by 2024.
- To ensure that every household has access to safe and adequate drinking water.
- To promote the use of technology and innovation in water supply and management.
- To ensure community involvement in water management and conservation.
- To create job opportunities in the water supply sector.

As part of this mission our volunteers went for the survey in the Edappal region. 18 volunteers participated in this survey which was held from May 10 - 25 at Edappal. More than 180 houses were covered in this survey.

Name of the Program : Jal Jeevan Mission Survey - Edappal
Program Date : May 10 - 25, 2022
Venue : Edappal
No of surveyed houses : 180
No of Volunteers Participated : 18

- **WORLD BICYCLE DAY**



World Bicycle Day is an annual event celebrated on June 3rd. This day serves as a reminder of the importance of cycling and encourages people to incorporate cycling into their daily lives. As part of this day, a poster was released.

Name of the Program : World Bicycle Day
Program Date : June 3, 2022
Platform : Social Media

● **TREE PLANTATION ON WORLD ENVIRONMENT DAY**



In Connection With World Environment Day National Service Scheme MES Ponnani College Unit 28 & 67 Conducted Various Programs. With the Motto " തണുൽ - നടപ്പു നൽകരുതേ, മരണ നഷ്ടം നാശിപ്പിക്കരുത്" about 100 saplings were planted in the houses of NSS volunteers. This Program was inaugurated by Dr.Rajool Shanis, Programme Officer, NSS MES Ponnani College. And also, NSS MES Ponnani College conducted Quiz competition for the students of MES Ponnani College with the caption പരിസ്ഥിതി , ജീവവായു - അറിയാം പകരം അണച്ചു ചേർക്കാം . About 50 students participated in this program.

Name of the Program : Tree Planting on World Environment Day
Program Date : June 5, 2022
Venue : Volunteers Home
No of Trees Planted : 100
No of Volunteers Participated : 50
Inauguration : Dr. Rajool Shanis

- **WORLD FOOD SAFETY DAY**



World Food Safety Day is an annual event celebrated on June 7th to raise awareness about the importance of safe food and to promote measures to prevent, detect, and manage foodborne risks. It was established by the United Nations General Assembly in December 2018 to recognize the critical role that food safety plays in promoting public health, economic prosperity, and sustainable development. This day serves as a reminder of the importance of safe food and encourages people to take action to protect themselves and their communities from foodborne risks.

Name of the Program : World Food Safety Day
Program Date : June 7, 2022
Platform : Social Media

● **BEACH CLEANING ON WORLD OCEAN DAY**



World Ocean Day is an annual event celebrated on June 8th to raise awareness about the importance of the oceans and to promote conservation efforts to protect them. It was officially recognized by the United Nations General Assembly in December 2008 to highlight the critical role that the oceans play in supporting life on earth and to draw attention to the threats facing marine ecosystems.

In Connection With World Ocean Day on June 8, Marine Conservation Awareness and Beach Cleaning were conducted. The Program was conducted in association with MES Ponnani College. The Program was inaugurated by Union Minister Dr.Jitendra Singh via Online.OSI President, Dr.M Ravichandran presided the Program.Flag Off was done by Ponnani Municipal Chairman Shivadas Attupuram. 50 NSS volunteers took part in this cleaning drive.

Name of the Program : Beach Cleaning on World Ocean Day
Program Date : June 8, 2022
Venue : Ponnani Beach
Inauguration : Dr. Jitendra Singh, President, OSI
Flag Off : Shivadas Attupuram, Chairman, Ponnani Municipality
Associated Partner : MES Ponnani College
No of Volunteers participated : 50

- **CAPTION WRITING COMPETITION ON ANTI CHILD LABOUR DAY**

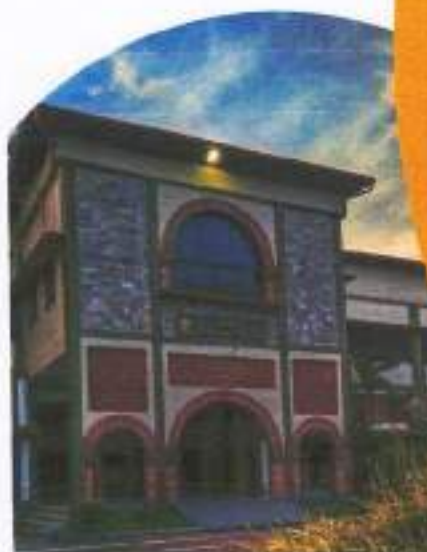


World Day Against Child Labour, also known as Anti-Child Labour Day, is an annual event observed on June 12th to raise awareness about the harmful and exploitative practice of child labour. The day was established by the International Labour Organization (ILO) in 2002 to draw attention to the issue and to promote efforts to eliminate child labour around the world. This day serves as a reminder of the urgent need to protect children from exploitation and to ensure that they are able to enjoy their childhood and access education and other opportunities that will help them reach their full potential.

In Connection With World Anti-Child Labour Day National Service Scheme Unit 28 and 67 of MES PONNANI COLLEGE conducted Caption Writing Competition for the students of MES Ponnani College.

Name of the Program : Caption Writing Competition
Program Date : June 12
Platform : Social Media
No of Participants : 12
Winner : Latheefa Binth Farooq

● ADMISSION HELP DESK



ADMISSION HELP DESK

COURSES OFFERED

UG COURSES

1. BA ENGLISH
2. BA ECONOMICS
3. BBA
4. BCOM
5. BSc COMPUTER SCIENCE
6. BSc GEOLOGY
7. BSc PHYSICS
8. BSc CHEMISTRY
9. BSc BOTANY
10. BSc ZOOLOGY
11. DATA SCIENCE AND ANALYTICS
12. BVOC FASHION DESIGN

PG COURSES

1. MA ECONOMICS
2. MCOM
3. MSc AGRICULTURE
4. MSc PHYSICS
5. MSc GEOLOGY

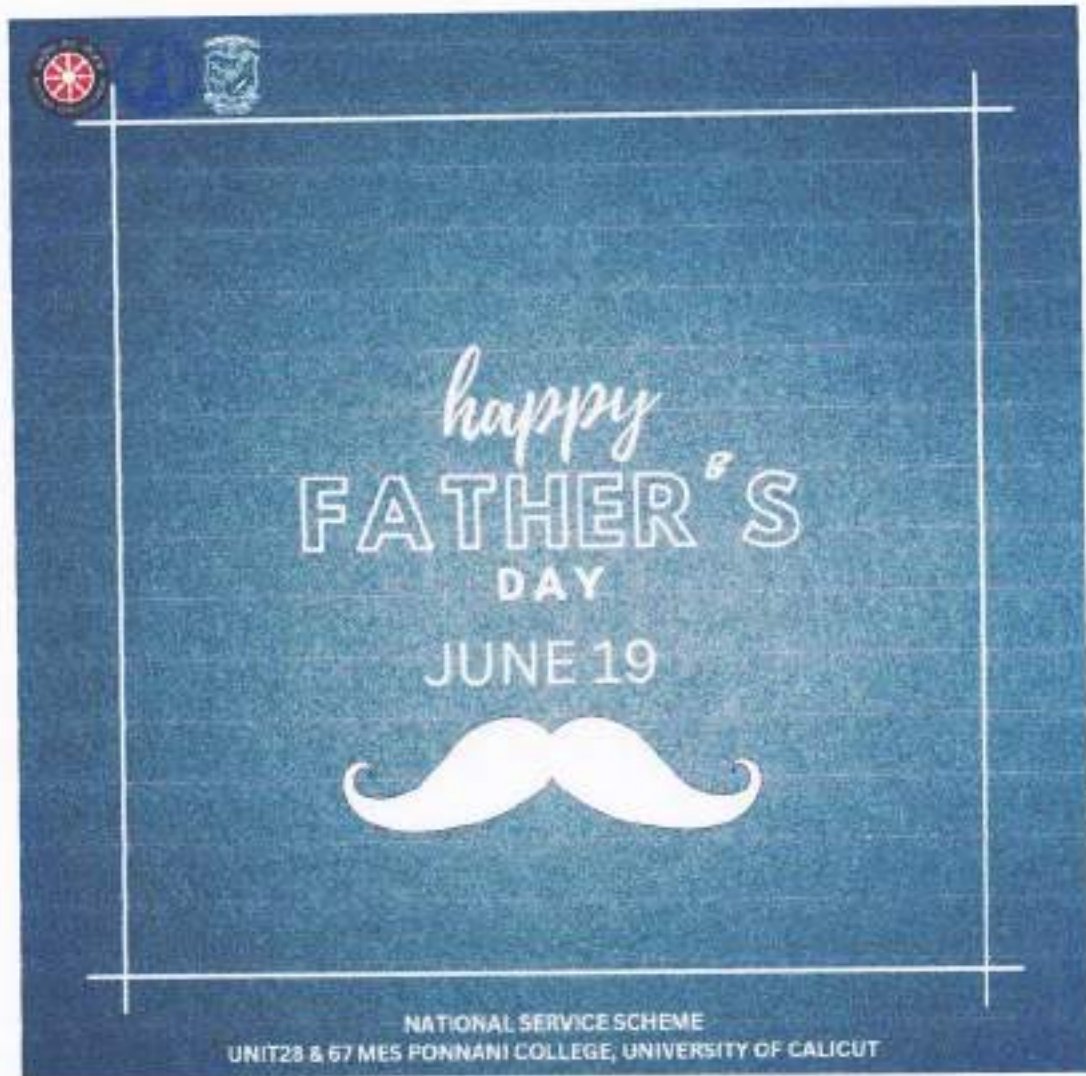
" Not Me,
But You"

An admission help desk is a specialized section that provides assistance and support to students who are coming to take admission in our college. The primary goal of the admission help desk was to help students navigate the complex admissions process and provide them with accurate and up-to-date information about the college. We have done this volunteering in a successful way for many days.

NSS Online Admission Help Desk Group was started on 16 th june. To clear the doubts regarding admission procedures Help Desk Members were selected.

Name of the Program : Admission Help Desk WhatsApp Group
Program Date : June 16, 2022 onwards
Platform : Social Media
No of Participants : 89

- **FATHERS DAY**



Father's Day is celebrated to honor fathers, father figures, and the role of fatherhood in society. It is celebrated on the third Sunday in June. It is a day to recognize and appreciate the contributions that fathers make to their families and communities. Fathers are celebrated for their love, support, guidance, and protection of their children.

Name of the Program : Fathers Day Greetings
Program Date : June 19, 2022
Platform : Social Media

- **REFUGEE DAY**

World Refugee Day is an annual event observed on June 20th to raise awareness about the plight of refugees and to honor their courage and resilience in the face of adversity. The day was established by the United Nations General Assembly in December 2000 to coincide with the anniversary of the 1951 Convention relating to the Status of Refugees.

World Refugee Day seeks to draw attention to the challenges faced by refugees around the world and to promote efforts to protect their rights and provide them with assistance and support. According to the UNHCR, there are currently over 80 million forcibly displaced people worldwide, including refugees, asylum-seekers, and internally displaced persons. These individuals have been forced to flee their homes due to conflict, persecution, or other forms of violence. This day serves as a reminder of the urgent need to provide support and protection to refugees and to address the root causes of forced displacement. As part of this day a poster was released.

Name of the Program : Refugee Day
Program Date : June 20, 2022
Platform : Social Media

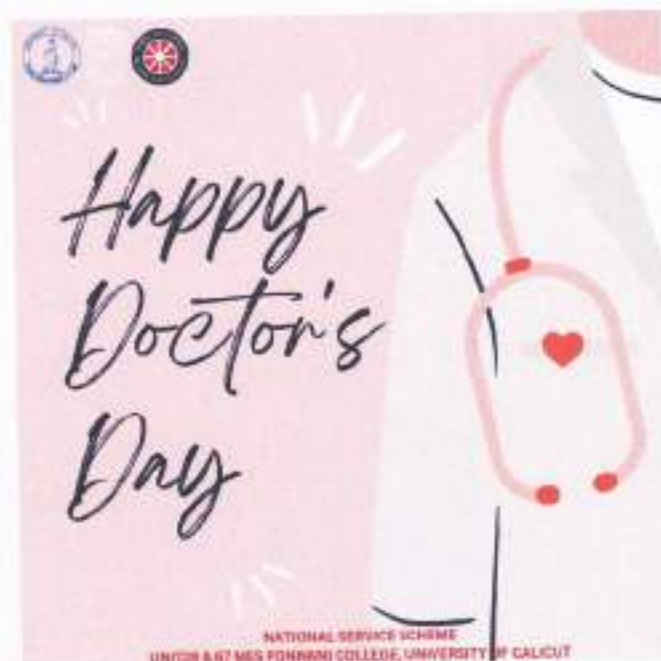
- **BLOOD DONATION**



Blood donation is a crucial process that can save the lives of many people who are suffering from serious illnesses, injuries, or undergoing medical treatments that require blood transfusions. In connection with world blood donor day, the NSS Unit 28 and 67 of MES PONNANI COLLEGE conducted blood donation camp on 29 June 2022 at MES PONNANI COLLEGE campus. More than 96 students registered for the blood donation camp out of which 26 students donated their blood. The camp was conducted with the help of Perinthalmanna blood Bank. The teachers and the honorable principal of the college also participated in the camp. The camp started at 10.30 am and was wrapped up by 11.30 am.

Name of the Program : Blood Donation
Program Date : June 29, 2022
Platform : Room No 404, MES Ponnani College
No of participants : 96
No of Donors : 26
No of units of blood collected : 30
Associated Partner : Perinthalmanna Blood Bank

- **DOCTORS DAY**



World Doctors' Day is celebrated on July 1st every year. World Doctors' Day has been celebrated annually as a way to recognize and honor the contributions of physicians to society. World Doctors' Day is a time to show appreciation for the work of doctors, who are often on the front lines of medical care, working tirelessly to diagnose and treat illnesses, and to promote good health and wellness. World Doctors' Day also serves as an opportunity to raise awareness about the challenges that doctors face in their work, including long hours, high stress levels, and the need for ongoing education and training. It is a time to acknowledge the hard work and dedication of doctors around the world, and to support efforts to improve medical care and promote public health. As a tribute to our saviour's poster was released.

Name of the Program : Doctors Day
Program Date : July 1, 2022
Platform : Social Media

- **PLASTIC BAG FREE DAY**



Plastic Bag Free Day is an international initiative aimed at raising awareness about the negative impact of plastic bags on the environment and encouraging people to reduce their use of single-use plastic bags. Plastic bags are a major source of pollution, and they pose a significant threat to wildlife, marine ecosystems, and human health. Plastic Bag Free Day is celebrated annually on July 3rd, and it serves as a reminder to individuals, businesses, and governments to take action to reduce their plastic footprint. The day is an opportunity to promote sustainable alternatives to plastic bags, such as reusable bags made of cloth, paper, or other eco-friendly materials. As a reminder that we all have a role to play in protecting our planet,

and that small changes can make a big difference in creating a more sustainable future, a poster was released.

Name of the Program : Plastic Bag Free Day Awareness
Program Date : July 3, 2022
Platform : Social Media

● SNEHAVEEDU HANDOVERING CEREMONY



Homelessness is a complex issue that affects many individuals and families around the world. Providing safe and affordable housing is a crucial step in addressing homelessness and helping people get back on their feet.

The dream project of National Service Scheme Unit 28 and 67, "Sneha Veed" was handed over to the receivers on the 4th of July 2022, Monday. The handover Ceremony was conducted at the MSK Hall of MES Ponnani College. National Service Scheme Calicut University Coordinator Mrs. Sony T L and Muslim Educational Society Kerala General Secretary Prof.Kadavanad Muhamed were Chief Guests of the Day. MES Malappuram district president O C Salahudheen, College Principal Dr. V U Ameera, MES Ponnani College secretary Sagir Khadhiri, NSS Malappuram district coordinator Noufal, NSS Programme Officers Dr. Asha Neendur, Rajool Shanis, and other dignitaries were presented at this prestigious ceremony. SnehaVeed's key was handed over by Prof.Kadavanad Muhamed. An award ceremony was also held on that day. Different competition winners were awarded. Certificates for the blood donors were awarded and the certificate for the college was given to the principal by NSS Programme Officers. Naseem Shakir of the English department was awarded as the best NSS volunteer.

● MESSAGE FROM SNEHAVEED CONVENER

GLANCE TO NSS
UNIT 28 & 67



MESSAGE FROM SNEHA VEED CONVENER
Naseem Shakir A



ഈ പുഞ്ചിരിയാണ് നമ്മളാഗ്രഹിച്ചത്... ഈ പിഞ്ചു മൈന്റുടെ മനസ്സിൽ നമ്മൾ കാരണം ചിരിച്ചിട്ടുണ്ടെങ്കിൽ നമ്മുടെ ഈ യാത്ര സഫലമായിരിക്കുന്നു. സ്മേഹ വീട് എന്ന പദ്ധതിക്ക് നാം ആദരം ക്ഷരിക്കുമ്പോൾ നമുക്കുമാർന്നിൽ ഖ്യാപാടൊരുപാട് ചോദ്യപിഎങ്ങൾ ആയിരുന്നു.

എങ്ങനെ ഇത്രയും രൂപ കണ്ടെത്തും തുടങ്ങിയ ഖ്യാപാടൊരുപാട് ചോദ്യങ്ങൾ ഒടുവിൽ മൂന്നു മാസങ്ങൾക്കിപ്പുറം സ്മേഹ വീട് കൈമാറുമ്പോൾ നമ്മൾ നമ്മോട് നീതി പുലർത്തിയിരിക്കുന്നു. NOT ME BUT YOU എന്ന നമ്മുടെ ആപിതയാകൃതത്തിനോട് നമ്മൾ ക്യാർ പൂലർത്തിയിരിക്കുന്നു.

നോമ്പിന്റെ കാഠിന്യമേറിയ പകലുകളിൽ ഈ ഉദ്യമത്തിന്റെ ഭാഗമായി collection ഇറങ്ങിയ പ്രിയ കൂട്ടുകാരെ നിങ്ങളുടെ ഈ നോമ്പുകളാൽ ദൈവത്തിന് ഏറ്റവും പ്രിയങ്കരമായിട്ടുള്ളത് നോമ്പിന്റെ പകലിലും രാവുകളിലും ഈ പദ്ധതിയുമായി ബന്ധപ്പെട്ട് റോളറീയർമാരെ നിങ്ങളുടെ ചോദ്യാനിഷ്ടിച്ച പ്രിയ dept. heads, media wing members നിങ്ങൾക്ക് തൊടിക്കും അഭിവാദ്യങ്ങൾ.

ഇവിടെ കൊണ്ട് നമ്മൾ അവസാനിപ്പിക്കുന്നില്ല ഇനിയും നാം മുൻപോട്ട് തന്നെയാണ്. നമുക്കു പുറകുള്ള പാതിവഴിയിൽ തളർന്നു പോയ ജീവിതങ്ങളെ ചേർത്ത് പിടിച്ചു നാം ഒടുവിൽ മുൻപോട്ട് ക്ഷമിക്കുകയാണ്. ഈ സ്മേഹ പദ്ധതിയിൽ കൂടെ നിന്ന മുഖവുര ചേർക്കും പുറമെ നിറഞ്ഞ നന്ദി.

ഈ പുഞ്ചിരിയാണ് നമ്മളാഗ്രഹിച്ചത്... ഈ പിഞ്ചു ക്ലബ്ബിന്റെ മനസ്സിൽ നമ്മൾ കാരണം ചിരിച്ചിട്ടുണ്ടെങ്കിൽ നമ്മുടെ ഈ യാത്ര സഫലമായിരിക്കുന്നു. സ്നേഹ വീട് എന്ന പദ്ധതിക്ക് നാം തുടക്കം കുറിക്കുമ്പോൾ നമ്മുടെ നിലയിൽ ഒരുപാടൊരുപാട് ചോദ്യചിഹ്നങ്ങൾ ആയിരുന്നു. ഇങ്ങനെ ഇത്രയും രൂപകളെത്തും തുടങ്ങിയ ഒരുപാടൊരുപാട് ചോദ്യങ്ങൾ ഒടുവിൽ മൂന്നു മാസങ്ങൾക്കിപ്പുറം സ്നേഹ വീട് കൈമാറുമ്പോൾ നമ്മൾ നമ്മോട് നീതി പുലർത്തിയിരിക്കുന്നു. NOT ME BUT YOU എന്ന നമ്മുടെ ആപ്തവാക്യത്തിനോട് നമ്മൾ കൂറ് പുലർത്തിയിരിക്കുന്നു.

നോമ്പിന്റെ കാഠിന്യമേറിയ പകലുകളിൽ ഈ ഉദ്യമത്തിന്റെ ഭാഗമായി collection ഇറങ്ങിയ പ്രിയ കൂട്ടുകാരെ നിങ്ങളുടെ ഈ നോമ്പുകളാൽ ദൈവത്തിന് ഏറ്റവും പ്രിയങ്കരമായിട്ടുള്ളത്. നോമ്പിന്റെ പകലിലും രാവുകളിലും ഈ പദ്ധതിയുമായി ബന്ധപ്പെട്ട് വോളന്റിയർമാരെ നിരന്തരം പ്രോത്സാഹിപ്പിച്ച പ്രിയ dept.heads, media wing members നിങ്ങൾക്ക് ഒരായിരം അഭിവാദ്യങ്ങൾ.

ഇവിടം കൊണ്ട് നമ്മൾ അവസാനിപ്പിക്കുന്നില്ല ഇനിയും നാം മുന്നോട്ട് തന്നെയാണ്. നമുക്ക് ചുറ്റുമുള്ള പാതിവഴിയിൽ തളർന്നു പോയ ജീവിതങ്ങളെ ചേർത്ത് പിടിച്ചു നാം അതിച്ച് മുന്നോട്ട് കുതിക്കുകയാണ്. ഈ സ്നേഹ സമ്മനത്തിൽ കൂടെ നിന്ന മുഴുവൻ പേർക്കും ഹൃദയം നിറഞ്ഞ നന്ദി.

Name of the Program : SnehaVeedu Handovering Ceremony
Program Date : July 4, 2022
Venue : MSK HALL, MES Ponnani College
Inauguration and Key Handovering : Prof. Kadavanad Muhamed - Gen Sec. MES
No of participants : 220

- **PHOTO CONTEST ON EID UL ADHA**

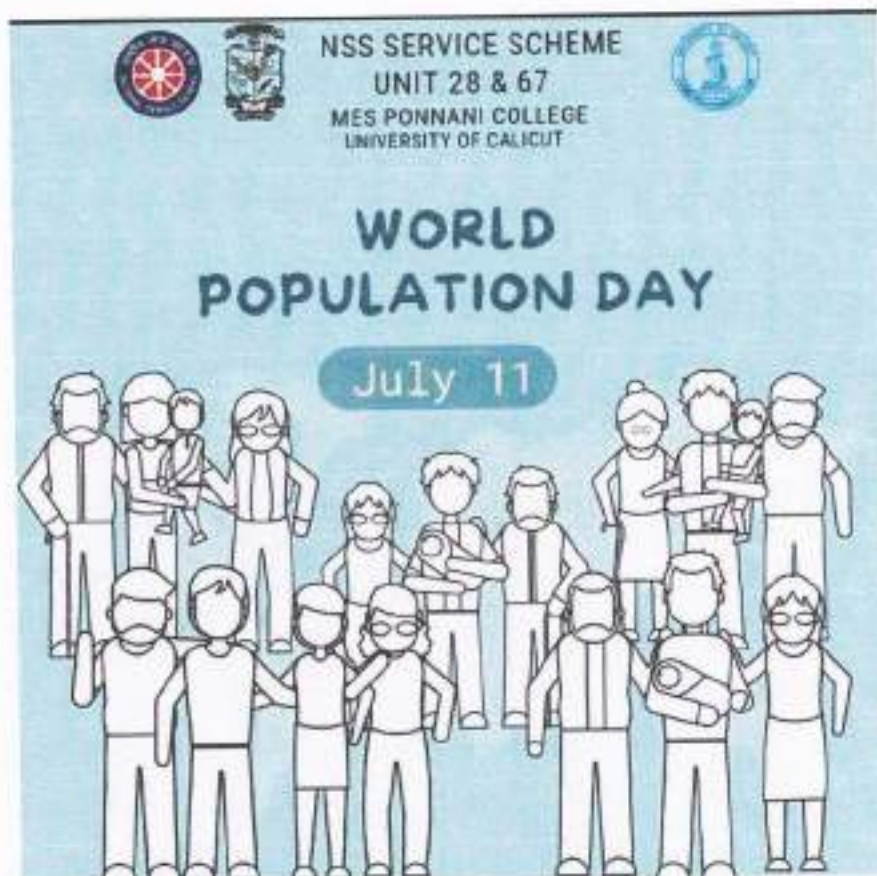


Eid ul Adha, also known as the Festival of Sacrifice, commemorates the willingness of Prophet Ibrahim (Abraham) to sacrifice his son as an act of obedience to God. A photo contest on Eid ul Adha was a great way to capture the spirit of the festival and the beautiful moments with the family and to showcase the beauty and diversity of Muslim culture.

In Connection with Eid Al-Adha National Service Scheme Unit 28 and 67 conducted a Photo Contest on the theme "Eid Al- Adha" for the students of MES Ponnani College. From the entries, the best one was awarded.

Name of the Program : Photo Contest on Eid Ul Adha
Program Date : July 8, 2022
Platform : Social Media
Winner : Sana Aboobacker
No of participants : 26

● WORLD POPULATION DAY



World Population Day is an annual event observed on July 11th to raise awareness about global population issues and their impact on sustainable development. The event was established by the United Nations Development Programme (UNDP) in 1989, following the Day of Five Billion, which was marked on July 11th, 1987. World Population Day serves as an opportunity to raise awareness about population issues and to promote action to achieve sustainable development goals. As part of this day a poster was released. Also a presentation was done by Abdul Basith on world population.

Name of the Program : Presentation on World Population
Program Date : July 11, 2022
Venue : Conference Hall, MES Ponnani College
No of participants : 34

- **GARDEN CLEANING**



Cleaning a garden is an important task that can help to maintain its beauty and health. It involves removing debris, dead leaves, weeds, and other unwanted materials from the garden. NSS 28 and 67 units conducted cleaning of the organic vegetable garden of MES college. They have promoted organic vegetable cultivation themselves. As a part of NSS volunteers of MES ponnani college conducted these garden cleaning on 18 July.

Name of the Program : Garden Cleaning
Program Date : July 18, 2022
Venue : Department of English, MES Ponnani College
No of Volunteers participated : 15

- **MANDELA DAY**

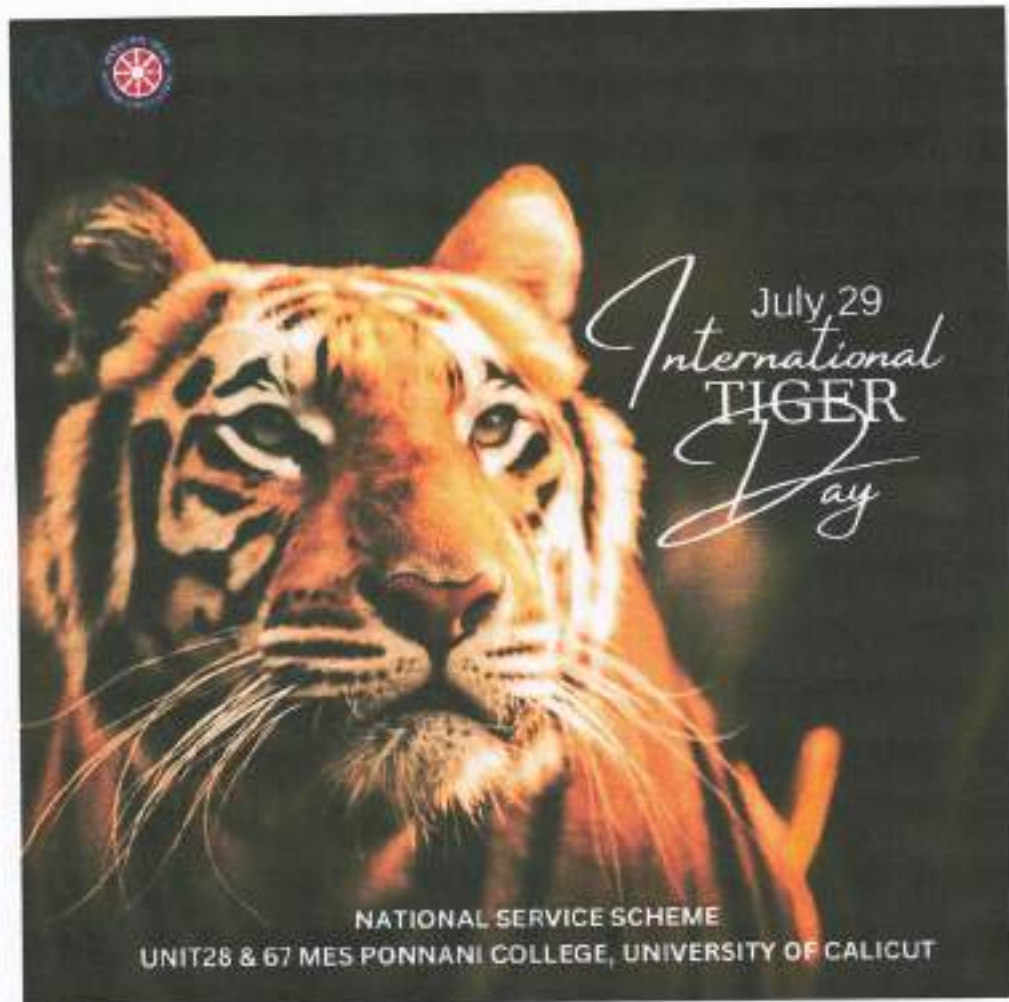


**NATIONAL SERVICE SCHEME
UNIT28 & 67 MES PONNANI COLLEGE, UNIVERSITY OF CALICUT**

"Mandela Day" is an annual international day of observance that is celebrated on July 18th every year. It is a day to honor the life and legacy of Nelson Mandela, the former president of South Africa and a global icon for peace, justice, and human rights. Mandela Day was established by the United Nations in 2009, on Mandela's birthday, in recognition of his contributions to promoting reconciliation, democracy, and human rights. Mandela's legacy is one of courage, perseverance, and hope. He believed in the power of forgiveness and reconciliation to bring about lasting change and inspire people around the world. Mandela Day is a reminder of his vision and a call to action for people to honor his legacy by making a positive difference in their communities and the world. The day encourages people to take action for social justice and to promote peace and human rights, just as Mandela did throughout his life. As a tribute to the legendary man, a poster was released.

Name of the Program : Remembering Mandela
Program Date : July 18, 2022
Platform : Social Media

- **TIGER DAY**



"Tiger Day" is an annual celebration that raises awareness about the plight of tigers and promotes conservation efforts to protect them. Tiger Day aims to increase awareness about these threats and to promote conservation efforts to protect tigers and their habitats. It also celebrates the beauty and importance of tigers in the natural world. As part of this day, a poster was released.

Name of the Program : Tiger Day
Program Date : July 29, 2022
Platform : Social Media

- **ANTI - WAR PLEDGE**



An anti-war pledge is a commitment made by individuals or groups to oppose war and promote peace. Anti-war pledge is a powerful way to express the opposition to war and advocate for peace. They can also serve as a rallying point for like-minded individuals and organizations, and help to raise awareness about the devastating impact of war on people and societies. NSS unit 28 & 67 of MES Ponnani College had conducted an Anti-War Pledge on August 9, related to the Hiroshima and Nagasaki day. All the NSS volunteers

and teachers had joined in this program. It was conducted in front of the college Portico at 11:30. The pledge was taken by all the Volunteers.

Name of the Program : Anti - War Pledge
Program Date : August 9, 2022
Venue : College Portico
No of participants :

- **FREEDOM RUN**



Azadi Ka Amrit Mahotsav Freedom Run is a nationwide initiative in India to commemorate the 75th year of India's independence from British colonial rule. The Freedom Run is a part of a series of events organized by the Indian government to celebrate this historic milestone. The Freedom Run is a symbolic run/walk event that aims to promote the spirit of freedom and encourage people to adopt a healthy lifestyle. The Freedom Run has been held across various cities and towns in India, and participants are encouraged to share their experiences on social media using the hashtag #AzadiKaAmritMahotsav. The event also served as a platform to promote the rich cultural heritage and diversity of India, with various cultural programs and exhibitions being organized as a part of the celebrations.

On the theme of 'Azadi ka Amrit Mahotsav' Freedom run was conducted by NSS unit 28 & 67 on August 10, Wednesday as part of the 75th Independence day celebration. About 1 K.M were covered by our volunteers, starting from MES Ponnani College to Govt. Women & Children Hospital. Then as part of the regular NSS activities volunteers collected plastic wastes from hospital areas.

Name of the Program : Freedom Run
Program Date : August 10, 2022
No of participants : 150
Distance Covered : 1 K.M
Flag Off : Dr. Ameera V U, Principal, MES Ponnani College

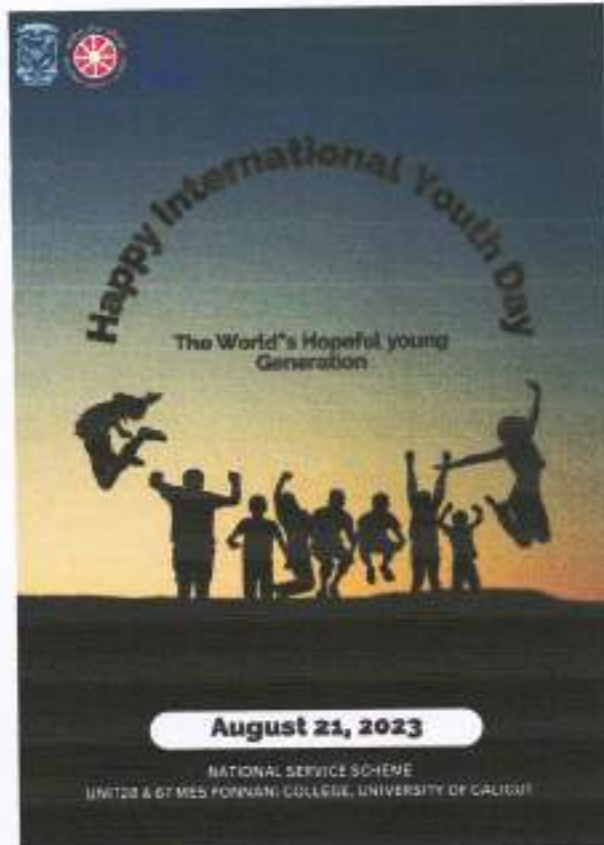
- **BLOOD DONATION CERTIFICATE DISTRIBUTION**



Blood donation certificates are given to individuals who have donated blood, as a way of recognizing and appreciating their contribution to the cause. The certificates can serve as a tangible reminder of the donor's generosity and commitment to helping others, and can also help to raise awareness about the importance of blood donation. Blood donation certificate distribution is an important way of recognizing and rewarding the selfless act of blood donation, while also encouraging more people to get involved and support this life-saving cause. The Certificates for the Blood Donors were distributed under the leadership of NSS Executive Members. Certificates were distributed in the presence of teachers. Distribution was Inaugurated by NSS Programme Officer of Unit 28, Dr.Rajool Shanis

Name of the Program : Blood Donation Certificate Distribution
Program Date : August 12, 2022
Inauguration : Dr. Rajool Shanis

- **INTERNATIONAL YOUTH DAY**



International Youth Day is an annual observance held on August 12th, to celebrate the role of young people as agents of change and development in their communities and societies. The day was designated by the United Nations General Assembly in 1999, as a way of raising awareness about the challenges and opportunities facing young people around the world. International Youth Day is an important reminder of the vital role that young people play in shaping the future of our world. It provides an opportunity for young people to come together and share their experiences, ideas, and aspirations, and to take action to create a better world for themselves and future generations. As part of this day a poster was released.

Name of the Program : International Youth Day
Program Date : August 12, 2022
Platform : Social Media

- **LEFT HANDERS DAY**



Left Handers Day is an annual observance held on August 13th, to celebrate and raise awareness about the unique challenges and advantages of being left-handed. The day was first observed in 1992 and has since become a global phenomenon. Left Handers Day is an important reminder that diversity and inclusivity are essential for creating a fair and equitable world. It celebrates the uniqueness of left-handers, and encourages society to embrace and accommodate people with different abilities and perspectives. As part of this day a poster was released.

Name of the Program : Left Handers Day
Program Date : August 13, 2022
Platform : Social Media

- **TREE PLANTING ON INDEPENDENCE DAY**



Independence Day is celebrated on August 15th, marking the day in 1947 when India gained its freedom from British colonial rule. The day is celebrated with great enthusiasm and patriotism, with various ceremonies and events being held across the country. The program started with a flag hoisting ceremony, flag hoisting was done by Principal Dr. Ameera V U, followed by the singing of the national anthem and the recitation of patriotic songs. Independence Day is a time for reflection, celebration, and national pride. It serves as a reminder of the sacrifices made by the freedom fighters who fought for India's independence, and of the importance of upholding the values of democracy, freedom, and equality.

As part of 'Azadi ka Amrit Maholsav' on 76th Independence day National Service Scheme Unit 28 & 67 planted 75 saplings in the college as a tribute to the 75 long successful journey of our India. On the same day Independence day rally was conducted and it was flagged off by Principal Dr.Ameera V.U

Name of the Program : Tree planting
Program Date : August 15, 2022
Venue : Boys Hostel, MES Ponnani College
Total Trees Planted : 75
No of participants : 75

● PHOTO CONTEST ON PHOTOGRAPHY DAY



A photo contest on World Photography Day with the theme of rural life of Ponnani was a great way to celebrate the day and showcase the beauty and diversity of rural communities around Ponnani. The contest was open to photographers of all levels and ages, and was promoted through social media, photography groups, and other online and offline channels. A photo contest on rural life of Ponnani was a great way to promote awareness and appreciation for the contributions and challenges of rural communities around the world, and to showcase the beauty and diversity of rural life through the lens of photography.

In connection with World Photography Day NSS units 28 and 67 conducted a photo contest on the theme "Rural Life of Ponnani" for the students of MES Ponnani College as well as for the locals too. The best one was awarded among the entries.

Name of the Program : Photo Contest on Photography Day
Program Date : August 19, 2022
Platform : Social Media
No of Entries : 7

- **GARDEN CLEANING**



Cleaning a garden is an important task that can help to maintain its beauty and health. It involves removing debris, dead leaves, weeds, and other unwanted materials from the garden. NSS 28 and 67 units conducted cleaning of the organic vegetable garden. They have promoted organic vegetable cultivation themselves. As a part of NSS volunteering, our volunteers conducted garden cleaning on 29, August.

Name of the Program : Garden Cleaning
Program Date : August 29, 2022
Venue : Department of English, MES Ponnani College
No of Participants : 20

● VOLUNTEERING ON SOOFI QAWALI PROGRAM



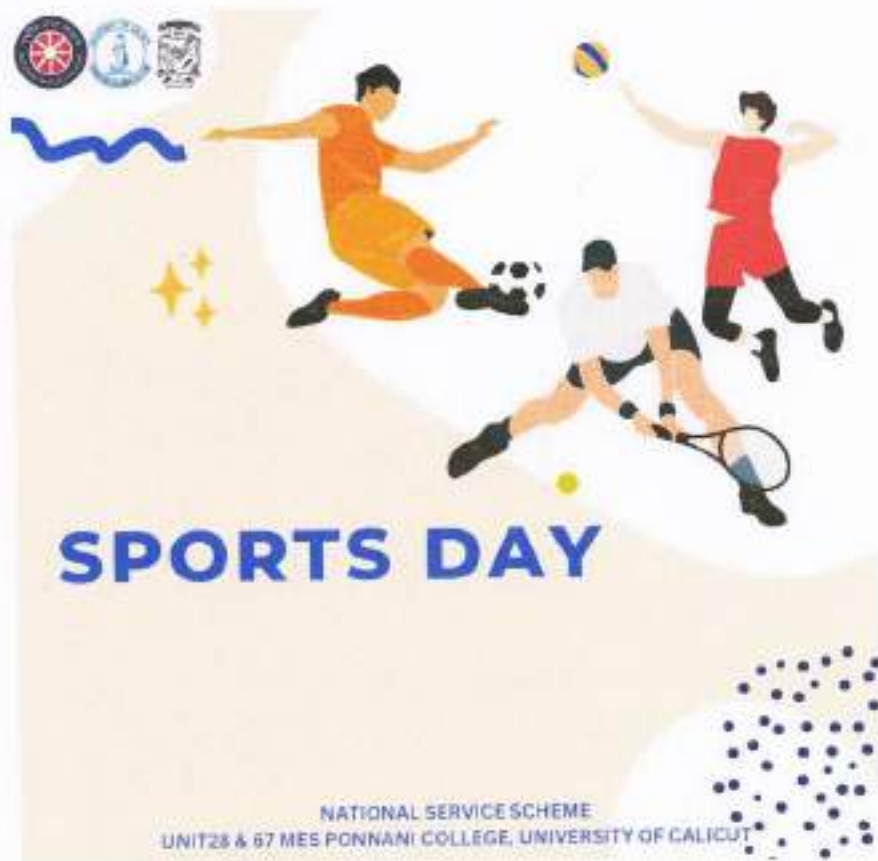
Soofi Qawwali is a form of devotional music that originated in the Indian subcontinent, and is associated with the Sufi tradition of Islam. It is a form of mystical poetry that is sung in a melodious and rhythmic style, with the goal of creating a spiritual connection between the performer and the audience. Ponnani is known for its rich cultural heritage, which includes the tradition of Qawwali music. Qawwali has a long history in Ponnani, dating back to the 16th century, when the town was an important center of Islamic learning and culture. Qawwali performances were held in the local mosques and madrasas, and were an important part of the spiritual and cultural life of the community. The tradition of Qawwali in Ponnani was further strengthened in the 19th century, when the famous Sufi saint and musician, Ustad Hafiz Ahmed Khan Sahib, settled in the town. He established a Qawwali school, or "Khanqah," which became a center for the study and performance of Qawwali music.

Today, Qawwali continues to be an important part of the cultural heritage of Ponnani. There are many local Qawwali groups and performers who continue to uphold and promote this rich tradition, and who perform at local festivals and events, as well as in other parts of the country and around the world. In recent years, there has also been a revival of interest in Qawwali music among the younger generation in Ponnani, with new groups and performers emerging and exploring new directions and styles within this rich musical tradition.

The Soofi Qawwali by popular Hindustani musician Usthad Adeek Husain Khan was conducted at MES Ponnani College on 29, August 2022. The programme was held at EK Hall of college. EK Hall was cleaned and chairs were arranged by the NSS volunteers of unit 28 and 67.

Name of the Program : Volunteering on Soofi Qawwali Program
Program Date : August 29, 2022
Venue : EK HALL
No of participants : 15

- **SPORTS DAY**



National Sports Day is a day dedicated to celebrating the spirit of sports and physical fitness in India. It is celebrated every year on August 29th, which is the birth anniversary of Major Dhyan Chand, one of India's greatest hockey players. The National Sports Day was first celebrated in 2012, and since then, it has become an important event in the Indian sporting calendar. The main objective of National Sports Day is to promote sports and physical fitness among all sections of the society, and to encourage people to adopt a healthy and active lifestyle. It is also a day to recognize and honor the achievements of Indian sportspeople, and to inspire the younger generation to take up sports and excel in their chosen field. As part of this day, a poster was released.

Name of the Program : Sports Day
Program Date : August 29, 2022
Platform : Social Media

- **ADMISSION HELP DESK**



An admission help desk is a resource that provides information and support to individuals who are seeking admission. The help desk was equipped with trained volunteers who can answer questions about the admission process, application requirements, deadlines, and other relevant information.

Help Desk had been a great help to the students and parents who had come to take admission in the college by NSS volunteers from August 8th to August 31. We have established a well systematic Help Desk with specially trained volunteers in the admission process. It has turned out to be a great support for them as they are new to our wide campus area.

Name of the Program : Admission Help Desk
Program Date : August 8 - 31, 2022
Venue : College Portico
No of Volunteers participated : 10

- **ROAD SAFETY SEMINAR**



Road safety awareness is the knowledge and understanding of the potential hazards and risks associated with using the road, as well as the actions and behaviors necessary to reduce these risks and prevent accidents. It is essential for all road users, including pedestrians, cyclists, motorcyclists, and drivers, to be aware of the importance of road safety.

A seminar was conducted on 3rd September with the topic road safety. This program was conducted in association with MVD and Kerala Kaumudi. Road safety seminar was conducted at MSK Hall and the program was inaugurated by Ponnani MLA Mr.Nandakumar.

Name of the Program : Road Safety Seminar
Program Date : September 3, 2022
Venue : MSK HALL
No of participants :
Associated Partners : MVD & KOUMUDI

- **ELECTION LITERACY SEMINAR**



Election literacy refers to the knowledge and understanding of the electoral process, including voting procedures, political parties, election laws, and the roles and responsibilities of citizens in a democratic society. It is essential for individuals to be informed and engaged in the electoral process to make informed decisions and ensure that the democratic process is fair and transparent.

An awareness class on Aadhaar and election Id linking was conducted on September 3 at 1pm at MSK Hall. The class was handled by Ponnani Deputy Tahsildar Sri Sukesh.60 volunteers participated in this programme.

Name of the Program : Election Literacy Seminar
Program Date : September 3, 2022
Venue : MSK HALL
No of Participants : 60

● **TEACHERS DAY**



Dr. Rajool Shantis

**HAPPY
TEACHER'S DAY**

The most important pillar of the NSS UNITS of our college. The one who understands and passes on the ideas and values of the students. Without your support and motivation we wouldn't be able to do all these activities of NSS Unit. We have done so far. Having you with us makes us more energetic and spirited to do more social activities. Thankyou for being a great guide, mentor as well a great friend to us. Happy teachers day to all teachers.

NSS ENGLISH DEPARTMENT



Dr. Asha

**HAPPY
TEACHER'S DAY**

One of the great pillars of NSS UNITS of our college. The one without whose support NSS wouldn't be able to do what it is right now. The way you lead the unit, your determination and energy all these are really inspiring for all the volunteers and members of the college. Keep up your spirit and dedication more. We wish you a very pleasant teachers day.

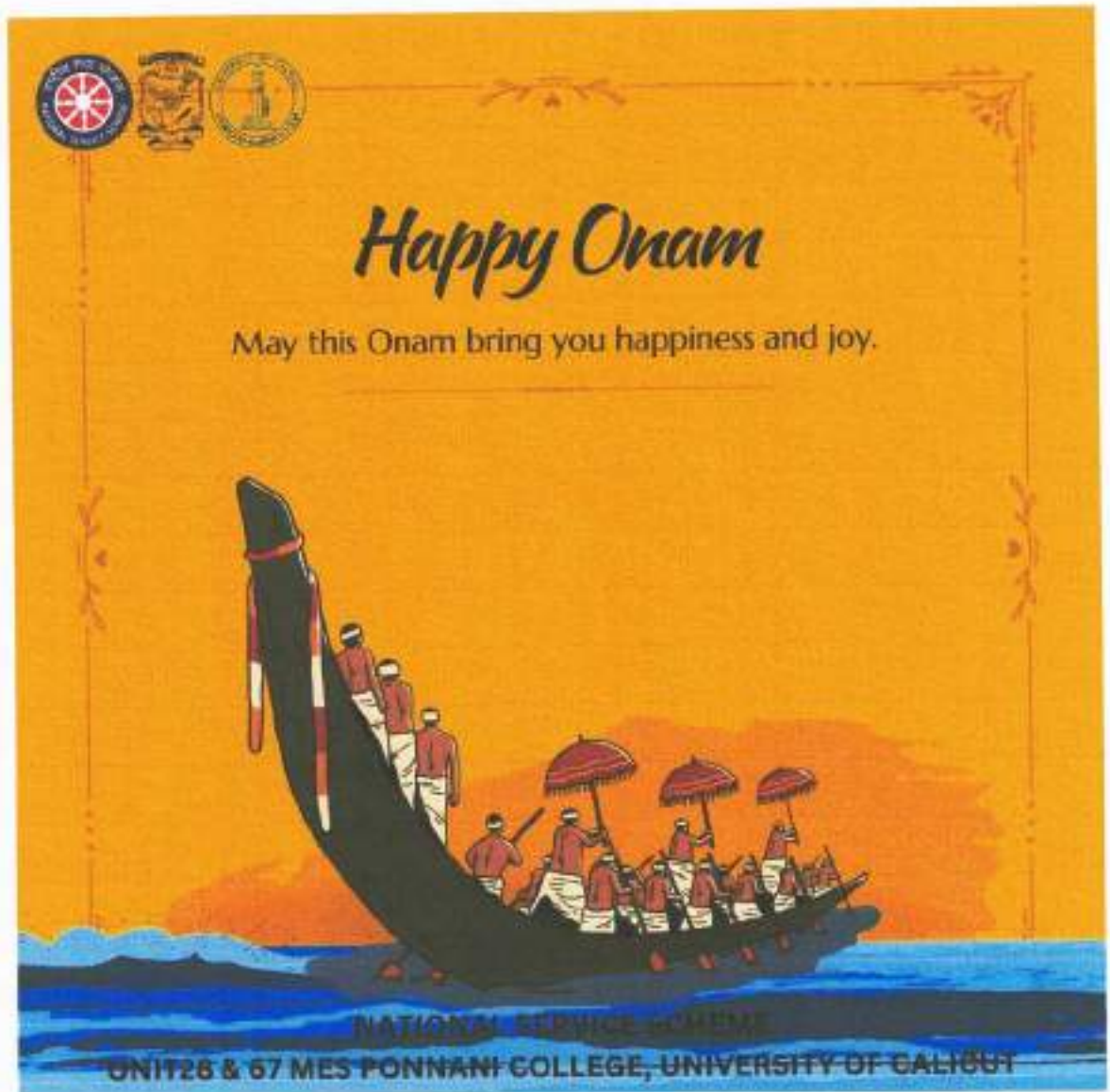
NSS ENGLISH DEPARTMENT

Teachers' Day is celebrated on September 5th each year to honor and appreciate the contributions of teachers to education and society. This date was chosen in India to commemorate the birth anniversary of Dr. Sarvepalli Radhakrishnan, who was a philosopher, scholar, and the second President of India. Dr. Radhakrishnan was a well-respected teacher and academician who believed that education was the key to India's future.

In connection with Teachers' day, the NSS volunteers under the English department, published greeting posters.

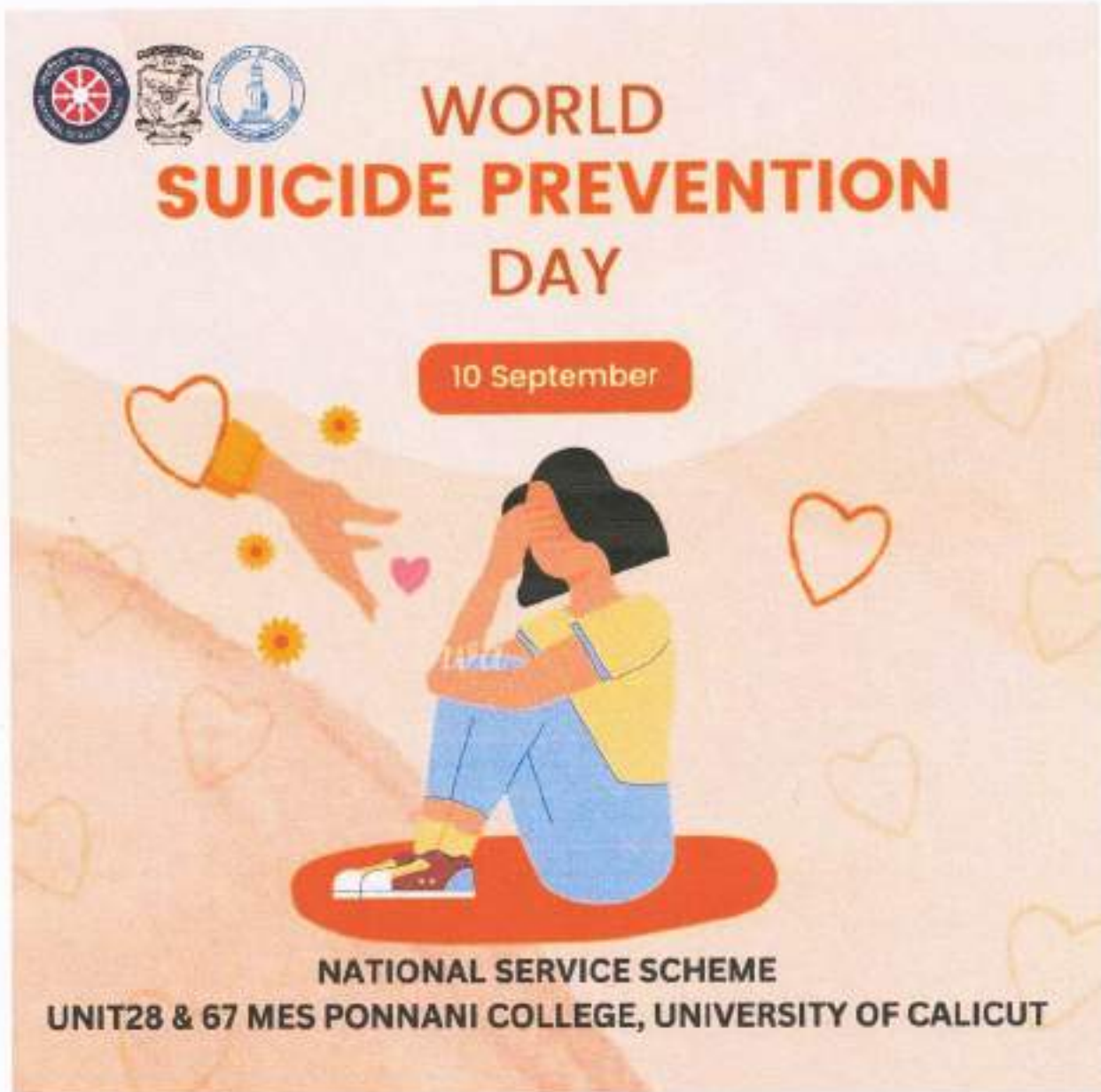
Name of the Program : Teachers Day Greetings
Program Date : September 5, 2022
Platform : Social Media

- ONAM CELEBRATION



Onam is a major festival celebrated in the Indian state of Kerala, usually during the months of August and September. It is a harvest festival that marks the homecoming of the mythical King Mahabali, who is believed to have ruled over Kerala in ancient times. The festival lasts for ten days and is celebrated with great enthusiasm by the people of Kerala. As a part of greetings poster was released.

- **SUICIDE PREVENTION DAY**



- **GRAND PARENTS DAY**



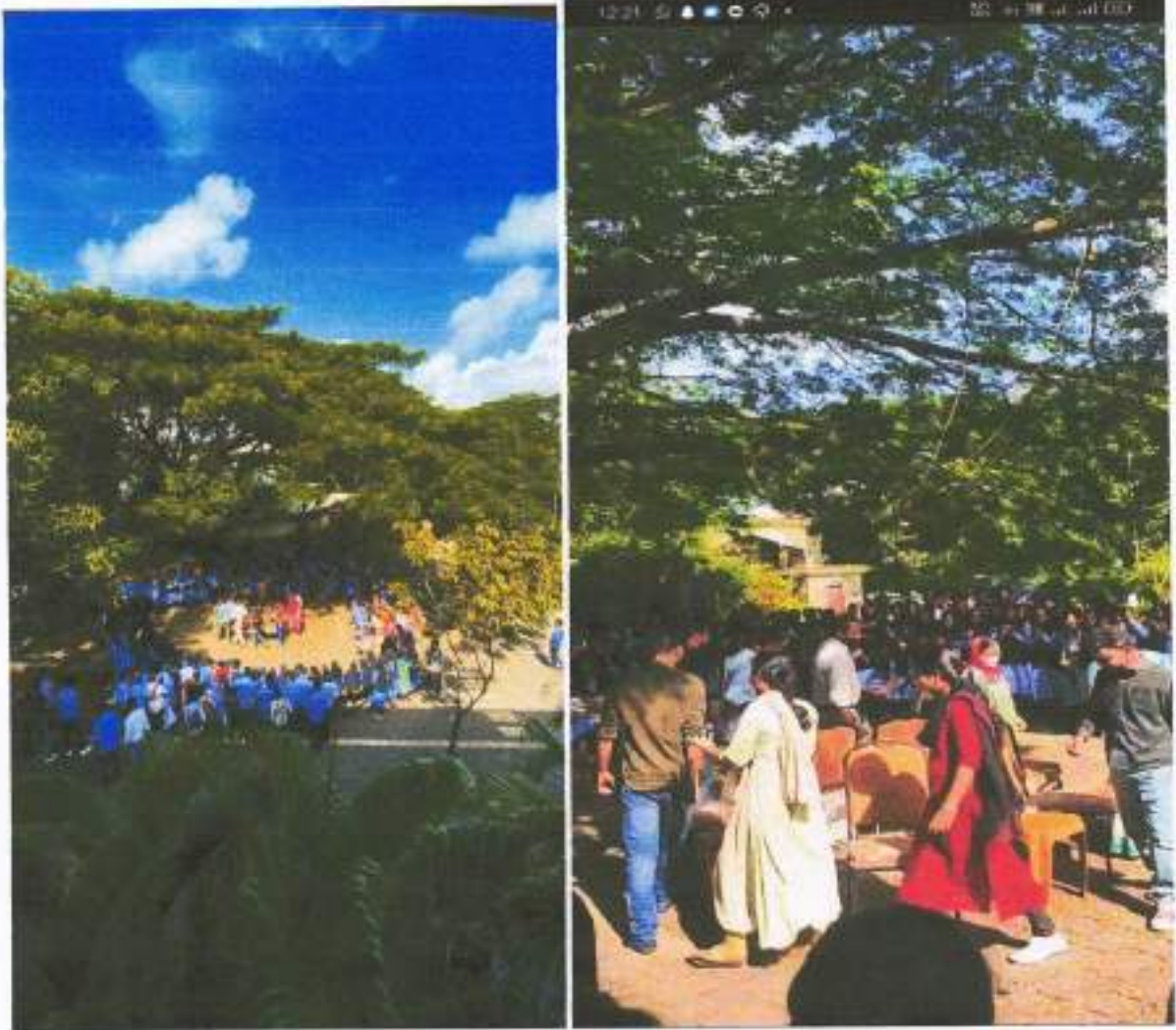
- **WELCOMING NEWCOMERS**

As part of Freshers welcoming on 12th September, NSS volunteers were assigned with the duty of welcoming the newcomers and showing them their respective classes.

- **GENERAL MEETING**

On 12th September, a general meeting was conducted to discuss the beach Cleaning Program to be conducted on 17th September. Different duties were divided among the volunteers.

● TEACHERS DAY CELEBRATION



In connection with Teachers day, NSS units 28 and 67 of MES Ponnani College conducted a Teachers Talent show on 13 September 2022 for the Teachers. Musical chairs, guess the song and other cultural programs were conducted for the Teachers. Teachers actively participated in all the games and programs and we were able to discover many of their hidden talents like singing and dancing.

- **DANCE SHOOTING**



In connection with NSS day programs, the NSS department of the University of Calicut has conducted an online dance contest on the NSS theme song for the units under the University of Calicut. In this contest, our volunteers participated and made our college proud.

- **GENERAL MEETING**

A general meeting was conducted on 16th September to evaluate the requirements for beach Cleaning as part of the Swatch Sagar Surakshith Sagar Abhiyan program.

• BEACH CLEANING



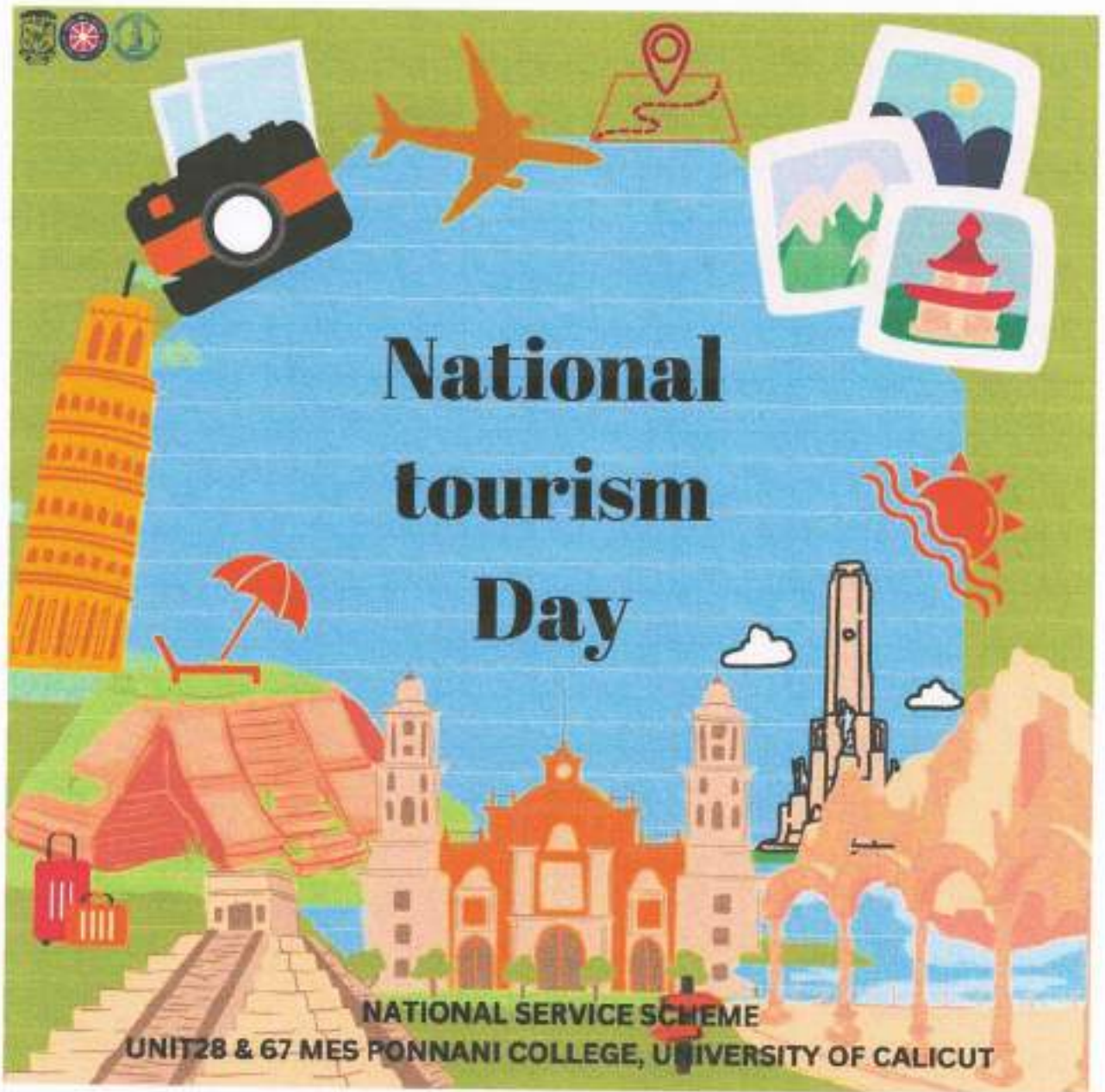
As part of the Swatch Sagar Surakshit Sagar Abhiyan Program under the leadership of NSS units, 28 & 67 of MES Ponnani College conducted beach Cleaning on 17th September. NSS units of 7 nearby colleges participated in this program. To generate awareness among the common people volunteers conducted flash mobs, sand art, human chain and other programs were conducted.

- SIP ORIENTATION



In association with SIP, NSS units 28 and 67 have conducted an orientation program for the volunteers on the 19th of September at MSK Hall. Orientation was given by Shanthi Palliative Care representative Mr.Jassim.45 volunteers participated.

• TOURISM DAY



NATIONAL SERVICE SCHEME

UNIT 28 & 67 MES PONNANI COLLEGE, UNIVERSITY OF CALICUT

- **SPECIAL SUPPLEMENT RELEASE ON NSS DAY**

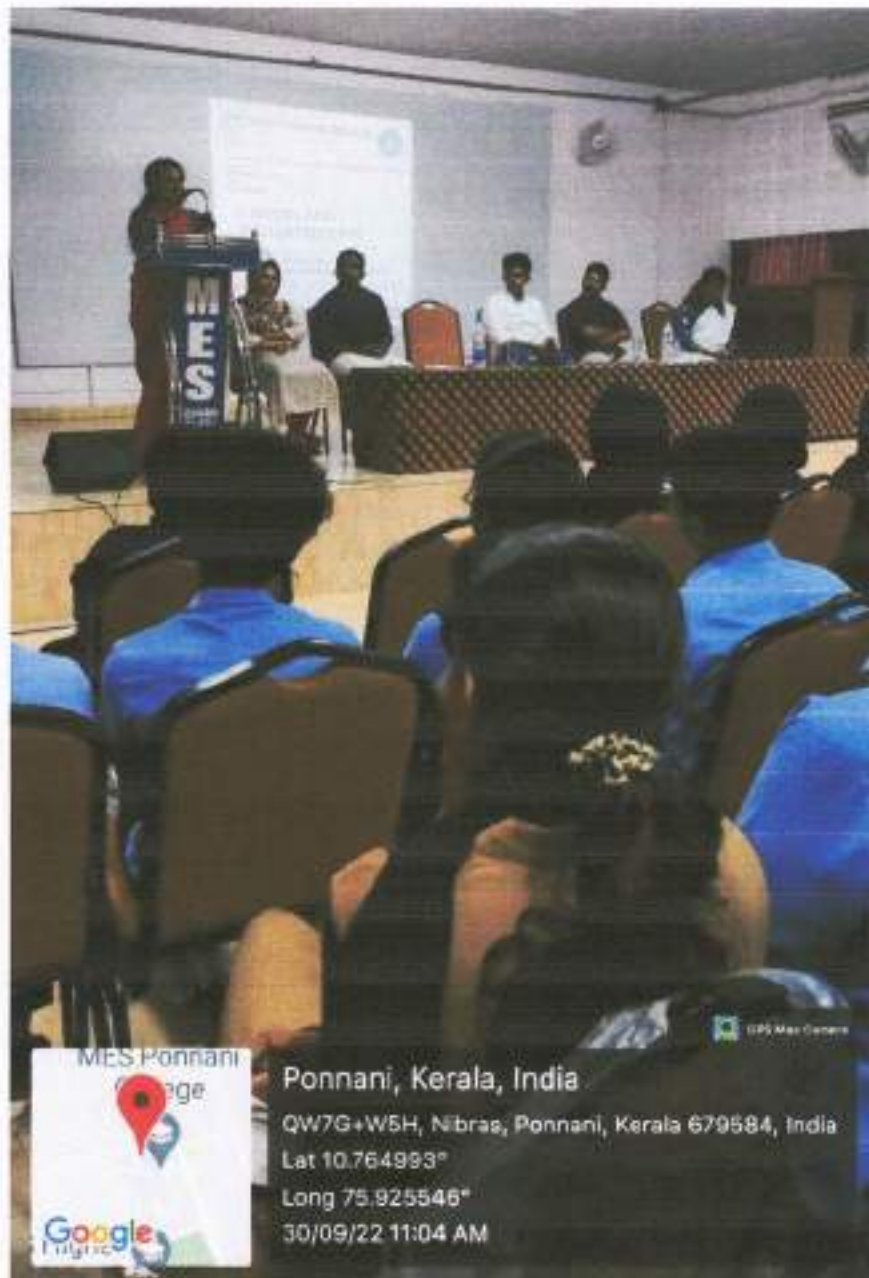
In connection with NSS day, on September 24, Units 28 and 67 of our college have released an online NSS day special newsletter named "Signatures - the footprints of NSS MES Ponnani College". This newsletter includes the special achievements of our volunteers and units and the message to our volunteers from our principal, P.O's and Secretaries. This supplement is the signature of what our units and volunteers had done for our society in the past year.

- **NSS T-SHIRT RELEASE**



As part of the NSS week celebration, NSS units 28 and 67 of MES Ponnani College released a volunteers t-shirt on 29 September 2022. T-shirt release was done by the principal of our college Dr Ameera V U by giving t-shirts to the NSS programme officers Dr Rajool Shanis and Dr Asha Neendur.

- **AWARENESS CLASS ON WORLD ROSE DAY**



In connection with World Rose Day on 30th September NSS units of MES Ponnani College and Pratheeksha Pain and Palliative care unit jointly organized a program on "World Rose day and palliative care" at MSK hall. Palliative trainer Salman Valanchery was the resource person.50 volunteers participated in this programme.

- **FUND COLLECTION ON PYAARI PADUNNU**

NSS units 28 and 67 of MES Ponnani College in collaboration with Nirbhaya Women's Cell conducted the program 'Pyari Paadunnu' to help a mother who is striving to get money for her son's treatment through singing. We were able to collect around 10,000 rupees from the students to help her. The collected amount was handed over to the mother by our respected principal.

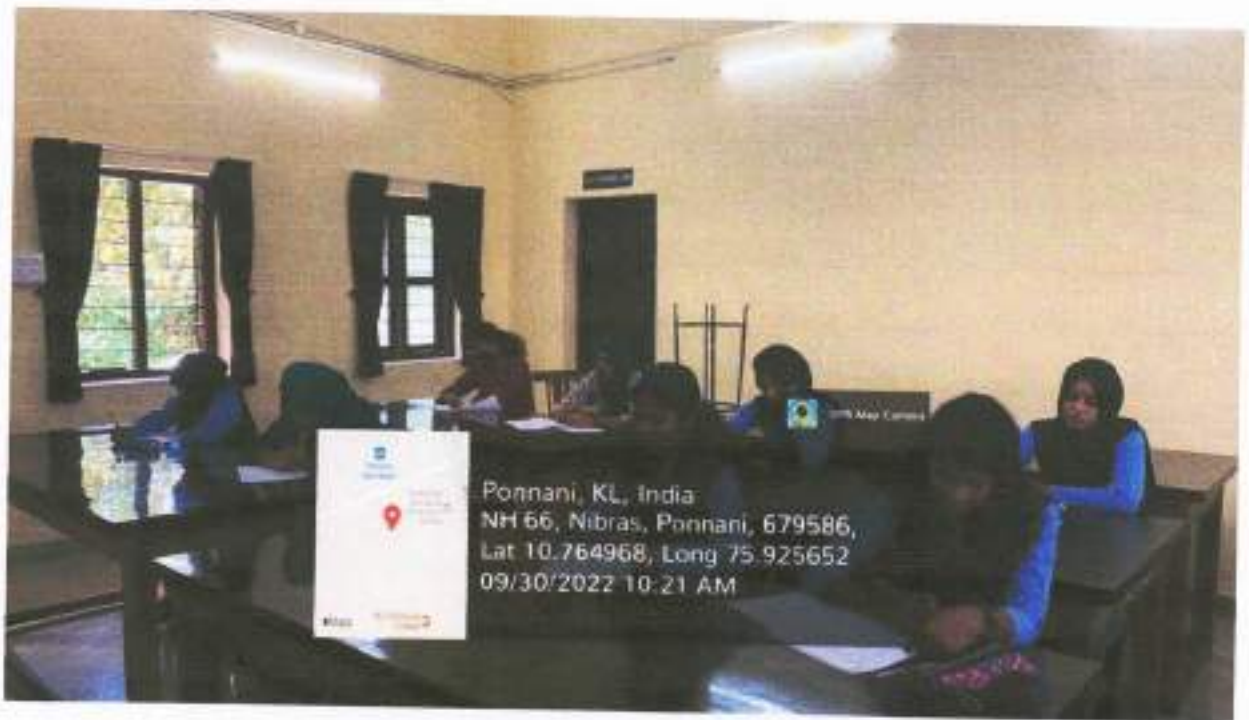
- **NSS DAY PROGRAMS**

- **QUIZ COMPETITION**



In connection with the NSS week celebration, NSS volunteers of the Physics department conducted a quiz competition for the students on 29th September at the physics seminar hall and also conducted a memory test game in connection with the world heart day on the same day.

- **POEM WRITING COMPETITION**



In connection with the NSS week celebration, NSS volunteers of the Botany department conducted a poem writing competition for students on 30th September at the botany lab. 12 students participated.

• PENCIL DRAWING



PENCIL DRAWING COMPETITION
WINNERS
CONGRATULATIONS.....

FIRST 🏆

2ND 🏆



MANSOOR
1ST BSC PHYSICS



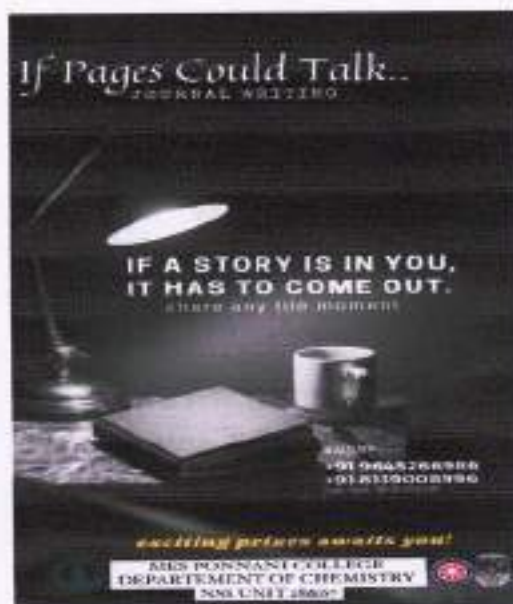
ALIYA
2ND BCOM



NSS DEPARTMENT OF BBA
NSS UNIT 286.67
MES DONNANI COLLEGE
UNIVERSITY OF CALICUT

In connection with NSS week Celebration under the NSS , the volunteers of BBA department on 29th September, Thursday at 2.00 pm pencil drawing competition was held at the debate corner.

- JOURNAL WRITING COMPETITION



In connection with NSS week programs, NSS volunteers of the chemistry department organized an online journal writing competition. On September 29, all the departments were informed about the program and then posters were made and shared in the groups. By the last date of September 30, 6.00 pm, 17 entries were received. From that, the best were selected under the leadership of NSS volunteers. Arathi Pradeep of first B.A English bagged first prize.

- **MOVIE SHOW**



In connection with NSS week programs, the volunteers of NSS English department conducted a movie show on the 26th of September, Monday. The movie shown was "Slumdog Millionaire", which is an inspiration to the youth. The show was conducted in the deep audio-visual theater of our college. This movie show was inaugurated by NSS English department head Sana Aboobacker.

- **TALENT SHOW**

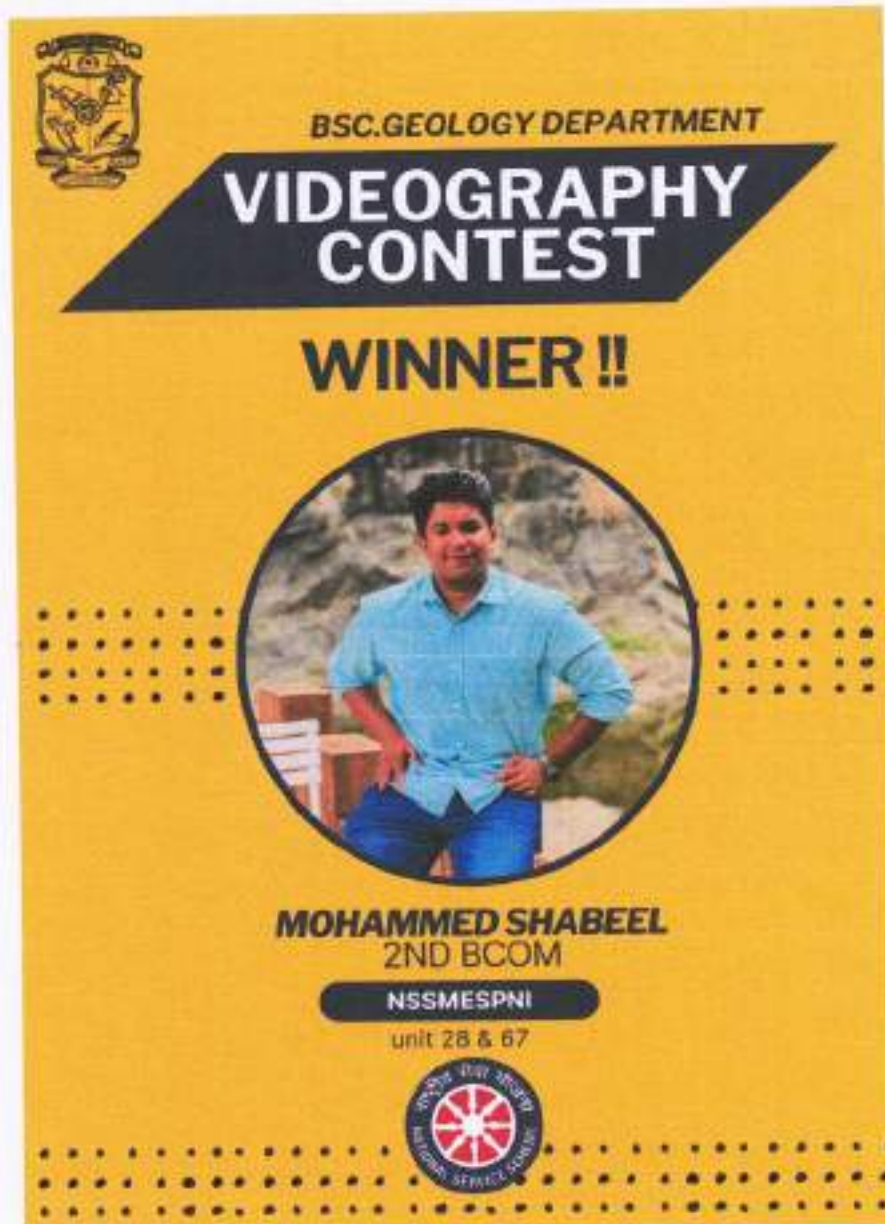
In connection with the NSS week celebration on 30/09/2022 NSS volunteers of the Zoology department conducted a talent show to express the potential of the individuals, and they expressed their talent in ways such as singing, dancing, etc.

- **TALK ON RELEVANT SOCIAL ISSUES**




In connection with the NSS week celebration, NSS volunteers of the B.Com department conducted a talk on relevant social issues and practices, on the 27th of September. Students collected public opinion on several public issues and published the video in this regard.

- **REELS MAKING COMPETITION**



In connection with the NSS day celebration, the NSS volunteers in the department of Geology host a videography contest on the theme "College days". The poster enlisting the details of the contest was released on 28/9/2022 , which has a due date on 30/9/2022 till 6pm. Also the video must not exceed beyond 30 seconds. Students eagerly take it as an opportunity to film the best moments. Since it is very interesting, entries were quite a great number which challenges the judges to find a deserved winner. After much valuation the winner was selected. Shabeel of 2nd BCOM won the contest.

• **NSS THEME SONG COMPETITION**



NSS Economics Department
Presents

NSS
ശീതാലാപന മത്സരം

Send Your Entries Before
30-09-2022, 10:00 PM(Audio)
Nihal:- 7034777590

NB:- Karaoke Not Allowed

NSS UNIT 28 & 67
MES PONNANI COLLEGE
UNIVERSITY OF CALICUT

NSS ശീതാലാപന മത്സരം
WINNERS
CONGRATULATIONS..



First
FIDHA
2nd Zoology

Second
ARYA K
2nd BSC PHYSICS

Third
SAHDA
2nd BA ENGLISH

NSS ECONOMICS DEPARTMENT
NSS UNIT 28 & 67
MES PONNANI COLLEGE
UNIVERSITY OF CALICUT

NSS volunteers of the Economics Department conducted an online NSS Theme song singing competition on 29th September in connection with the NSS week celebration. The best singer was selected from among those who submitted the NSS Theme song in audio form within the stipulated time. The first ,second and third prizes were announced and first prize was bagged by Fidha of second Zoology and second prize by Arya K of Second B.Sc Physics and third prize bagged by Sahada of second B.A English.

• CAPTION WRITING COMPETITION



NSS ECONOMICS DEPARTMENT

Presents,

THE BEST CAPTION CONTEST

Related To

NSS DAY CELEBRATION

On 16/09/2011
Monday

OPEN FOR EVERY STUDENTS

Photograph will be displayed On the
Common Places in College. Drop Your
Captions In The Box Placed.

Note: Prizes Will be Awarded To all
The winners.

NSS UNIT 28&67
MES PONNANI COLLEGE
UNIVERSITY OF CALICUT

**CAPTION WRITING CONTEST
WINNERS**

CONGRATULATIONS



NSS ECONOMICS DEPARTMENT
NSS UNIT 28&67
MES PONNANI COLLEGE
UNIVERSITY OF CALICUT

NSS volunteers of the Economics Department Organized a Caption Writing Contest on 26th September in Connection with NSS week celebration. The contest was conducted by displaying the photo to be captioned in the common areas of the College. First prize was bagged by Ajmal Second BBA. Second and third prizes were acquired by Fidha and Fidha Sherin of second Physics respectively.

- HOSPITAL CLEANING



Keeping hospitals clean is one among crucial patient safety issues. 20 NSS volunteers from MES Ponnani College were sent to Government hospital for women and children. They reached there at 10 :00 am. The hospital provided them with gloves, surgical masks, apron and surgical head caps for ensuring safety. The volunteers started work at 10:30 am. The volunteers cleaned two general wards along with the assistance from health workers. The students also sanitized floors and walls. The volunteers shifted patients to the ward they cleaned before. After that they continued their work until it was finished. The Hospital team provided lunch at 2:30 pm. During their break the medical Supt. gave a lecture on hospital safety rules. The NSS volunteers completed their task at 3:00 pm.

• GANDHI JAYANTHI

The poster features a central rainbow-colored shape with a scalloped top edge. On the left and right sides of this shape are stylized, high-contrast portraits of Mahatma Gandhi's face. At the top left of the poster, there are three small circular logos: the University of Calicut logo, the National Service Scheme (NSS) logo, and the college's emblem. The text is centered within the rainbow shape.

**THANK YOU FOR
TEACHING US THAT**

**What can't be conquered by
Actions,
can be conquered by
*Silence!***

HAPPY GANDHI JAYANTI

NATIONAL SERVICE SCHEME
UNIT28 & 67 MES PONNANI COLLEGE, UNIVERSITY OF CALICUT

• NATURE CAMP AT SHENDURNEY WILDLIFE SANCTUARY

9/10/2022



The team began their most excited nature camp at 6 o'clock in the morning. The destination was Kollam Shenthurany Wildlife Sanctuary. The journey started with the NSS Geetham, programme officers Dr.Asha Neendur and Dr Rajool Shanis gave out the instructions to the bunch of 44 NSS volunteers (who had been selected from the whole NSS volunteers on account of their ranks they secured from various activities).

By 1:30 the team reached almost at Kollam and we resided in an open field to have lunch which was already brought by ourselves. Soon after the lunch the volunteers roamed around that field and hill and had some fresh air . By 3 clock the team reached the final destination. Then the volunteers all went to the assigned dormitories and washed up themselves. And at 4:30 the team had tea and had a class at our camp. The nature camp guide Shiju sir gave a picture about the next 2 day camp schedule. At night the team just explores the nearby areas. After everything the team members all played some games and by 10 all went to sleep.

10/10/2022



The volunteers' wake up early and began the very first day of our enthusiastic camp. After getting ready they just visited some areas of the eco-tourism of Shendurany, Thenmala, but they weren't allowed to explore the whole area because it has limits. Then the team had our breakfast and by 9 o'clock with our 2 forest guides the team stepped into the vast curious forest. Everything seems astonished about nature. How the small leaves and small trees are so beautiful and calm. The team walked so long and the guide introduced many new trees to us. The Guide even talked about the many different specialities of each tree. Walking beside the forest was the most beautiful thing. Also the team crossed a small Brooke. The team almost covered 4 to 5 kms throughout the forest and by 12:30 they returned to our camp place. The team reached there by 2 o'clock and had our lunch. After that the volunteers just took a refreshing walk and witnessed the beauty of Kollam. By evening the team had a class about the next day's bird watching and the volunteers were grouped as each group were assigned to do certain works and that was great. Also the team had a quiz competition. And just like the first day with much fun the team ended up our second day camp.

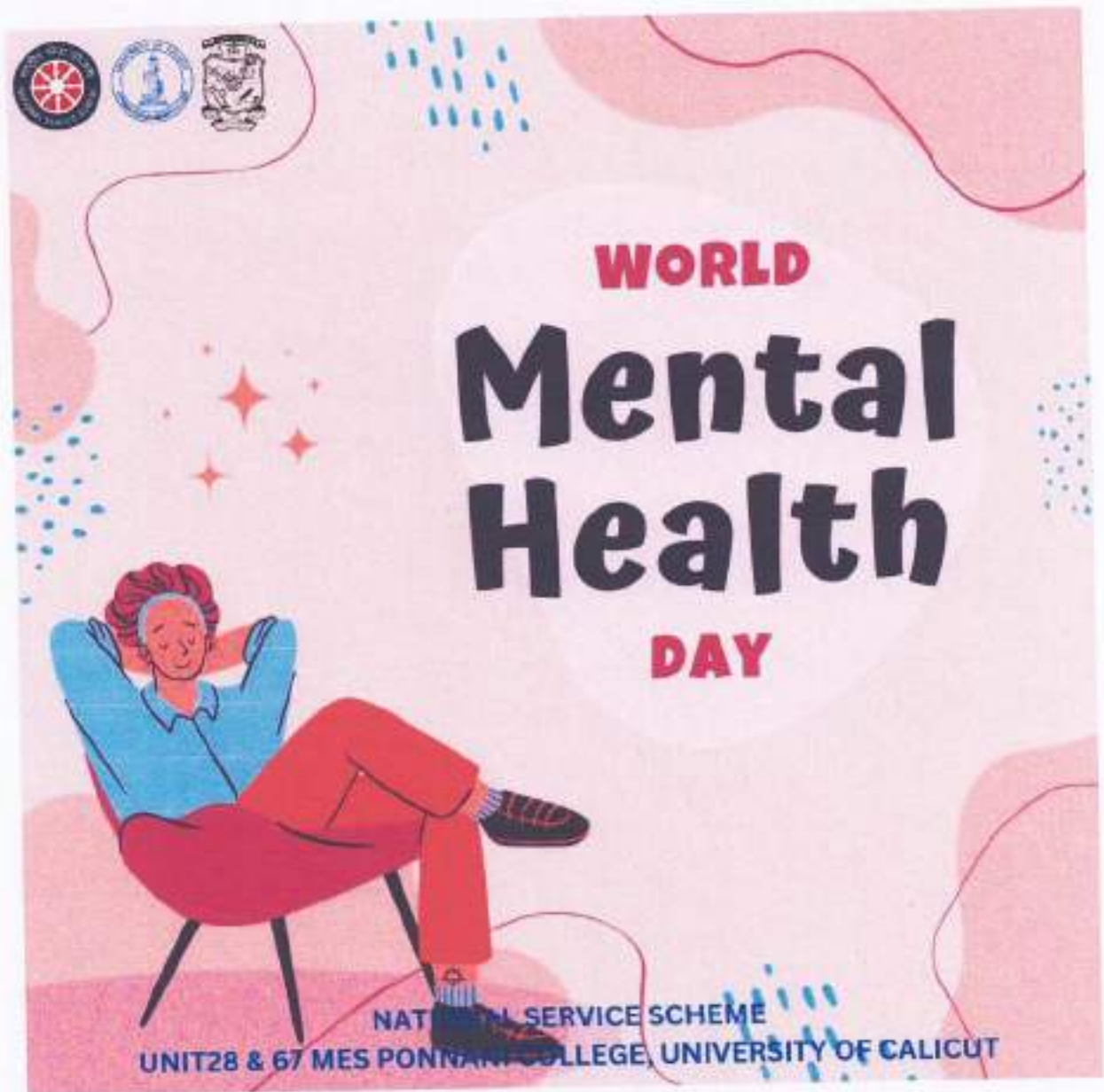
11/10/2022



Third day of camp was so refreshing and beautiful. It's the last day and also the moment the volunteers realized how many beautiful creatures are exploring our nature. They began bird watching at 7:30 and counted and wrote down numerous birds that we hadn't seen in our past life. Camp guide Shiju sir described the traits of each bird and also visited a nearby Brooke which is extremely beautiful. Then the volunteers had breakfast and visited a deer's Park. And the volunteers had lots of fun back there. From there the volunteers hiked a lot through forest in which we all tied up too. But the hiking part was the best. The camp members reached a forest-like place and ate some gooseberries. By

12:30 we reached a dam and from there we all shared our experiences and also Shiju sir congratulated the volunteers for being good listeners. The camp ended there with the National anthem and returned to our camp area. We all packed up our things and by 6 o'clock the team departed from there. In between the volunteers had dinner and on 12 October 3 o'clock the team reached back to the college. And this was the best moment the NSS volunteers had in their life with nature.

- MENTAL HEALTH DAY

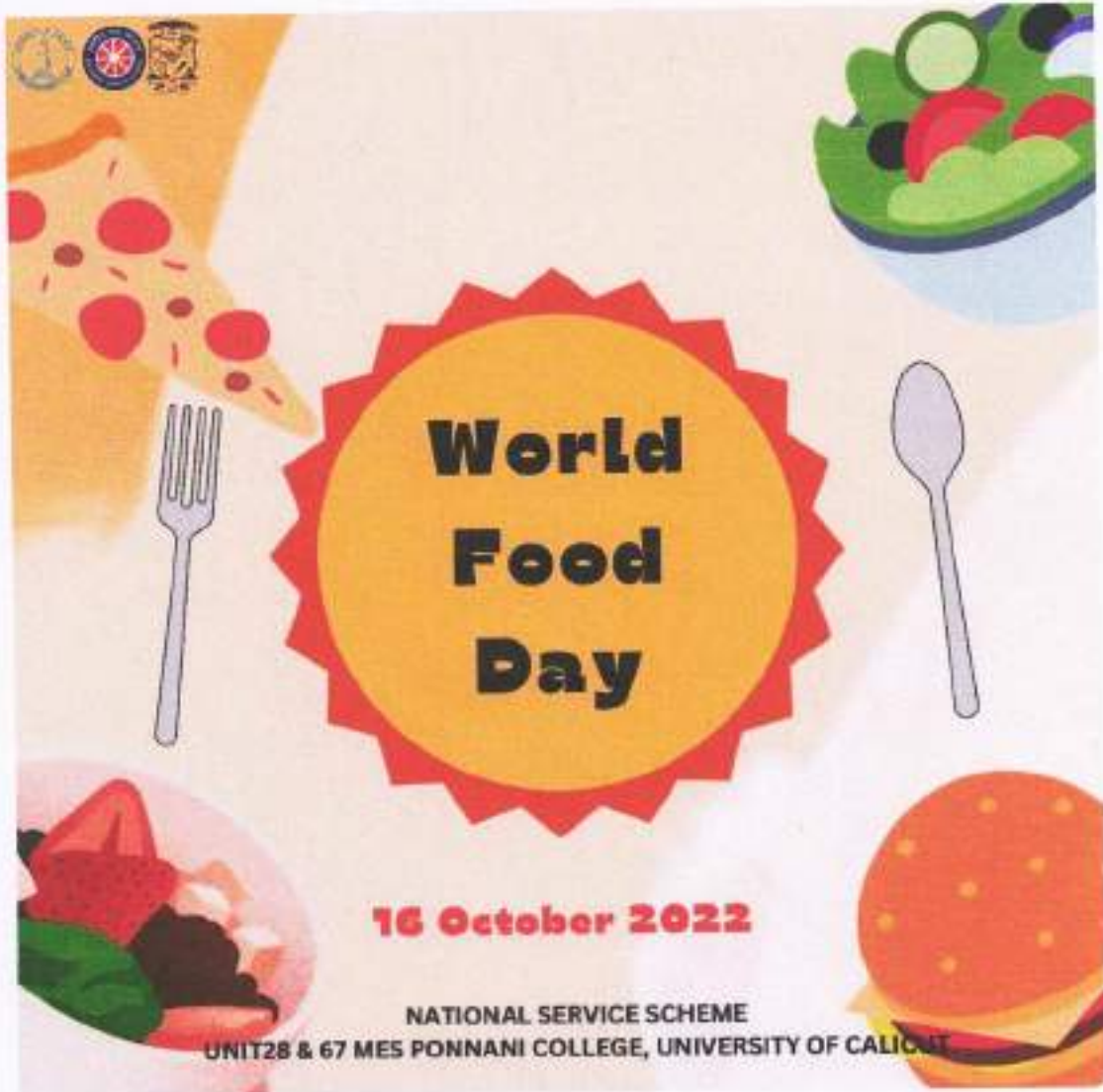


● ANTI-DRUG QUIZ COMPETITION



A quiz competition conducted to the NSS students on the anti drug campaign at 1.30 pm in the conference hall .43 volunteers participated.Basith of Second Zoology and Nahla of Second Chemistry got first prize. The winners participated in the Bhodyam 2022 a district level quiz competition held by Kerala higher education department,State NSS and excise department held on 17/10/2022 at SIMPTC, Thiroor.

• **FOOD DAY**



- **YODHAVU INAUGURATION**



On 17-10-2022 "Yodhavu" a programme for anti drugs was inaugurated by Dr. Ameera , Principal of MES Ponnani College. The Police and members of Karma were present. Each NSS volunteer made a pledge to make every student free of narcotics and if they see anyone involved in such practices, they will take proper initiative to put them on the right path.

- **AMMOMAKKORU SNEHASAMMANAM**



Volunteers of Unit 28 and 67 united to help a poor old lady for getting help for treatment. The volunteers collected an amount of Rs 7000 from our college and handed it over to Ammama.

• MUDITHA CU - NAAC CELEBRATION AT CALICUT UNIVERSITY



All the NSS volunteers from MES Ponnani College Participated in the celebrations of A plus winning programme. The team went at 11 o'clock by KSRTC bus. It was one and half hour long journey. The team reached Kohinoor at 1 :15 pm and started waiting for other college students of NSS volunteers after that The team gathered for Rally. It began from Kohinoor and ended at Calicut University. Volunteers from KVM MES College joined with the team. The rally was fun as it contained lot of programs like traditional Oppana, Thiruvathira, Pullikali, group dance. We met the NSS programme coordinator Dr,Sony and she gave the volunteers NSS hats of white color. The team also had fun along with the rally. We danced, sang some songs and the rally had 1500 people. Inside the University there were lot of stages for so many programs like Drama, Shingari melam etc and they arranged delicious food for all. Then the team reached back home by 8.30 pm.

- LAHARIVIMUKTHA DEEPAM



NSS Units 28 and 67 of Mes Ponnani College in collaboration with Jeevanam anti narcotics cell conducted an Anti Drug Lamp Lighting Campaign program at college campus. The program was held at Cheenimarachod on 25th October 2022 at 11.30 am. The program was inaugurated by the Principal Dr. Amecra. Dr.Asha Neendur, Dr. Rajool Shanis and other staffs also participated. The whole students of the college assembled and took part in the program and an anti drug pledge was taken which was led by the principal. The students lighted candles and lamps which highlighted the program.

- **NSS PRE-RD SELECTION**

Three students from MES Ponnani College participated in the Pre-RD camp held at Calicut University, Mohammed Nihal CP, Nidha Zainab and Shibal participated in the university ground and then at NSS office. The selection started at 8 am and ended at 5 am.

- **UNITY DAY**

- HUMAN CHAIN



On November 1, to mark the conclusion of the first phase of the government's "No to Drugs" campaign, NSS volunteers of MES Ponnani college along with the co-operation of Ponnani Municipality formed a human chain near Ponnani private bus stand, Sivadas Attapuram, Chairman of Ponnani Municipality inaugurated the campaign and he put forward some suggestions on how to eradicate drugs from society. Volunteers actively participated in the human chain.

• **CANCER AWARENESS DAY**



CANCER AWARENESS DAY
7th November

NATIONAL SERVICE SCHEME
UNIT28 & 67 MES PONNANI COLLEGE, UNIVERSITY OF CALICUT

- EDUCATION DAY



to

Signature 

National **Education** Day

11 November, 2020

NATIONAL SERVICE SCHEME
UNIT28 & 67 MES PONNANI COLLEGE, UNIVERSITY OF CALICUT

• **KINDNESS DAY**



13th NOVEMBER



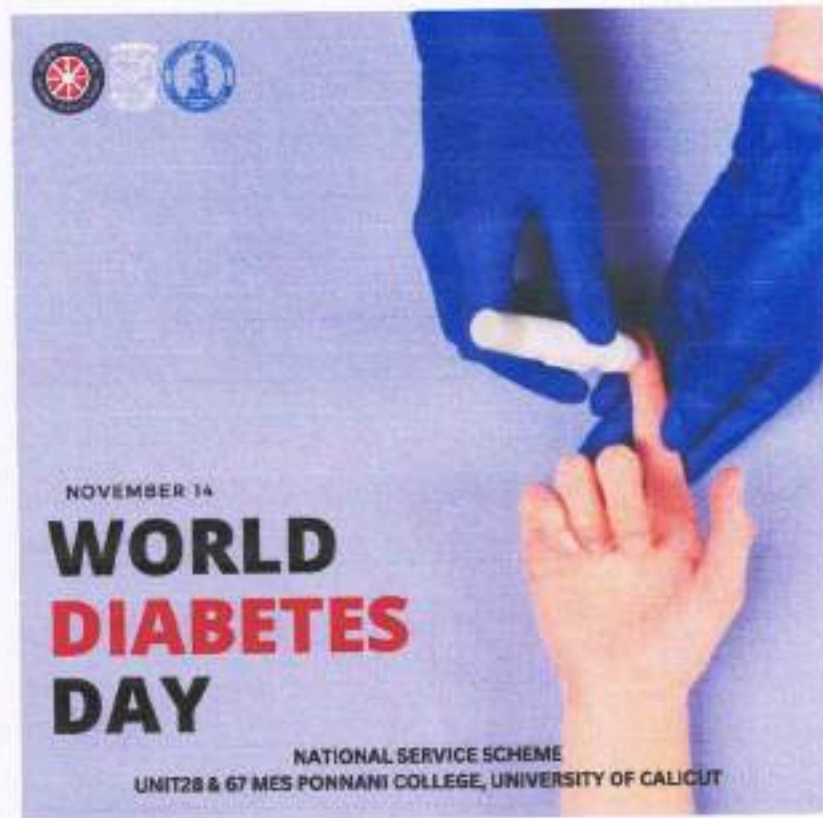
WORLD
KINDNESS
DAY

NATIONAL SERVICE SCHEME
UNIT28 & 67 MES PONNANI COLLEGE, UNIVERSITY OF CALICUT

● CHILDRENS DAY



- **DIABETES DAY**



World Diabetes Day is observed on November 14th every year to raise awareness about diabetes, its prevention, and the management of its complications. The day was first introduced in 1991 by the International Diabetes Federation (IDF) and the World Health Organization (WHO) as a response to the increasing incidence of diabetes worldwide. The aim of the World Diabetes Day campaign is to promote a better understanding of diabetes and its causes, as well as to encourage actions that can help prevent and manage the condition. As part of this day, a poster was released.

Name of the program : World Diabetes Day
Program Date : Nov 14, 2022
Platform : Social Media

• NSS ENROLLMENT



The enrollment of NSS volunteers of MES Ponnani College Unit 28 and 67 was conducted on 17 October 2022. The volunteers were selected through the interview that was led by NSS Secretaries and Program Officers. More than 360 applications were received, from which a total of 118 volunteers were selected by scrutiny of the three tasks assigned to them. The volunteers were expected to write down their previous NSS experiences and about a social service that they have done before. Their talents and qualities were also taken into consideration during the interview. With the cooperation of all the Volunteers, Secretaries, and Program Officers, the interview turned out to be successful.

Name of the program : NSS Enrollment
Program Date : Oct 10, 2022 - Nov 17, 2023
Venue : NSS Room

• NOTICE DISTRIBUTION OF MEDICAL CAMP

എം.ഇ.എസ് പൊന്നാനി താലൂക്ക് കമ്മിറ്റിയും,
 എം.ഇ.എസ് പൊന്നാനി കോളേജും, കർമ്മയും
 സഹായത്തോടെ ആരംഭിച്ച ക്യാമ്പിന് എന്ത പങ്കാളിയുടെ സഹായം
 പൊന്നാനി മുൻസിപ്പാലിറ്റിയിലെ 45, 46 വാർഡിലെ
 ജനങ്ങൾക്ക് വേണ്ടി പെരിന്തൽമണ്ണ എം.ഇ.എസ്
 മെഡിക്കൽ കോളേജിന്റെ സഹകരണത്തോടെ

സൗജന്യ മെഡിക്കൽ ക്യാമ്പ്

19/11/2022 ശനിയാഴ്ച രാവിലെ 9 മുതൽ 1 വരെ
 എം.ഇ.എസ് കോളേജിൽ വെച്ച്

വിശദവിവരങ്ങൾക്ക്: 8086843406, 9745295000

ക്യാമ്പിൽ ലഭിക്കുകയുള്ള സേവനങ്ങൾ

- ജനറൽ മെഡിസിൻ (ഡയബറ്റോളജി)
- ENT
- ഓർത്തോ
- ഡെൻ്റോളജി
- ഓഫ്താൾമോളജി

ക്യാമ്പിൽ പങ്കെടുക്കുന്ന സൗജന്യ ശസ്ത്ര ചികിത്സ ലഭിക്കും

ഏവരുടെയും സഹകരണവും സാന്നിധ്യവും പ്രതീക്ഷിക്കുന്നു

On 17/11/2022, NSS volunteers of Ponnani MES College distributed the notice of the medical camp organized by the coordinated effort of MES Ponnani Chapter, MES Ponnani College, Koode Ponnani, NSS volunteers of MES Ponnani college in association with MES Medical College Perinthalmanna. The camp was aimed at the local people of wards 45 and 46 of Ponnani Municipality. Volunteers began the distribution at 10 o'clock in the morning and completed it by 1:00 PM.

Name of the program : Notice Distribution of Medical Camp
Program Date : Nov 18, 2022
Venue : Ponnani

- **UBA REPORT ENTRY**



"Unnath Bharat Abhiyan" (UBA) is a flagship program of the Ministry of Education, Government of India, launched in 2014. The program aims to bring about sustainable development in rural India by involving higher educational institutions like universities and colleges in the process of rural development. The main objective of UBA is to bridge the gap between rural and urban India by improving the quality of life in rural areas. This is done by identifying and implementing sustainable development projects in rural areas, which are selected based on the needs and priorities of the local community.

On 18th November 2022, Friday Media Wing of NSS units 28&67 uploaded the data of Unnath Bharath Abhiyan. The data collected from 4 nearby Grama Panchayats and Ponnani Municipality were uploaded to the UBA site.

Name of the program : UBA Report Entry
Program Date : Nov 18, 2022
Venue : Library Computer Room
No of Participants : 8

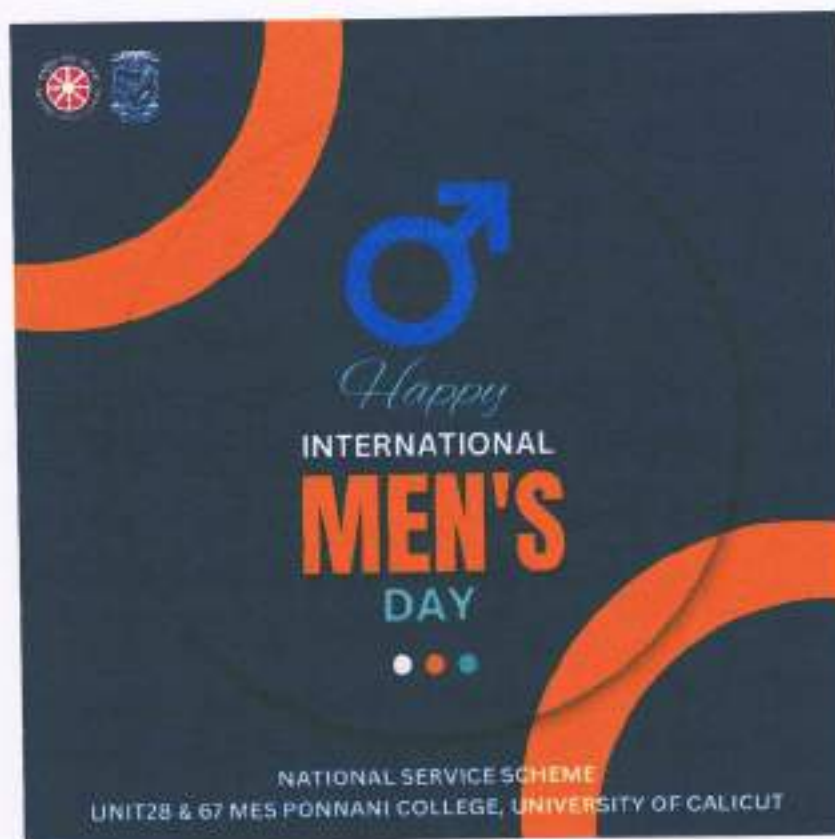
● **MEDICAL CAMP**



A medical camp is a temporary medical facility set up by healthcare professionals in a specific location to provide basic medical services and health education to the local community. The purpose of medical camps is to provide medical care and health education to people who may not have regular access to healthcare facilities. On 19/11/2022 MES Ponnani College NSS units, 28 and 67 conducted a medical camp along with the support of MES medical college Perinthalmanna and Koode organization. The camp started at 9 am. There were doctors from five major departments including orthology, optometry, dermatology, ENT, and general medicine. The camp was raised as a completely free program for the people in wards 45 and 46 of Ponnani taluk. The camp concluded at 2:00 pm. It was organized in a systematic manner and proved to be successful.

Name of the program : Medical Camp
Program Date : Nov 19, 2022
Venue : MES Ponnani College
No of Participants : 485

- **MENS DAY**



International Men's Day is celebrated on November 19th every year to raise awareness about men's health, gender equality, and the positive contributions that men make to society. The day is also an opportunity to promote discussions about the challenges and issues faced by men. International Men's Day was first observed in 1992, and it has since been celebrated in over 80 countries around the world. It is an opportunity to recognize and celebrate the contributions of men to their families, communities, and society as a whole. As part of this day a poster was released.

Name of the program : Mens Day
Program Date : Nov 19, 2022
Platform : Social Media

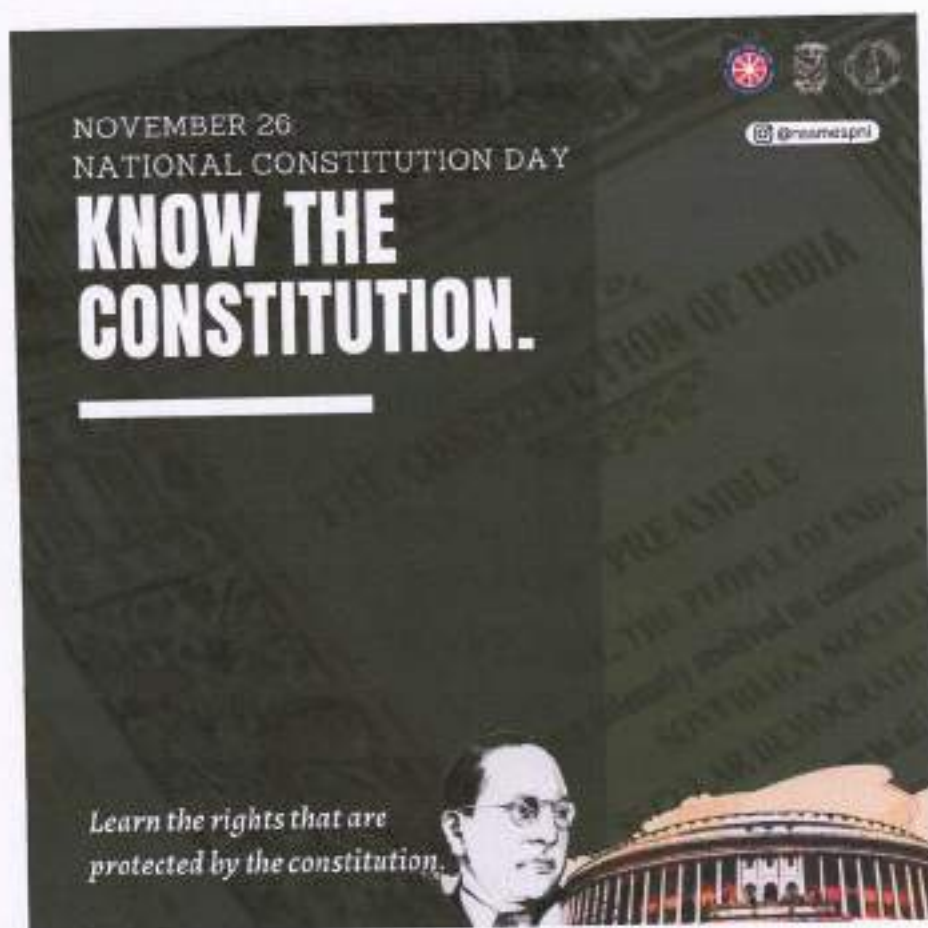
- **NSS GENERAL MEETING**



The 'NSS General Meeting' was organized for the newly selected NSS volunteers for 2022-2024 at the Debate Corner of MES Ponnani college at 2:00 pm on 25th November 2022. This meeting was conducted under the supervision of NSS program officer Dr.Rajool Shanis. The secretaries and the joint secretaries gave the instructions to the new volunteers. Executive members were selected on the same day. The program concluded with the vote of thanks proposed by Dr. Asha Neendur, NSS program officer of MES Ponnani college.

Name of the program : Samoohya Sannadha Sena
Program Date : Nov 25, 2022
Venue : MES Ponnani College
No of Participants : 15

- **CONSTITUTION DAY**



Indian Constitution Day is celebrated on November 26th every year to commemorate the adoption of the Constitution of India. It is also known as National Law Day. The Constitution of India was adopted on November 26, 1949, and came into effect on January 26, 1950, which is celebrated as India's Republic Day. Constitution Day is celebrated to recognize the importance of the Indian Constitution and to spread awareness about its provisions and principles. It is an occasion to remember the contributions of the founding fathers of the Indian Constitution who drafted and enacted it. The day is observed by organizing seminars, debates, and discussions on the Constitution, its significance, and its impact on Indian society and democracy. As part of this poster was day.

Name of the program : Constitution Day
Program Date : Nov 26, 2022
Platform : Social Media

- **SAMOOHYA SANNADHA SENA TRAINING**

Samoohya sannadha sena one day camp 'Durantha nivarana' training was conducted at Thavanur karshika college on 1st December 9 am to 5 pm. The class consisted of 3 sections. The first two section is conducted by Doctor shabeer casualty department and the third section is by the fire force officer fahis sir. The first two section is about the cpr and recovery position of an heart attack persons. the cpr is done by the chest compression and by the artificial respiration. if some one's heartbeat is stopped and in some emergencies cpr is done. And the after noon section about the fore rescue methods by the fahis sir and he explained how to rescue from the fire and the type of class fires for different fire explosion. and he give the detailed information about the fire removing methods .Overall these three sections is very effective and useful.

Name of the program : Samoohya Sannadha Sena
Program Date : Dec 1, 2022
Venue : MES Ponnani College
No of Participants : 15

● MASS CAMPUS CLEANING DRIVE



A mass campus cleaning drive is a large-scale effort to clean up and maintain the cleanliness of a campus. The goal of this drive is to create a healthy and hygienic environment for the students, faculty, and staff. NSS Units 28 and 67 of Mes Ponnani College conducted a Mass Campus Cleaning Drive on 1st December 2022. All the students and teachers took part in the campaign which made it a great success. Each department cleaned its premises and surroundings which included plucking up plastics and unwanted plants. The cleaning started from morning 10 am and continued till evening. Drinks and snacks were served to all the teachers and students who took part in the campaign and cleaned the campus.

Name of the program : Mass Campus Cleaning Drive
Program Date : Dec 1, 2022
Venue : MES Ponnani College

● FLASH MOB ON WORLD AIDS DAY

01 DECEMBER



World

AIDS DAY



NATIONAL SERVICE SCHEME
28 & 67 units
MES PONNANI COLLEGE
CALICUT UNIVERSITY





AIDS Day, also known as World AIDS Day, is observed on December 1st every year. It is a day to raise awareness of the AIDS pandemic caused by the spread of HIV infection, and to remember those who have lost their lives to the disease. The day was first observed in 1988 and is now recognized globally as an opportunity to unite in the fight against HIV/AIDS, to show support for people living with HIV/AIDS, and to commemorate those who have died from AIDS-related illnesses. AIDS Day also serves as a reminder of the need for continued action to prevent new HIV infections and to ensure that people living with HIV have access to the care and treatment they need. It is an opportunity to educate the public about the facts of HIV/AIDS, including prevention, treatment, and care.

On 01-12-2022 NSS volunteers of MES Ponnani College conducted a flash mob in the government women and children hospital, Ponnani based on world AIDS day and its preventive measures. An awareness class was conducted based on the precautions and preventive methods.

Name of the program : Flash Mob on World AIDS Day
Program Date : Dec 1, 2022
Venue : Taluk Hospital, Ponnani
No of Participants : 10

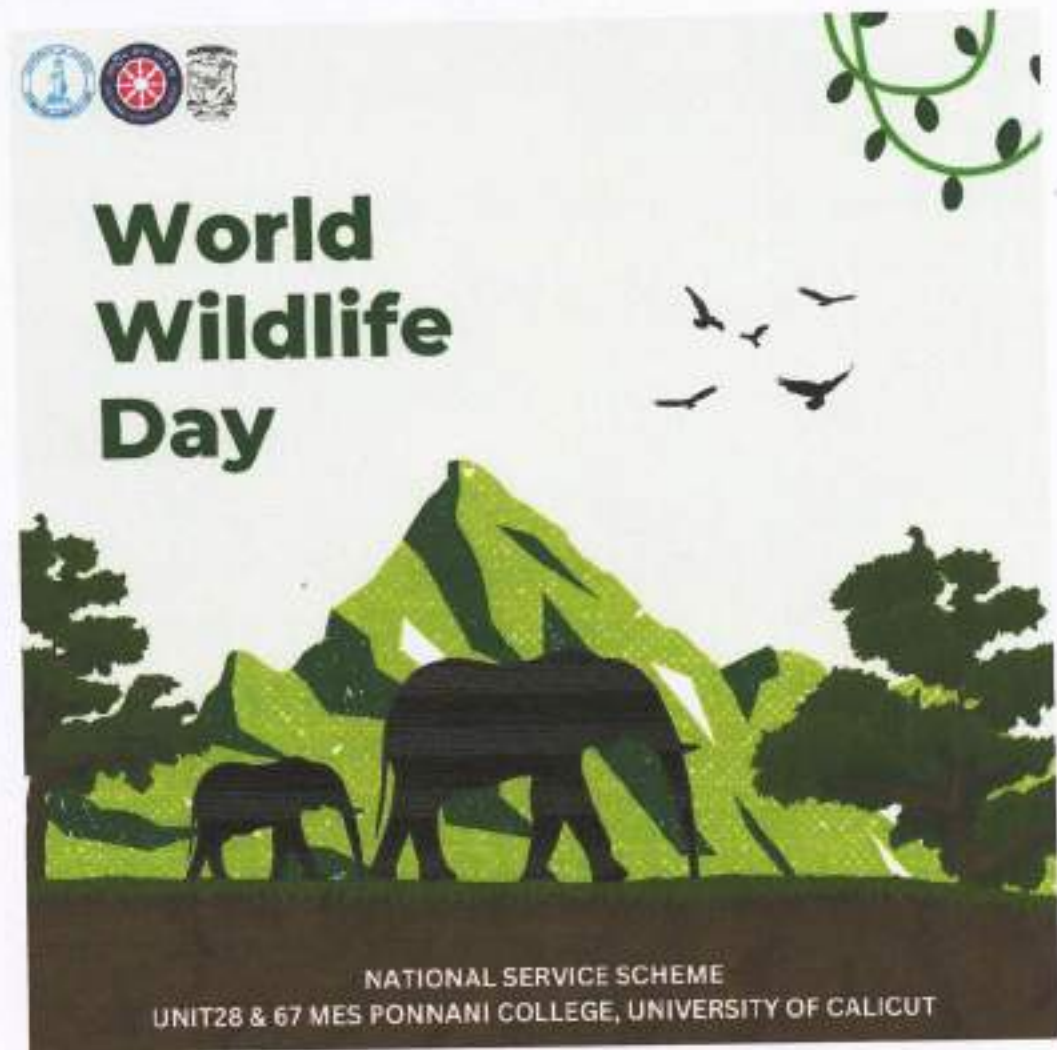
● **COMMEMORATING PROF. MOHAMED KADAVANAD**



NSS volunteers of MES Ponnani college organized the condolences event for the late M.E.S. State General Secretary Prof. Kadavanad Muhammad, who was also the teacher of the History department of Ponnani college. The event was held at EK Hall accompanied by many distinguished, who shared their undying moments. Volunteers arranged the hall as well as guided the program very well. The program began at 10 am and ended at 2 pm.

Name of the program : Commemorating Prof. Kadavanad Mohamed
Program Date : Dec 2, 2022
Venue : EK HALL
No of Participants :

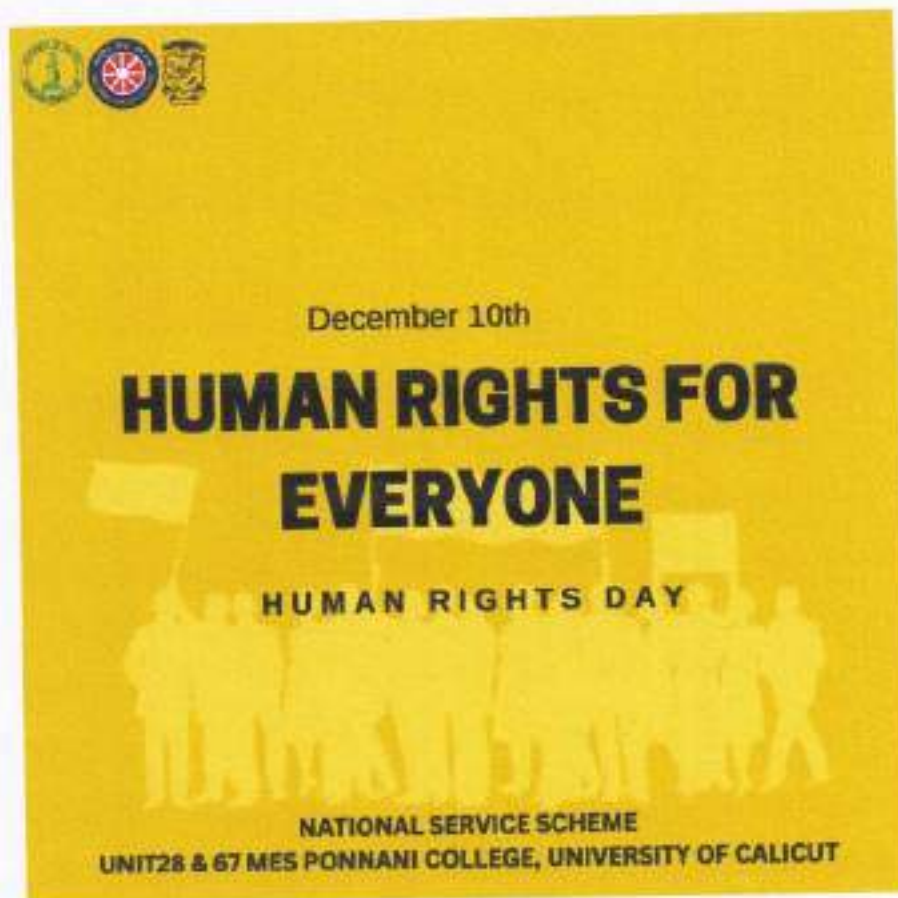
- **WILDLIFE CONSERVATION DAY**



Wildlife Conservation Day is observed on December 4th every year. It is a day to raise awareness of the importance of wildlife conservation and to take action to protect endangered species and their habitats. The day aims to promote the conservation of all wildlife, including plants, animals, and marine life. It is a reminder of the impact of human activities on wildlife populations and their habitats, and the need to take urgent action to protect them. By raising awareness and taking action, we can help protect wildlife and preserve the biodiversity of our planet for future generations. As part of this day a poster was released.

Name of the program : World Wildlife Day
Program Date : Dec 4, 2023
Platform : Social Media

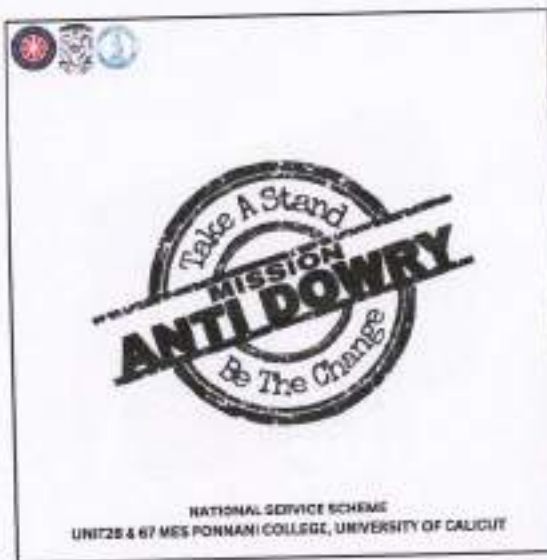
- **HUMAN RIGHTS DAY**



Human Rights Day is observed on December 10th every year. It is a day to commemorate the adoption of the Universal Declaration of Human Rights by the United Nations General Assembly in 1948. The Universal Declaration of Human Rights is a milestone document that sets out fundamental human rights to be universally protected. Human Rights Day is a day to celebrate the progress made in the protection of human rights, as well as to raise awareness of ongoing human rights issues around the world. It is an opportunity to recognize the work of human rights defenders and to promote the principles of equality, freedom, and justice for all. As part of this day, a poster was released.

Name of the program : Human Rights Day
Program Date : Dec 10, 2023
Platform : Social Media

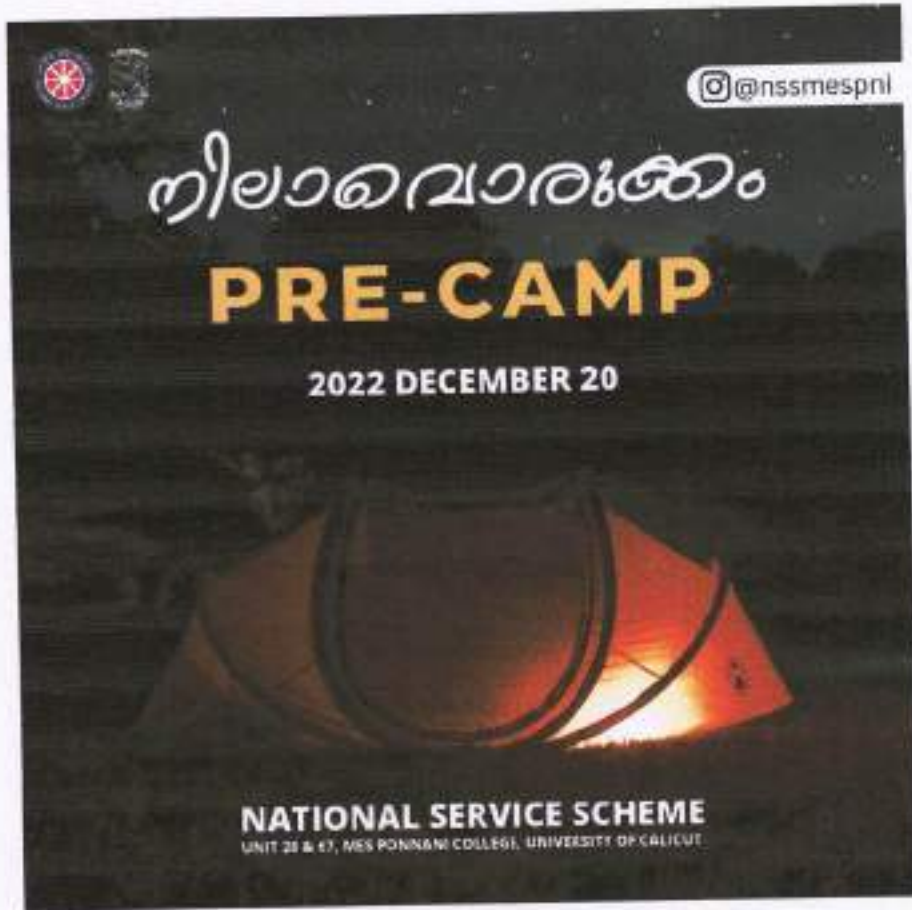
● ANTI - DOWRY CAMPAIGN



Dowry is a deeply ingrained practice in some cultures and has been a major cause of violence against women in India. In many cases, women have been subjected to physical and emotional abuse, and even killed, for failing to meet dowry demands. An anti-dowry campaign is a movement aimed at raising awareness and advocating against the practice of dowry in marriages. An anti-dowry campaign is an important effort to promote gender equality and women's rights, and to combat harmful traditional practices that discriminate against women. As part of this campaign our units conducted an anti dowry pledge.

Name of the program : Anti Dowry Campaign
Program Date : Dec 16, 2022
Platform : Social Media

- **PRE CAMP ORIENTATION**



A Pre-camp orientation for NSS volunteers was given by the program officers Dr. Rajool Shanis and Dr. Asha Neendur along with the general secretaries. Secretaries Listed out the rules and regulations as well as the necessities for the 7 days camp. The program officers gave out a clear picture of the camp. Volunteers brought the consent letter from their parents which was previously issued by program officers. Everyone actively participated in the orientation.

Name of the program : Nilavu Orukkam - Pre Camp Orientation
Program Date : Dec 20, 2022
Venue : Union Corner, MES Ponnani College
No of Participants : 90

- SNEHA PATHYAM



For the 7 - day camp preparation, first-year NSS volunteers were asked to bring the necessary food materials. A box was arranged by the name Snehathayam along with a poster and kept near the college portico. The volunteers brought the products without fail which made the event a huge success.

Name of the program : Sneha Pathayam for Seven Days Camp
Program Date : Dec 20, 2022 - Dec 23, 2022
Venue : College Portico
No of Participants : 5

- **CHRISTMAS GREETINGS**



Christmas is the birth of Jesus Christ, celebrated on December 25th every year. The celebration of Christmas is characterized by various customs and traditions. Many people decorate their homes with Christmas trees, lights, and other festive decorations. Gift-giving is also a popular custom during this time of year, as people exchange presents with family and friends. As part of this day a poster was released.

Name of the program : Christmas Day Greetings
Program Date : Dec 25, 2022
Platform : Social Media

• **ORUKKAM 3 DAYS LEADERSHIP CAMP**



 @nssmespni

ചരിത്രമുറങ്ങുന്ന

പൊന്നാനിയുടെ മണ്ണിലേക്ക്

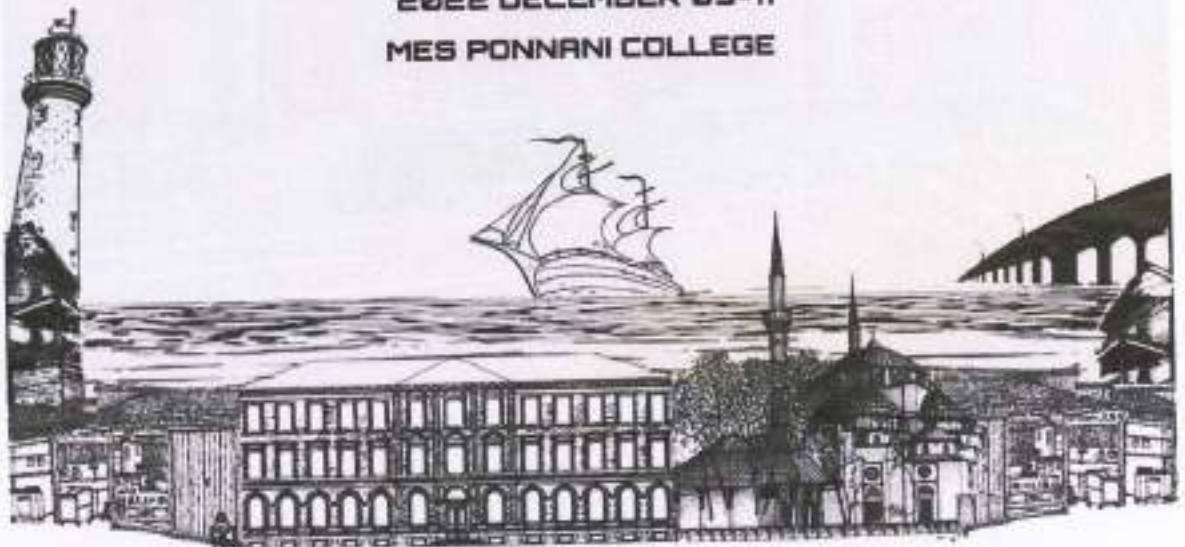
സ്വാഗതം

ദേശം '22

ത്രിദിന നേതൃത്വ പരിശീലന ക്യാമ്പ്

2022 DECEMBER 09-11

MES PONNANI COLLEGE



● NILAV - SEVEN DAYS CAMP



The National Service Scheme special camp of the academic year 2021-22 commenced on 23 December 2022 at MES Central School, Thirunavaya. The camp was inaugurated by Thirunavaya Grama Panchayath President Mrs. Kottarath Suharabi in the presence of the college Principal Dr. Ameera V.U and the members of the Grama Panchayath, Principal, PTA members, and Managing Committee of the School. The project of the special camp has been named as "NILAVU", to understand and recognize the effect of drugs and the importance of vegetable gardens in society. The main theme of the project is Anti Drug Awareness and implanting vegetable gardens in the locality. Of the seven days in the camp the volunteers have gained a lot of enlightening, influential and entertaining sessions. The classes were taken by skilled personalities on the topics like Leadership in action, group dynamics, Health and youth, Personality Development, Agriculture and Youth, Anti drug awareness classes etc. Our proposed project was at Ward no 17 of Thirunavaya Grama Panchayath. We end up recreating the school in much more Beauty than witnessed before and in the and installed a vegetable garden. The mission to give awareness to the local community on the threat of drugs was successfully completed. The Camp Report was presented by Naseem Shakir. The camp ended on 29 December, with a grand valedictory function.

Name of the program : NILAV - Seven Days Camp
Program Date : Dec 23, 2022 - Dec 29, 2022
Venue : MES Central School, Tirunavaya
No of Participants :

- **NEW YEAR GREETINGS**

New Year is the celebration of the beginning of a new year, marking the end of one year and the start of another. The celebration of New Year's Day is a time for reflection, resolutions, and new beginnings. Many people make resolutions to improve themselves or their lives in some way. Common resolutions include eating healthier, exercising more, quitting smoking, learning a new skill, or spending more time with loved ones. New Year is a time for reflection and renewal, a chance to look back on the past year and make plans and goals for the future. As part of this day a poster was released.

Name of the program : New Year Greetngs
Program Date : Jan 1, 2023
Platform : Social Media

- **WORLD BRAILLE DAY**



World Braille Day is celebrated on January 4th every year to raise awareness about the importance of Braille as a means of communication for people who are blind or visually impaired. This day also honors the birth anniversary of Louis Braille, the inventor of the Braille system. The day also serves as an opportunity to advocate for the rights and needs of people who are blind or visually impaired. It is a reminder that accessibility and inclusivity are essential for ensuring that everyone can fully participate in society. As part of this day a poster was released.

Name of the program : World Braille Day
Program Date : Jan 4, 2023
Platform : Social Media

● **THANKSGIVING LETTER WRITING COMPETITION**



The Department of English and NSS of MES Pommani College conducted a Thanksgiving letter writing competition as a part of World Thanksgiving day on Jan 11. The theme was a letter to the beloved one in our life. The competition was conducted with the aim to keep the letter writing Experience for the young people who were trapped in cyber world now a days

Entries were started on 11.01.2023 and closed on 12.01.2023 by 12:00PM.

Najma Yoosafali of 2nd year MSc Aquaculture was declared as the winner.

Name of the program : ThanksGiving Letter Writing Competition
Program Date : Jan 11, 2023
Platform : Social Media
No of Participants :

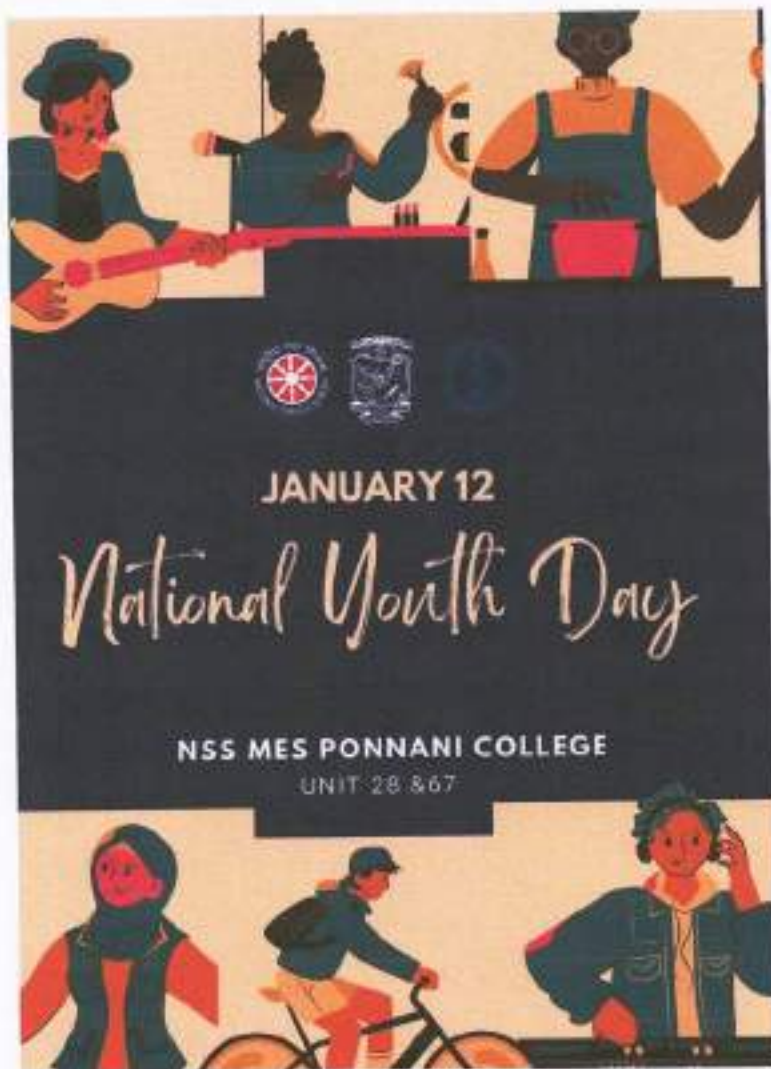
- **ESSAY WRITING COMPETITION ON ROAD SAFETY WEEK**



NSS of MES Ponnani College conducted an essay writing competition online in connection with the observation of road safety week held on January 11 to 17. "Safe drive to save life" was the topic of the competition. Participants jotted down how every year millions are crushed into death and how many survivors are left to fight with physical disabilities in the long run. The competition was conducted with the aim to make people aware how men behind the wheels play an important role in the road. Entries were closed by 5:00 pm and Swathy VT of 1st year BSc Chemistry was declared as the winner.

Name of the program : Essay Writing competition on Road Safety Week
Program Date : Jan 11, 2023
Platform : Social Media
No of Participants :

• NATIONAL YOUTH DAY



National Youth Day is celebrated in India on January 12th every year to commemorate the birth anniversary of Swami Vivekananda, who was a great spiritual leader and a youth icon. Swami Vivekananda was born on January 12, 1863, and his teachings have been a source of inspiration for the youth of the country. The day is observed as an occasion to inspire the youth of India to contribute towards the development of the country and to promote national integration. The aim is to encourage young people to think and act on issues of national importance and to become responsible citizens of the country.

NSS MES Ponnani observed National youth day by releasing a poster in order to spread awareness on the relevance of the day. We observe National Youth Day on 12

January, on Swami Vivekananda's birthday. The scholar is connected with the observation of the day since his teachings are far inspiring for youth and could promote awareness of the responsibilities of youth among themselves.

Name of the program : National Youth Day
Program Date : Jan 12, 2023
Platform : Social Media

- **PALLIATIVE DAY RALLY**



In association with Prateeksha palliative care. A palliative Day Rally was organized and conducted by the Prateeksha Palliative care of Ponnani on 13th January. The NSS volunteers who participated in the rally gave them a new experience. The students came to know the importance of the day and the care people needed in their society and neighborhood. The students have committed themselves completely to upbring the social scheme for the well being of the society.

Name of the program : Palliative Day Rally
Program Date : Jan 13, 2023
Venue : Thrikkavu, Ponnani
No of volunteers :

● **HONORING NSS UNITS BY KARMA SOCIETY, PONNANI**



NSS units were honored during the celebration of Karma Society, Ponnani. This program was conducted in connection with 25 years of Karma Society. Unit 28 & 67 were honored during the celebrations. Dr. Asha Neendur received the awards.

Name of the program : Honoring NSS Units by KARMA Society, Ponnani.

Program Date : Jan 14, 2023

Venue : Kuttikkad, Ponnani

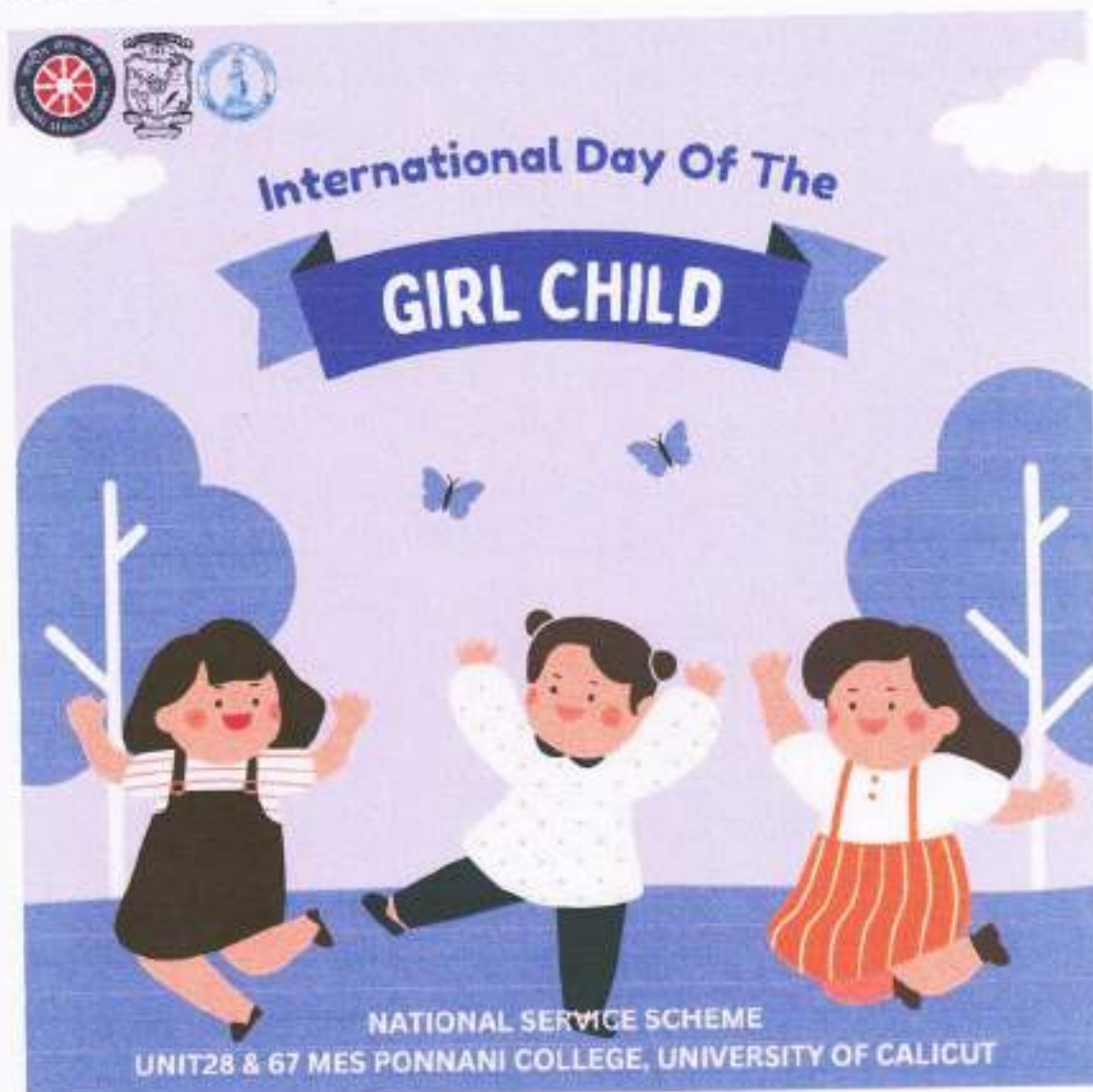
- **ARMY DAY**



Indian Army Day is observed every year on January 15th to commemorate the day when Field Marshal Kodandera M. Cariappa took over as the first Commander-in-Chief of the Indian Army from General Sir Francis Butcher, the last British Commander-in-Chief, in 1949. The day is celebrated to honor the valor and sacrifices of the Indian Army and to showcase its rich history, traditions and modernisation. Indian Army Day is an opportunity for the nation to express its gratitude and appreciation to the brave soldiers who protect the country and its citizens from external and internal threats. It is also a day to remember the sacrifices made by the soldiers and their families and to renew our commitment to the defense and security of the nation.

Name of the program : Indian Army Day
Program Date : Jan 15, 2023
Platform : Social Day

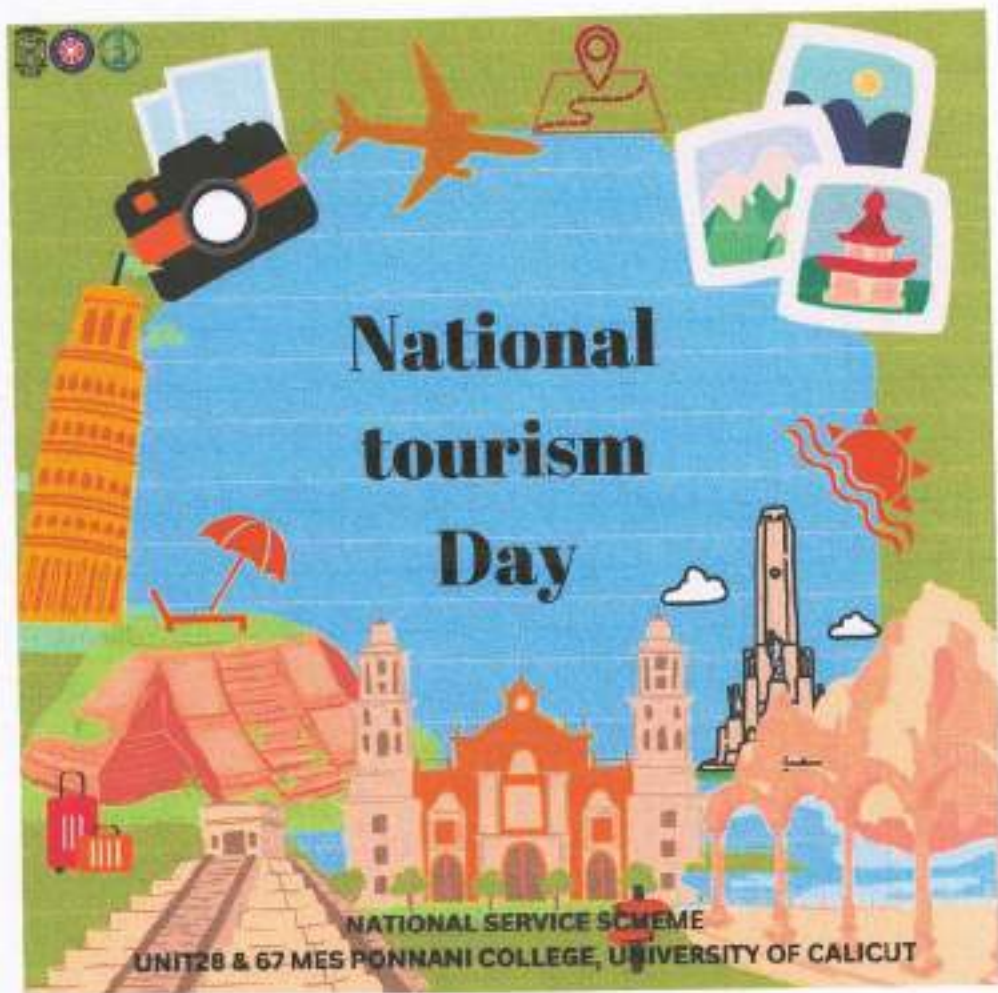
- **GIRL CHILD DAY**



Girl Child Day is a day observed globally to raise awareness about the issues faced by girl children and to promote their rights and empowerment. In many countries, including India, Girl Child Day is celebrated on January 24th every year. The day aims to address the gender inequalities and discrimination that girls face in many parts of the world. It highlights the importance of educating and empowering girls, and provides a platform to advocate for their rights. As part of this day, a poster was released.

Name of the program : Girl Child Day
Program Date : Jan 24, 2023
Platform : Social Media

- **TOURISM DAY**



National Tourism Day is an event celebrated annually in India on January 25th. The day is aimed at promoting tourism in India and raising awareness about the importance of tourism to the economy. The day is celebrated by the Ministry of Tourism, Government of India, and various organizations in the tourism industry. As part of this day a poster was released.

Name of the program : National Tourism Day
Program Date : Jan 25, 2023
Platform : Social Media

● **SONG RECORDING AND FLASH QUIZ ON REPUBLIC DAY**



On Jan 26, we celebrate Republic day. On account of this day , NSS volunteers recorded the song, 'Vande Mataram'. The patriotic song reminded the citizens the relevance of the day.

NSS of MES Ponnani College conducted a flash quiz on behalf of Republic Day. NSS volunteers of the English department prepared questions and they were asked to the students of various classes randomly.It was an on the spot quiz and the winners were provided gifts on that occasion.

Name of the program : Song Recording and Flash Quiz Competition
Program Date : Jan 25, 2023
Venue : Studio, MES Ponnani College
No of participants : 7

• **NSS ORIENTATION**



 @nssmesphi

ORIENTATION PROGRAM

Resource Person :
Muhammed Noufal A

District Coordinator
NATIONAL SERVICE SCHEME



Tuesday, 31 January
09:30 AM

NATIONAL SERVICE SCHEME
UNIT 28 & 27, MES PONNANI COLLEGE, UNIVERSITY OF CALICUT





PROGRAM SCHEDULE

Welcome Speech : Dr. Asha Neendur (NSS Program Officer)
Presidential Address : Dr. Rajool Shanis (NSS Program Officer)
Inauguration : Dr. Ameera V U (Principal)
Resource Person : Muhammed Noufal A (District Coordinator NSS)
Vote of Thanks : Naseem Shakir A

An orientation program was organized for the NSS volunteers of 2022-2024. The newly NSS volunteers got a chance to interact with Mohammad Noufal A , the district coordinator of national service scheme. The volunteers got the concept about the scheme. They got the purpose of NSS . The primary objective of NSS is to develop the personality and character of the youth through voluntary community service. The newly volunteers got familiarized with the NSS song and NSS clap. They got an opportunity to interact with the other NSS volunteers through various games and tasks. In the inaugural session awards for the Best Campers of NILAV 7 days camp and token of love to the NSS Program officer Dr. Asha Neendur on her achievement in PhD was distributed. Also Camp Report was released.

Name of the program : NSS Orientation
Program Date : Jan 1, 2023
Venue : MSK HALL
Resource Person : Muhammed Noufal A
No of Participants : 107

• VEGETABLE GARDEN

A vegetable garden is an area of land, typically in a backyard or community garden, where vegetables are grown for personal consumption or sale. Vegetable gardens are a great way to grow your own fresh produce and enjoy the benefits of organic, locally sourced food. They are also a fun and rewarding hobby that can provide a sense of accomplishment and satisfaction.

The vegetable garden is being maintained by the NSS volunteers from the month of January onwards. NSS volunteers nurture the garden properly. They pull out the weeds and water it every evening. The green scenery of the vegetable garden is a breathtaking view.

Name of the program : Vegetable Garden Maintaining
Program Date : Jan 1, 2023 onwards
Venue : Department of English, MES Ponnani College

● ACADEMIA HUB



Providing education to students who are economically or socially disadvantaged is a critical step in promoting equal opportunities and creating a more just society. As part of giving a hand to the backward students NSS unit has initiated an education program named “ACADEMIA HUB”.

Academia hub is the name of tuition session conducted by the NSS volunteers for the 8 and 9th grade students of MES High school Ponnani. The volunteers had a beautiful experience where they spent their time with the students from 3:45 - 4:00 pm . The NSS volunteers teach them basic subjects such as Malayalam, English, Hindi and Maths. The NSS volunteers care and share for the future. Developing the personality of the NSS volunteers is the main objective they achieve.

Name of the program : ACADEMIA HUB
Program Date :
Venue : MES Higher Secondary School
No of Volunteers :

- **POSTER MAKING ON WETLANDS DAY**



World Wetlands Day is celebrated on February 2 each year to raise awareness about the importance of wetlands and the need to conserve them. It marks the anniversary of the signing of the Ramsar Convention on Wetlands, an international treaty for the conservation and sustainable use of wetlands, in 1971.

In accordance with world wetlands day, the department of economics and NSS of MES Ponnani college conducted a poster making competition with the aim to raise awareness about the vital role of wetlands. The competition was held in Second year Economics class from 2 pm to 3 30 pm. Fasma Sherin of 1st BSc Physics bagged the first prize and 2nd prize was won by Fathima Lamiya of 2nd BA English.

Name of the program : Poster making on World Wetlands Day
Program Date : Feb 2, 2023
Venue : II Economics Class, MES Ponnani College
No of participants : 5

- **“ASHWASA KIRANAM” FUND COLLECTION ON CANCER DAY**



World Cancer Day is observed every year on February 4 to raise awareness about cancer, its prevention, detection, and treatment. It is an initiative of the Union for International Cancer Control (UICC), a global organization that brings together governments, NGOs, and other stakeholders to reduce the global cancer burden and improve cancer care. The goal of World Cancer Day is to encourage individuals and organizations around the world to take action against cancer by raising awareness, advocating for policies that support cancer prevention and treatment, and supporting cancer patients and their families. By raising awareness about cancer and promoting prevention and early detection, we can reduce the global cancer burden and improve the lives of millions of people affected by this disease.

As a part of observation of world cancer day, NSS of MES PONNANI COLLEGE in association with Revolution college union organized a fund collection for treatment of cancer patients called “Ashwasa Kiranam” on 9th and 10th of February .The fund raised was handed over to principal Dr.Ameera VU later.

Name of the program : Awareness and Fund Collection on Cancer Day
Program Date : February 9,10, 2023
Venue : MES Ponnani College
Amount Collected : 4300
No of volunteers participated :

● BLOOD DONATION CAMP



Blood donation is the act of voluntarily giving blood, which is then used to help others in need. Blood is a vital resource that is used in a variety of medical procedures, including surgeries, organ transplants, and treatment for conditions such as anemia and cancer. Blood donation is a critical aspect of healthcare and can save lives. According to the World Health Organization, approximately 117.4 million blood donations are collected worldwide each year, but there is still a need for more donors in many countries. Regular blood donors are especially valuable, as they can help to ensure a steady supply of blood for those in need.

NSS of MES PONNANI COLLEGE in association with Revolucion College Union conducted a blood donation camp with the motto 'Donate blood for those in need'. The camp was held in the Economics Department at 9:30 am. The students actively participated in the camp and set a new example. Blood donation promotes the value of love and sympathy and helps to build a healthy environment.

Name of the Program : Blood Donation
Program Date : Feb 10, 2023
Platform : Room No 404, MES Ponnani College
No of participants :
No of Donors :
No of units of blood collected :
Associated Partner : Revolucion College Union

● MISSION HIGHER EDUCATION LAUNCH



MISSION HIGHER EDUCATION

Center for Information & Global Initiatives - Research Center

പ്രഖ്യാപനം

കുടുംബശ്രീയുടെ പ്രമുഖ പദ്ധതികളിൽ ഒന്നായ 'മിഷൻ ഹൈ എഡ്യൂക്കേഷൻ' പദ്ധതിയുടെ ഉദ്ദേശ്യം വ്യക്തമാക്കുന്നതിനും പദ്ധതിയുടെ വിശദാംശങ്ങൾ പരിചയപ്പെടുത്തുന്നതിനും കൂടിയാണ് ഈ പ്രഖ്യാപനം. മിഷൻ ഹൈ എഡ്യൂക്കേഷൻ പദ്ധതിയുടെ വിശദാംശങ്ങൾ പരിചയപ്പെടുത്തുന്നതിനും പദ്ധതിയുടെ വിശദാംശങ്ങൾ പരിചയപ്പെടുത്തുന്നതിനും കൂടിയാണ് ഈ പ്രഖ്യാപനം.

ഈ പ്രഖ്യാപനം കൂടിയാണ് 'മിഷൻ ഹൈ എഡ്യൂക്കേഷൻ' പദ്ധതിയുടെ വിശദാംശങ്ങൾ പരിചയപ്പെടുത്തുന്നതിനും പദ്ധതിയുടെ വിശദാംശങ്ങൾ പരിചയപ്പെടുത്തുന്നതിനും കൂടിയാണ് ഈ പ്രഖ്യാപനം. മിഷൻ ഹൈ എഡ്യൂക്കേഷൻ പദ്ധതിയുടെ വിശദാംശങ്ങൾ പരിചയപ്പെടുത്തുന്നതിനും പദ്ധതിയുടെ വിശദാംശങ്ങൾ പരിചയപ്പെടുത്തുന്നതിനും കൂടിയാണ് ഈ പ്രഖ്യാപനം.

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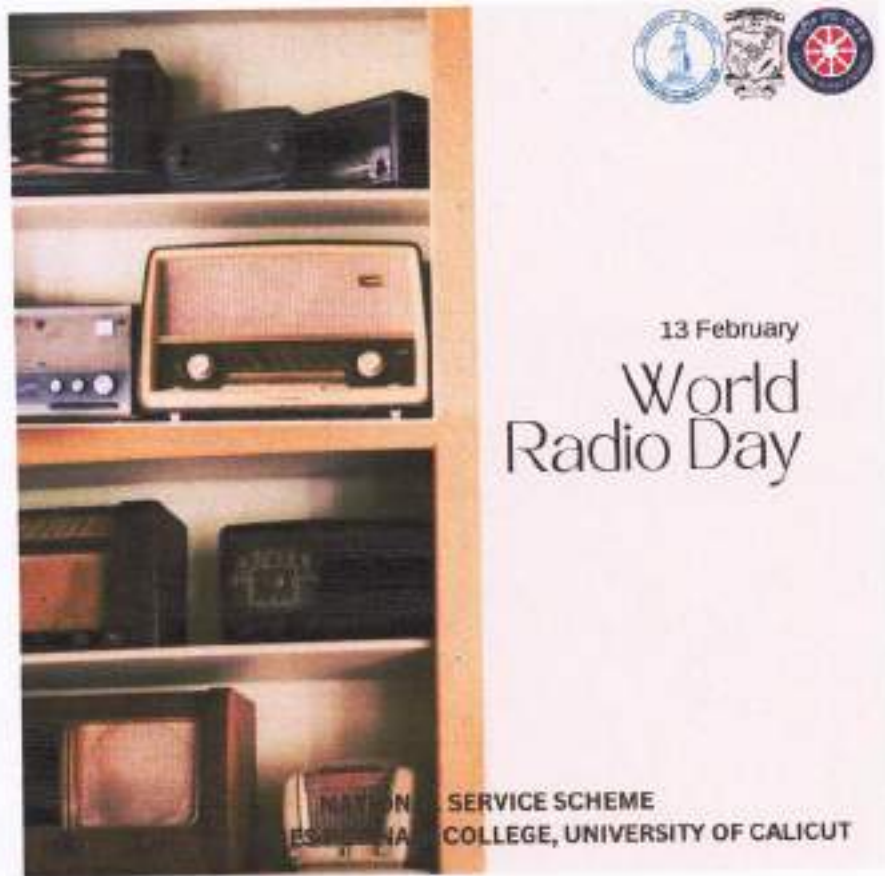
കൂടുതൽ വിവരങ്ങൾക്ക് സന്ദർശിക്കുക: www.missionhighereducation.org

The launch of the Mission Higher Education Project was held on 11 February 2023 at 9am at EK Hall of MES PONNANI COLLEGE. Mission higher education project which was implemented by CIGI Ponnani Chapter in collaboration with Ponnani Taluk Committee is a project that addressed the backwardness of higher education in Ponnani. The initiative also promoted a scheme of provision of admission in reputed institutions.

As a part of the launch, there was a competitive exam for 8th standard students. The exam held after the launch was invigilated by NSS volunteers. There was also an interactive session for students and parents by Shafir Ambatt, an alumni of IIT Madras. It was a lively programme that inspired many high school students.

Name of the Program : Mission Higher Education Launch
Program Date : Feb 11, 2023
Venue : EK HALL
No of volunteers participated :
Associated Partners : CIGI Ponnani Chapter & MES Ponnani

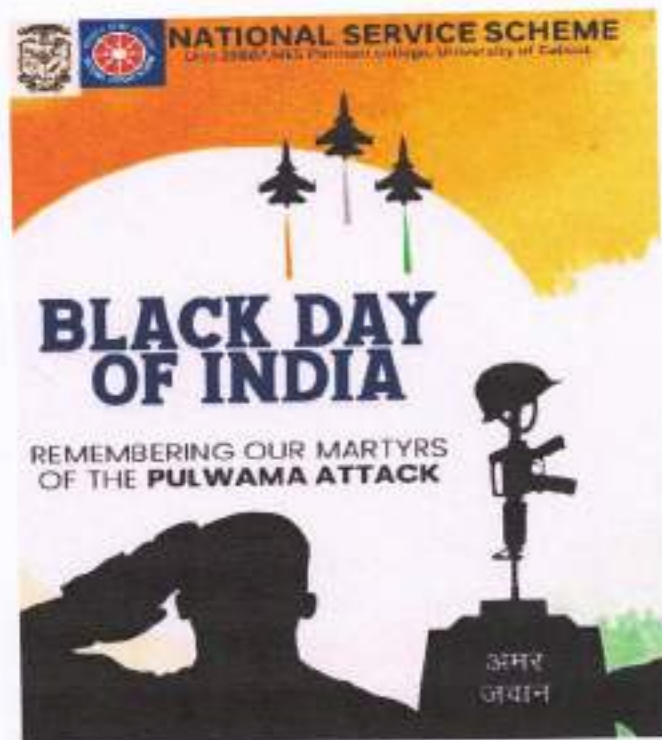
- **RADIO DAY**



World Radio Day is an annual event that is celebrated on February 13 to recognize the importance of radio as a medium of communication, information, and entertainment. It was established by the United Nations Educational, Scientific and Cultural Organization (UNESCO) in 2011 to raise awareness about the value of radio and promote access to information and freedom of expression through this medium. As part of this day a poster was released.

Name of the program : World Radio Day
Program Date : Feb 13, 2023
Platform : Social Media

- **BLACK DAY**



The Pulwama attack, which took place on February 14, 2019, was a terrorist attack on a convoy of Indian security personnel in Pulwama district in the Indian state of Jammu and Kashmir. The attack was carried out by a suicide bomber from the Pakistan-based militant group Jaish-e-Mohammed, who drove an explosive-laden vehicle into the convoy, resulting in the deaths of 40 Indian soldiers.

The attack was widely condemned by the international community, and India took a number of retaliatory measures against Pakistan, including air strikes on a militant training camp in Pakistan's Balakot region. The attack has been called a "black day" in India's history and is a reminder of the ongoing conflict between India and Pakistan over the disputed region of Jammu and Kashmir. NSS of MES Ponnani College observed 'Black day' on 14 February in connection with the brutal Pulwama Attack.

Name of the program : Remembering Pulwama Attack
Program Date : Feb 14, 2023
Platform : Social Media

- **TRAINING ON GRACE MARK ENTRY AT CALICUT UNIVERSITY**



PROGRAM SCHEDULE

Welcome : Dr. Sony T.L

Inauguration : Dr. Ummer (PRO VC)

As part of the technical development in calicut university , University has decided to make the grace mark entry for the NSS volunteers via University students portal. As a training to the volunteers 2 volunteers were assigned to attend the training program from each unit at Senate House, Calicut university. The program was inaugurated by Calicut university PRO VC and session was handled by the HoD of Computer Science Department, University of Calicut. Naseem Shakir and Mohammed Nihal attended the training program.

Name of the Program : NSS Grace Mark Entry Training
Program Date : Feb 15, 2023
Venue : Senate House, University of Calicut
No of Volunteers Participated : 02

- **VOLUNTEERING AT KAPPA FEST AND VIPANANA MELA AT CALICUT UNIVERSITY UNDER NSS**



In connection with making Calicut university green, the NSS department in association with NSS units of calicut university had made a tapioca plantation in university. After the harvest Kappa fest and sale was conducted at the students trap, University of calicut on February 15, 2022. Naseem Shakir and Mohammed Nihad had volunteered in this program.

Name of the program : Volunteering at Kappa Fest and Sale
Program Date : Feb 15, 2023
Venue : Students Trap, University of Calicut
No of volunteers participated : 02

● TALK ON REDEFINING MOTHERHOOD



PROGRAM SCHEDULE

Welcome : Dr. Sameera Haneef

Coordinator : Nida Zainah

Vote of Thanks : Dr. Asha Neendur

Nowadays definition of motherhood has been a topic of debate in Kerala with the news of Trans couples Sahad and Siya. With the giving of birth to a child by a trans man there has been a talk of this matter. As part of the Gender Neutral Campus our units in association with NIRBHAYA women cell conducted a discussion on "Redefining Motherhood" on 20th of February 2023.

Name of the Program : Talk on Redefining Motherhood
Program Date : Feb 20, 2023
Venue : Conference Hall
Associated Partner : NIRBHAYA Women Cell
No of participants : 50

- **CAPTION WRITING COMPETITION ON MOTHER LANGUAGE DAY**

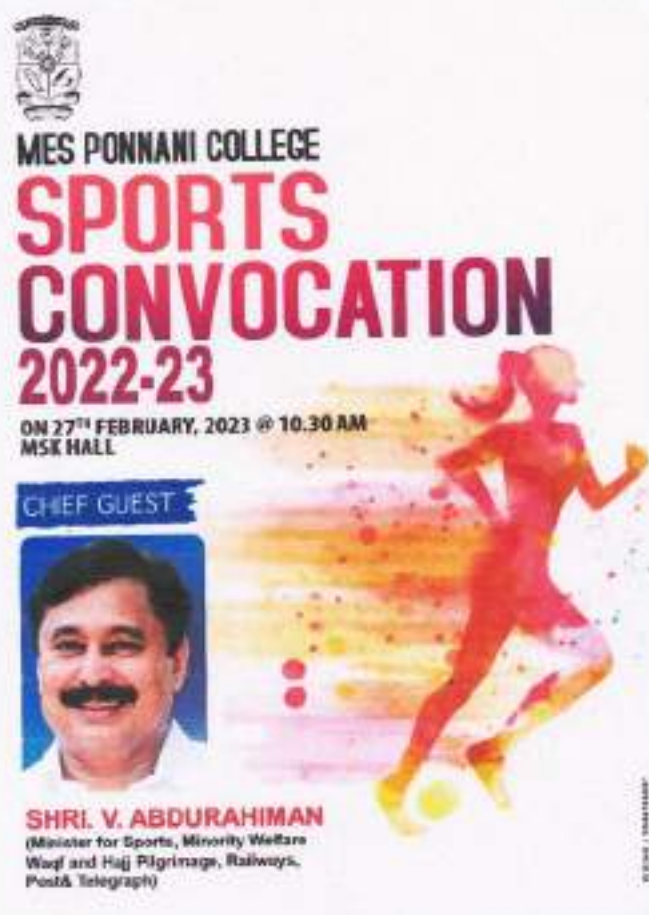


International Mother Language Day is celebrated on February 21st every year to promote linguistic and cultural diversity and to encourage multilingualism. The day was established by the United Nations Educational, Scientific, and Cultural Organization (UNESCO) in 1999. The aim of International Mother Language Day is to promote awareness of linguistic and cultural diversity and to encourage people to appreciate and respect the various languages spoken around the world. The day also highlights the importance of preserving and protecting endangered languages. The goal of International Mother Language Day is to raise awareness of the importance of linguistic and cultural diversity and to promote multilingualism as a means of promoting understanding and respect among different linguistic and cultural communities. By celebrating the diversity of languages and cultures, we can promote greater understanding, tolerance, and harmony in our communities and around the world.

NSS of MES PONNANI COLLEGE in connection with the observation of international mother language day conducted a caption writing competition online. The aim of observation of this day is to promote linguistic and cultural ethnicities of the world. Entries were open from February 22 9.30am to 3.30pm. Ramees from 1st Year BA Economics bagged the first prize.

Name of the Program : Online Caption Writing Competition
Program Date : Feb 22, 2023
Platform : Social Media
No of Participants : 10

● VOLUNTEERING ON SPORTS CONVOCATION



Program Schedule

Venue: MSK Hall, MES Ponnani.

Time: 10am

Welcome: Dr. Ameera VU (Principal, MES Ponnani College)

Presidential address: Mr. OC Salahuddeen (Treasurer, MES, Kerala)

Inauguration: Shri. V Abdurahiman

(Minister of sports, minority welfare, waqf and Hajj pilgrimage, Railway, Post and Telegraph)

Prize distribution: Shri. V. Abdurahiman

Felicitations: Prof. Mohammed Sadir kadri (Secretary correspondent)

Mr. Riyas KM (Secretary, staff club)

Mr. Savad (Union chairman)

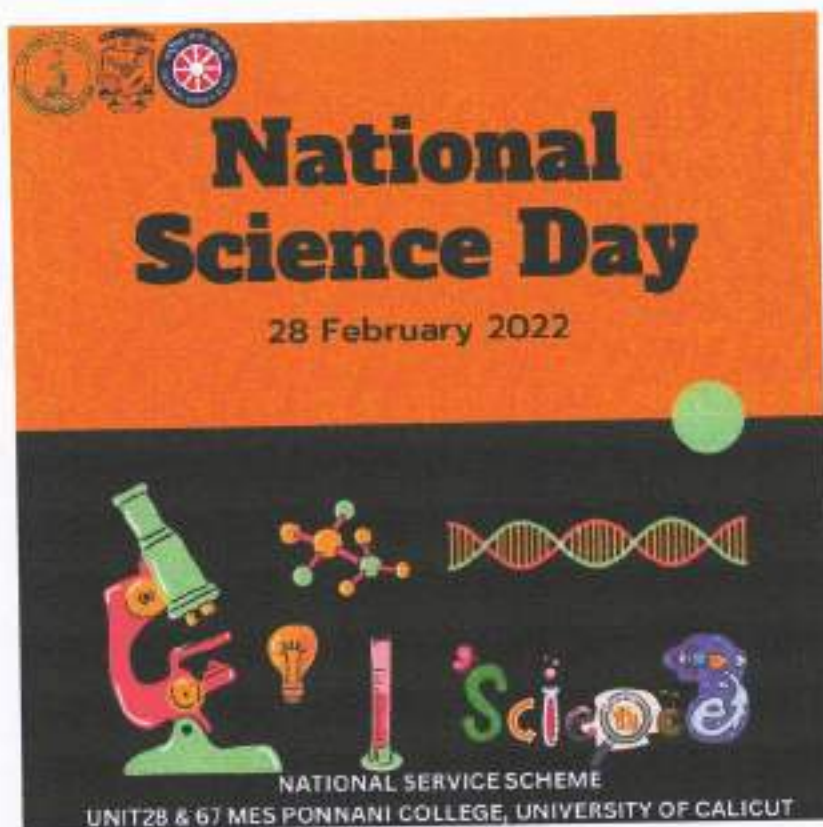
Vote of thanks: Mr Akbar K (HoD, physical education Department)

MES PONNANI COLLEGE conducted sports Convocation 2022-23 to honor the students for their outstanding performance in sports field. The Honourable Sports minister Sri. V Abdurahiman handed over awards to the athletes. Outstanding members of NCC and NSS also received awards in the ceremony. Gopika PV who got gold medal in obstacles training from Thal Sainik Camp 2022 Delhi was awarded for her achievement. Mohammed Nihal CP who attended the National Youth Festival, Nidha Zainab and Mohammad Shibal who attended National Integration Camp at Bangalore and Wayanad respectively were also honored during the ceremony

Students and NSS volunteers actively participated in the ceremony.100 NSS volunteers attended the program.The entire programme was a model of discipline exhibited by the volunteers.

Name of the Program : Sports Convocation
Program Date : Feb 27, 2023
Venue : MSK HALL
No of Participants : 192

- **NATIONAL SCIENCE DAY**



National Science Day is celebrated in India on February 28th each year to commemorate the discovery of the Raman effect by the Indian physicist Sir C.V. Raman in 1928. The day is observed to promote scientific temper in the country and to encourage scientific and technological developments. The goal of National Science Day is to inspire and motivate people to engage with science and technology and to promote scientific thinking in society. By encouraging scientific research and innovation, India can continue to make significant contributions to the world of science and technology and address the challenges facing the nation and the world. As part of this day a poster was released.

Name of the program : National Science Day
Program Date : Feb 28, 2023
Platform : Social Media

- **ASAAD SENA MEETING**



ASAAD SENA is formed in order to promote social awareness and for the anti narcotic movement. Training for the NSS program officers was conducted at Thrikkannapuram.

Name of the Program : ASAAD SENA meeting
Program Date : Mar 1, 2023
Venue : Thrikkannapuram
Attended Member : Dr. Asha Neendur

- **WORLD HEARING DAY RALLY**



World Hearing Day is observed on March 3rd every year to raise awareness about hearing loss and to promote ear and hearing care. In the context of World Hearing Day, a rally can be organized to raise awareness about hearing loss and to advocate for policies that promote ear and hearing care. In connection with world hearing day a rally was conducted in association with Ponnani taluk hospital. The goal of the rally on World Hearing Day is to draw attention to the importance of hearing health and to advocate for policies and initiatives that support hearing health. Rallies can be a powerful way to engage the public, raise awareness about important issues, and encourage action.

Name of the Program : World Hearing Day Rally
Program Date : Mar 3, 2023
Venue : Ponnani
No of Participants : 84

● HB SCREENING AND AWARENESS CLASS ON OBESITY DAY



PROGRAM SCHEDULE

Welcome : Dr. Asha Neendur

Presidential Address : Dr. Rajool Shanis

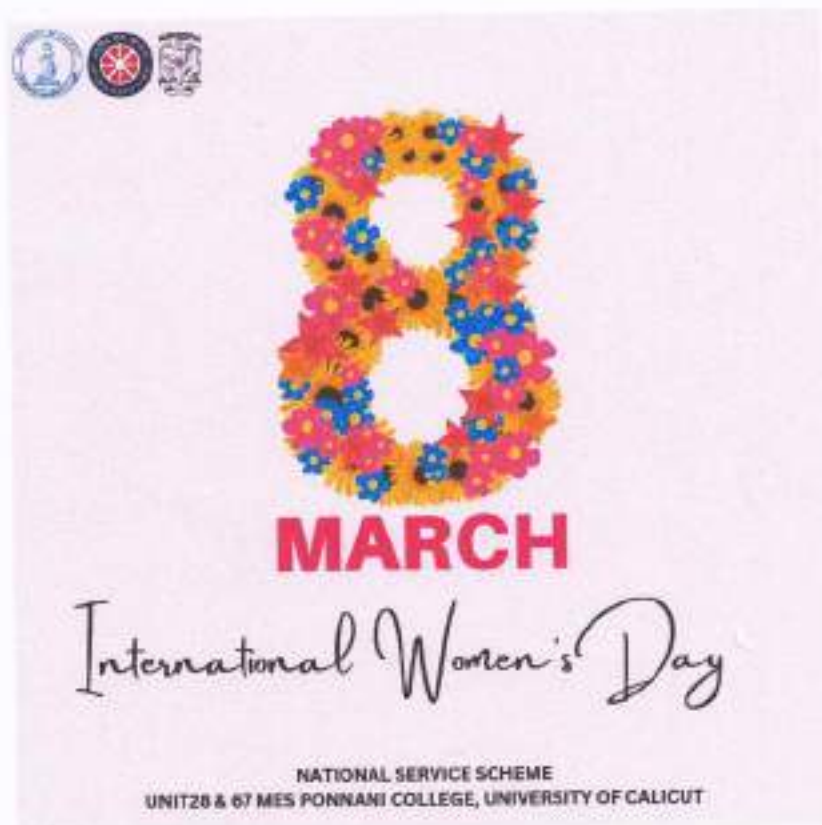
Resource Person : Fariya Sanam (Dietitian)

Vote of Thanks : Sana Aboobacker

World Obesity Day is observed on March 4th each year to raise awareness about the global obesity epidemic and to promote actions to prevent and manage obesity. The goal of these activities is to encourage people to make healthy lifestyle changes, such as eating a balanced diet, engaging in regular physical activity, and getting enough sleep. They also aim to raise awareness about the importance of preventing and managing obesity through a holistic approach that involves changes at the individual, community, and policy levels. As part of this in association with Ponnani Taluk Hospital HB Screening and Awareness Class was conducted.

Name of the program : HB Screening and Awareness Class
Program Date : Mar 6, 2023
Venue : MSK HALL
Resource Person : Fariya Sanam
No of Participants : 60

- **WOMEN'S DAY**



International Women's Day (IWD) is observed on March 8th every year to celebrate the social, economic, cultural, and political achievements of women around the world. It is also a day to raise awareness about gender equality and women's rights. International Women's Day is also a time to reflect on the progress that has been made towards gender equality, and to recognize the work that still needs to be done. It is a day to raise awareness about issues such as violence against women, unequal pay, and limited access to education and healthcare, and to advocate for change. As part of this day a poster was released.

Name of the program : International Womens Day
Program Date : Mar 8, 2023
Platform : Social Media

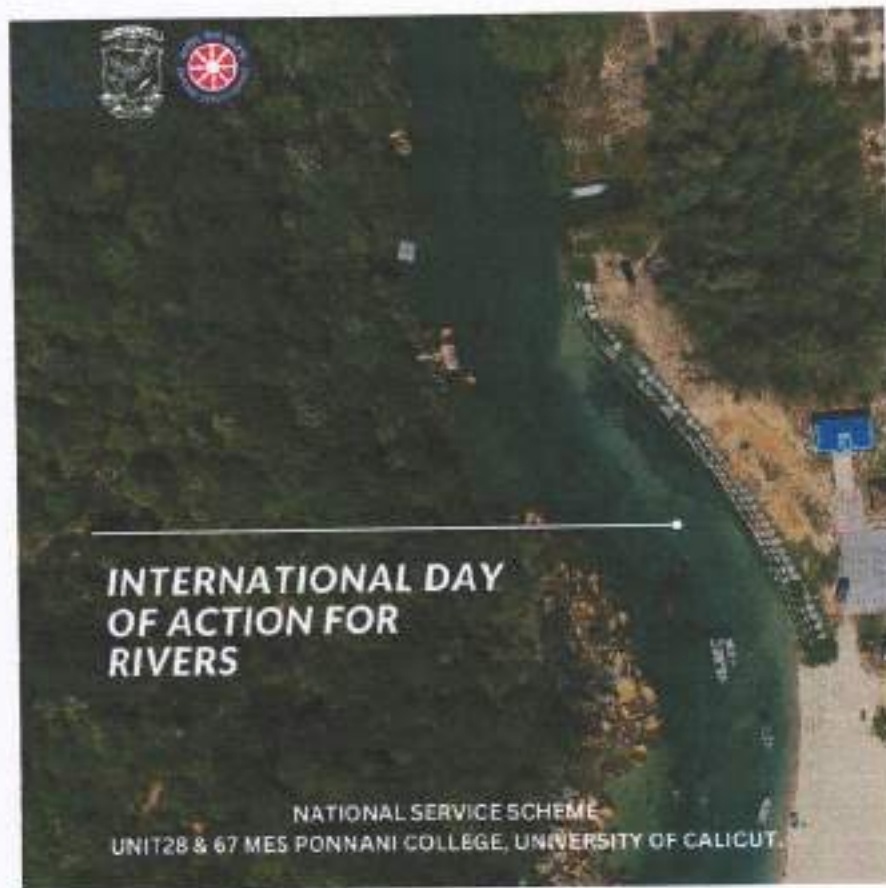
● **CANCER FUND HANDOVERING**



As part of Cancer day NSS in association with College union had collected fund for a cancer patient. Handovering of the fund collected was done on March 10. NSS volunteers handed over the collected fund to College Principal Dr. Ameera V.U at Principal Cabin

Name of the Program : Cancer Fund Handovering
Program Date : Mar 10, 2023
Venue : Principal Cabin
No of Participants : 10

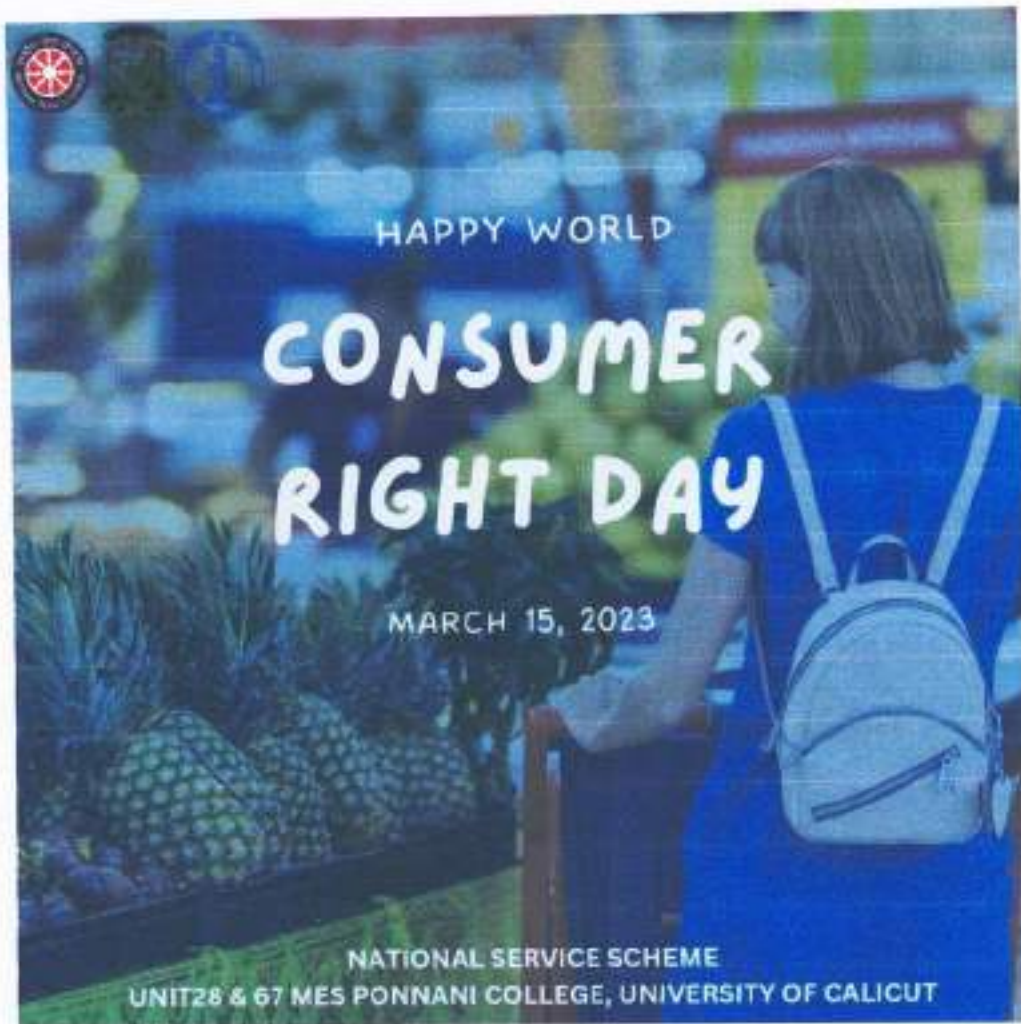
- **ACTION FOR RIVERS DAY**



The International Day of Action for Rivers is an annual event that is observed on March 14th. It is a day for people all over the world to come together to celebrate the importance of rivers and to advocate for their protection and conservation. The International Day of Action for Rivers also provides an opportunity for people to demand action from governments and corporations to protect rivers from pollution, over-extraction, and other threats. It is a day to celebrate the beauty and diversity of rivers, and to come together to ensure that they remain healthy and flowing for generations to come. As part of this day a poster was released.

Name of the program : ACTION FOR RIVERS DAY
Program Date : Mar 14, 2023
Platform : Social Media

- **CONSUMER RIGHTS DAY**



Consumer Rights Day is a day that is observed annually on March 15th to raise awareness about consumer rights and promote the importance of consumer protection. It is a day for consumers to reflect on their rights and responsibilities and for governments and organizations to renew their commitment to protecting consumer rights. As part of this day a poster was released.

Name of the program : Consumer Rights Day
Program Date : Mar 15, 2023
Platform : Social Media

● YOUTH PARLIAMENT



The Malappuram District Level Neighbourhood Youth Parliament 2023, organized by Nehru Yuva Kendra, Malappuram in association with Mudra Educational and Charitable Foundation, was held on March 18 (Saturday) 2023 at the Eventive Hall, Perinthalmanna.

The DLNYP helps to give space to discuss, understand and explore the various issues underlining in development and assure quality deliberations from experienced delegates. Mudra and NYK put forth the youth to the national building process diligently. The program is enriched by the presence of distinguished faculties from the political and cultural sphere of Kerala.

Shri. Njacob Kanthapuram MLA inaugurated the session in the presence of Shaji (Perinthalmanna Municipality Chairman). Eminent personalities like Murali Thummarakudy, Hareesh Vasudevan, Aparna Sen and Sreedanya Suresh IAS talked to participants in their respective fields. Four NSS Volunteers attended this program.

Name of the Program : Youth Parliament
Program Date : Mar 18, 2023
Venue : Eventive Convention Center, Perinthalmanna
No of Participants : 4

- ORAL HYGIENE AWARENESS CLASS AND ORAL HEALTH KIT DISTRIBUTION



PROGRAM SCHEDULE

Welcome : Dr. Asha Neendur

Presidential Address : Dr. Bini

Inauguration : Salahudheen (PRO, Taluk Hospital)

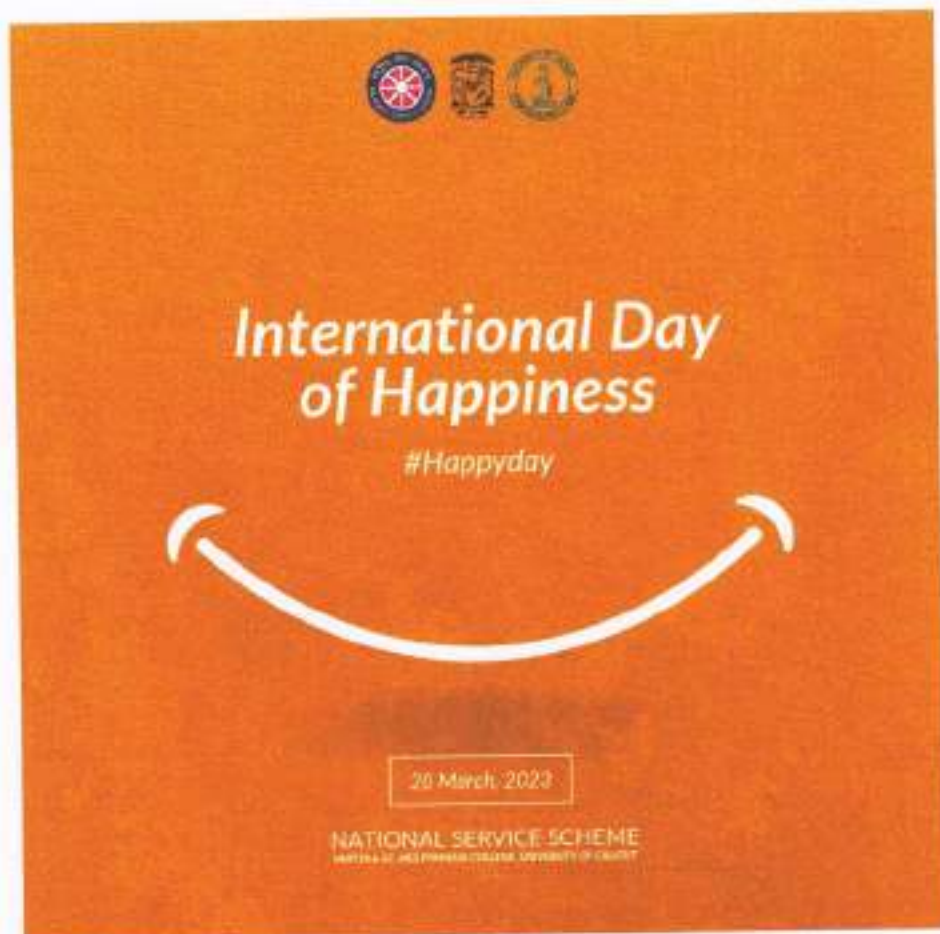
Resource Person : Dr. Ramseena

Vote of Thanks : Naseem Shakir A

An awareness class and distribution of dental health kits was organized on March 20 in association with Ponnani Taluk Hospital on the occasion of World Dental Health Day. Taluk Hospital PRO Salahuddin inaugurated the program held at the seminar hall of MES Ponnani College. Dr. Bini presided and dental hygienist Ramseena conducted the awareness class. Dental Health Kit Distribution was inaugurated by handovering the kits to NSS Program Officer Dr. Asha Neendur. Dr. Sharnya, Dr. Rahmath and others participated in this program.

Name of the program : ORAL HYGIENE AWARENESS CLASS AND ORAL HEALTH KIT DISTRIBUTION
Program Date : Mar 20, 2023
Venue : Seminar Hall
Inauguration : Salahudheen
Resource Person : Dr. Ramseena
No of Participants : 58

- **INTERNATIONAL DAY OF HAPPINESS**



The International Day of Happiness is celebrated every year on March 20th to promote happiness and well-being as fundamental human goals. The day was first observed in 2013 after the United Nations General Assembly adopted a resolution recognizing the importance of happiness as a "fundamental human goal." The goal of the International Day of Happiness is to promote happiness and well-being as fundamental human goals, and to encourage people to take action to promote these goals in their own lives and in their communities. By promoting happiness and well-being, we can create a more compassionate, peaceful, and sustainable world for everyone.

Name of the program : International Day of Happiness
Program Date : Mar 20, 2023
Platform : Social Media

- **GENERAL MEETING ON SNEHAVEEDU 2.0**



PROGRAM SCHEDULE

NSS Geetham : Mohammed Nihal C.P

Welcome : Nidha Zainab N

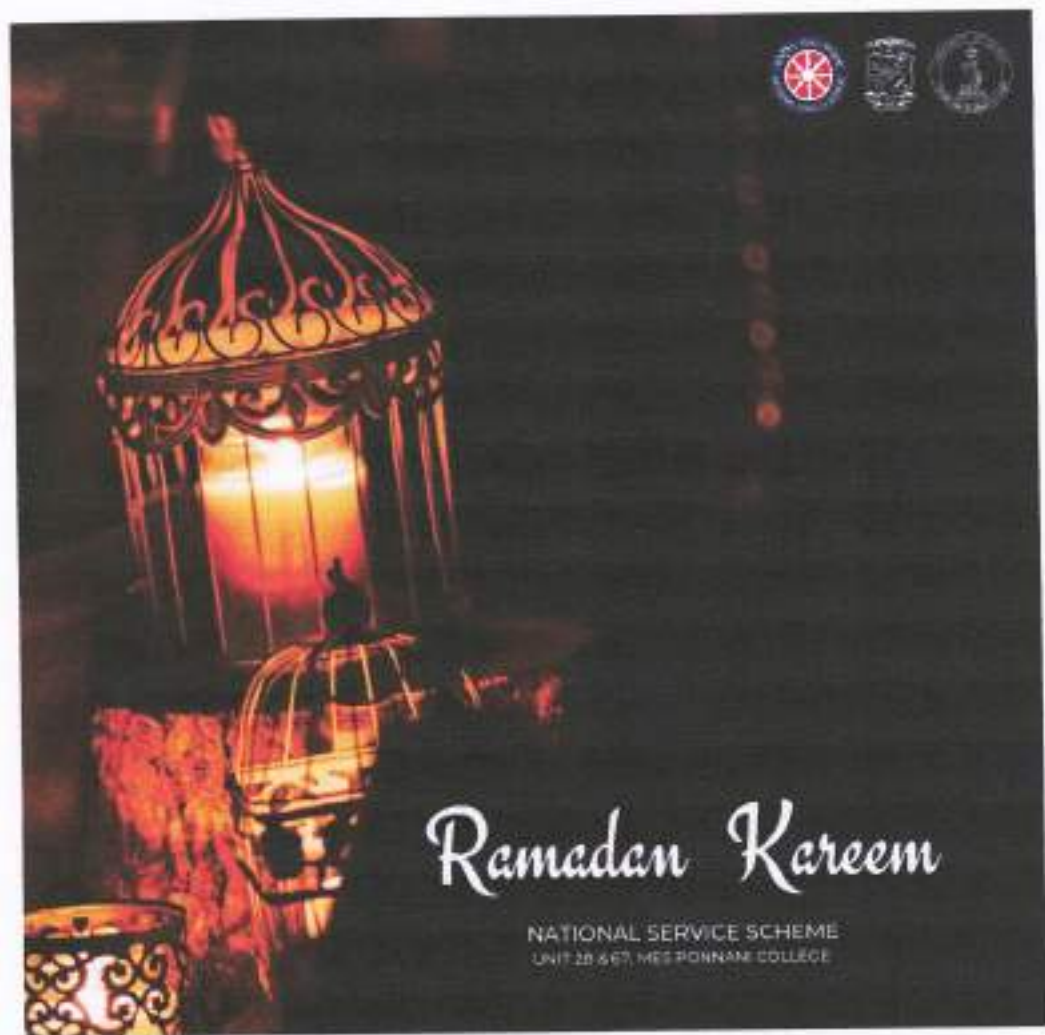
Presidential Address : Sana Abbobacker

Vote of Thanks : Mohammed Farhan K K

Creating a home for the homeless is a noble and worthwhile project that can make a significant difference in the lives of those who are experiencing homelessness. Last year our units were able to make a home for a family with the name Sneha Veedu. As a continuation of that project a general meeting was conducted. NSS Joint Secretary Naseem Shakir A gave the Instructions and Sinan of BSc Zoology was selected as coordinator of this Project SnehaVeedu 2.0 and Naseem as Chief Coordinator.

Name of the Program : General Meeting on SnehaVeedu 2.0
Program Date : Mar 21, 2023
Venue : Debate Corner
No of Participants : 107

- **RAMADAN KAREEM**



Ramadan is a holy month in the Islamic calendar, during which Muslims around the world observe fasting, prayer, and spiritual reflection. The exact date of Ramadan varies each year, as it follows the lunar calendar and begins with the sighting of the new moon. The purpose of fasting is to practice self-discipline, strengthen one's faith, and gain a greater understanding of the struggles faced by those who are less fortunate. It is also a time for charitable giving and acts of kindness towards others. The Ramadan Greeting poster was released.

Name of the program : Ramadan Greetings
Program Date : Mar 23, 2023
Platform : Social Media

● ASAAD SENA FORMATION AND MEETING



PROGRAM SCHEDULE

Welcome : Dr. Asha Neendur (NSS Program Officer)

Presidential Address : Dr. Sameera Haneef (Women Cell Coordinator)

Inauguration : Dr. Ameera V.U (Principal)

Training : Limseer Ali P A (SQC Coordinator)

Vote Of Thanks : Sana Aboobacker

As part of the state government's anti-drug activities, ASAAD Sena was formed at ponnani MES College in the presence of college principal Dr. Ameera V.U. Welcome Speech was done by NSS Programme Officer Dr. Asha Neendur . Program was presided by Nirbhaya Women Cell Coordinator Dr. Sameera Haneef. This Sena Consisted of 20 Volunteers from NSS and Nirbhaya Women Cell. ASAAD SENA is formed in association with NSS, Anti-Narcotic Cell and SQC. The first training for the SENA volunteers was conducted at College Conference Hall. This SENA was formed inorder to develop the students with social commitment. SQC Coordinator Limseer Ali, Dr. Rajool Shanis, Raheena participated in this formation program. Vote of thanks was done by SENA Coordinator Sana Abbobacker.

Name of the Program : ASAAD SENA formation and Meeting
Program Date : Mar 27, 2023
Venue : Conference Hall
Inauguration : Dr. Ameera V.U
Resource Person : Limseer Ali P A
No of Volunteers participated : 20

- **THEATRE DAY**



27th March

THEATRE

Where imagination comes to life

NATIONAL SERVICE SCHEME
UNIT28 & 67MES PONNANI COLLEGE, UNIVERSITY OF CALICUT

World Theatre Day is celebrated annually on March 27th to promote the importance of theater and its contribution to society. It is a day for artists, theater professionals, and enthusiasts to celebrate the art form and its role in promoting cultural diversity and social harmony. Theatre has been an integral part of human civilization for thousands of years, and World Theatre Day was established in 1961 by the International Theatre Institute to recognize the cultural and social significance of theater. It is celebrated in many countries around the world through a variety of events, performances, and workshops. It is also a time to honor the work of actors, directors, playwrights, designers, and other theater professionals who work tirelessly to bring the art of theater to life.

World Theatre Day is an opportunity to celebrate the rich history and cultural diversity of theater and to acknowledge its important role in promoting understanding, empathy, and social change. As part of this day, a poster was released.

Name of the program : World Theatre Day
Program Date : March 27, 2023
Platform : Social Media

INDIAN ARMED FORCES FLAG DAY



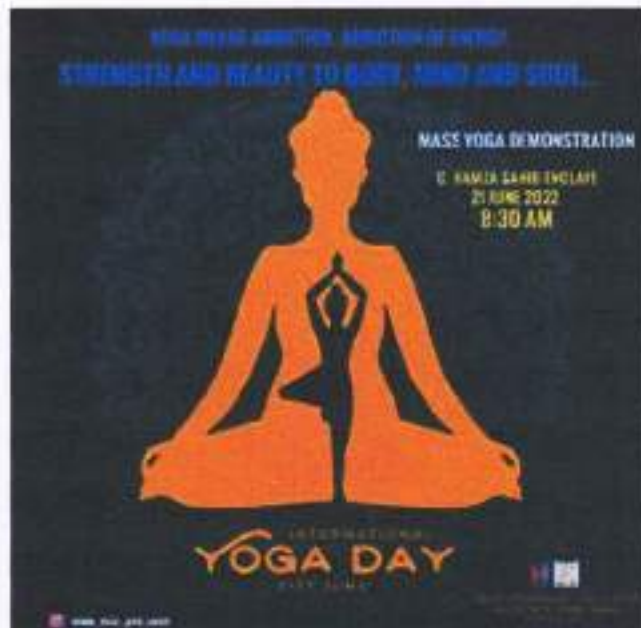
The Armed Forces Flag Day or the Flag Day of India is a day dedicated to honouring the soldiers and veterans of India's armed forces. It has been observed annually in India on December 7 since 1949. Flag Day gains more significance as it considers that it is the responsibility of the civilian population of India to take care of the families and dependents of the armed forces personnel who fight for the country. Let us Celebrate the Courage, Valour, and Sacrifice of Our Armed Forces. On this day, the NCC unit of MES Ponnani College prepared a poster and conveyed the importance of the day to the students.

IMPORTANT DAYS OBSERVATION

NCC MES Ponnani College observed nationally and internationally important days like World Blood Donor Day on June 14, 2022, Autistic Pride Day on June 18, 2022, World Refugee Day June 20, 2022, International Olympic Day on June 23 and Drug Abuse Day on June 26, 2022.

JUNE 21, 2022

INTERNATIONAL YOGA DAY



International Yoga Day was observed on 21st June 2022 to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice which plays an important role in relaxing the mind and body and boosting people's immune system. On this day, NCC Unit MES Ponnani College celebrated International Yoga Day. Principal Dr. Ameera VU inaugurated the Yoga programme and ANO Dr. Thoufeeq Rahman delivered a welcome address. UO Sreelakshmi demonstrated the Yoga and practiced by all the cadets.



UO Sreelakshmi demonstrating the Yoga to the cadets

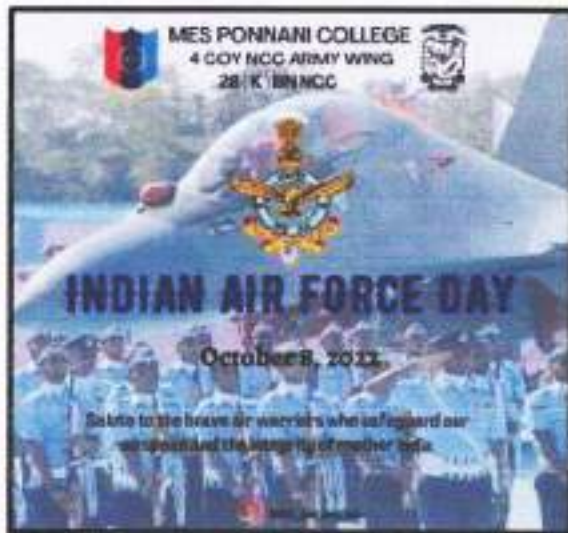
CHRISTMAS CELEBRATION

NCC MES Ponnani College celebrated Christmas and Dr. VU Ameera, principal greeted the cadets, and we enjoyed a cake-cutting ceremony. It was surely a delightful and memorable experience.



OCTOBER-8

INDIAN AIRFORCE DAY



Let's salute the legends of the sky who safeguard the nation from up there and take it to greater heights. On this day, the MES Ponnani College NCC unit prepared a poster and conveyed the messages to the students.

OCTOBER-29

PARADE

A parade was conducted. Both senior wings and senior division cadets of second and third years participated. It was surely a good and delightful experience. They could learn many more new things through this parade.

OCTOBER-31

NATIONAL UNITY DAY



Related to National Unity Day, the NCC Unit of MES PONNANI COLLEGE conducted a unity run including all Senior Divisions and Senior Wings in the unit. There was an awareness class given by ANO Lt. Dr Thoufeeq Rahman and the cultural programs were conducted mostly including first-year cadets. The Unity run was conducted and it was flagged off by the principal Dr V. U. Amcera.



OCTOBER-24

DIWALI



Diwali is also known as the festival of lights. The day of light wishes all shine like sparkles. Let the light lead you to your better self. On this beautiful day, the NCC unit of MES Ponnani College prepared a poster that symbolises the joy and happiness of the students. MES Ponnani College NCC unit conducted a photography contest related to diwali for all students.

SEPTEMBER 2022

SEPTEMBER-5

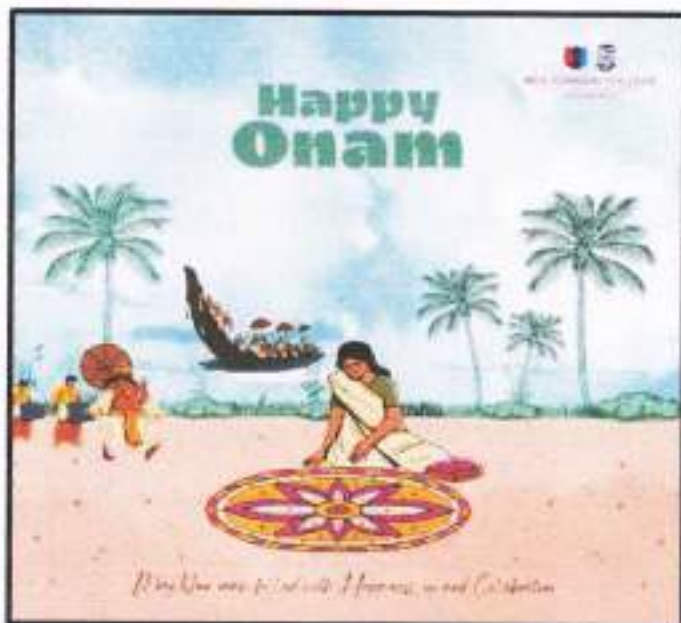
TEACHER'S DAY



On 5th September every year Teachers' Day is celebrated to show our gratitude for the efforts and service of teachers. It is the birth anniversary of Dr.Sarvepalli Radhakrishnan, who was India's first Vice President and the Second President of India. On this day, the MES Ponnani College NCC Unit prepared a poster and conducted a campaign among the students.

SEPTEMBER-8

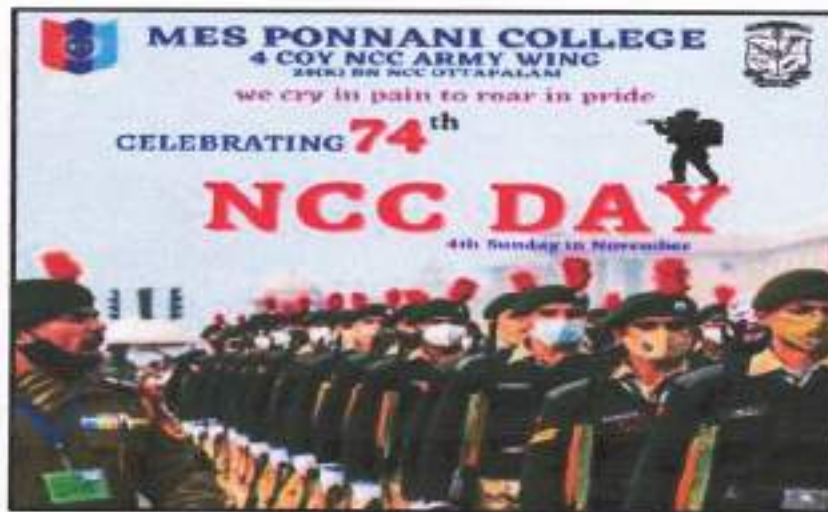
HAPPY ONAM



Onam is the most popular festival of Kerala. It is celebrated with joy and enthusiasm all over the state, regardless of religion, caste or creed. On this beautiful day, the NCC unit of MES Ponnani College prepared a poster that symbolises the joy and happiness to the students.

27 NOVEMBER 2022

On 27th November 2022, NCC MES Ponnani College Unit celebrated 74th NCC Day with various programmes which conveying the importance of NCC among students. Our cadets took this day as an opportunity to clean the premises of Kavimuttam and its surroundings. Cadets cleaned all the statues in cooperating with natives of Kollanpadi area. Mr. Balakrishnan Ponnani, Coordinator of Haritha Mission, Malappuram District inaugurated cleaning programme and delivered a speech on importance of cleanliness and waste management. The cadets cleaned the 'Kavimuttam readers park and the surrounding areas. Our Unit also organized a hygiene awareness rally at Ponnani.



DECEMBER -8



On the behalf of Indian Armed Forces Flag Day, the NCC unit of MES Ponnani College conducted many programs. There was an awareness class by seniors on the topic of Flag Day. An awareness-raising film presentation was held at MSK Hall for college students. At 3.30 PM, a flash mob was also conducted by NCC cadets regarding the importance of Flag Day at the Portico of MES Ponnani College.



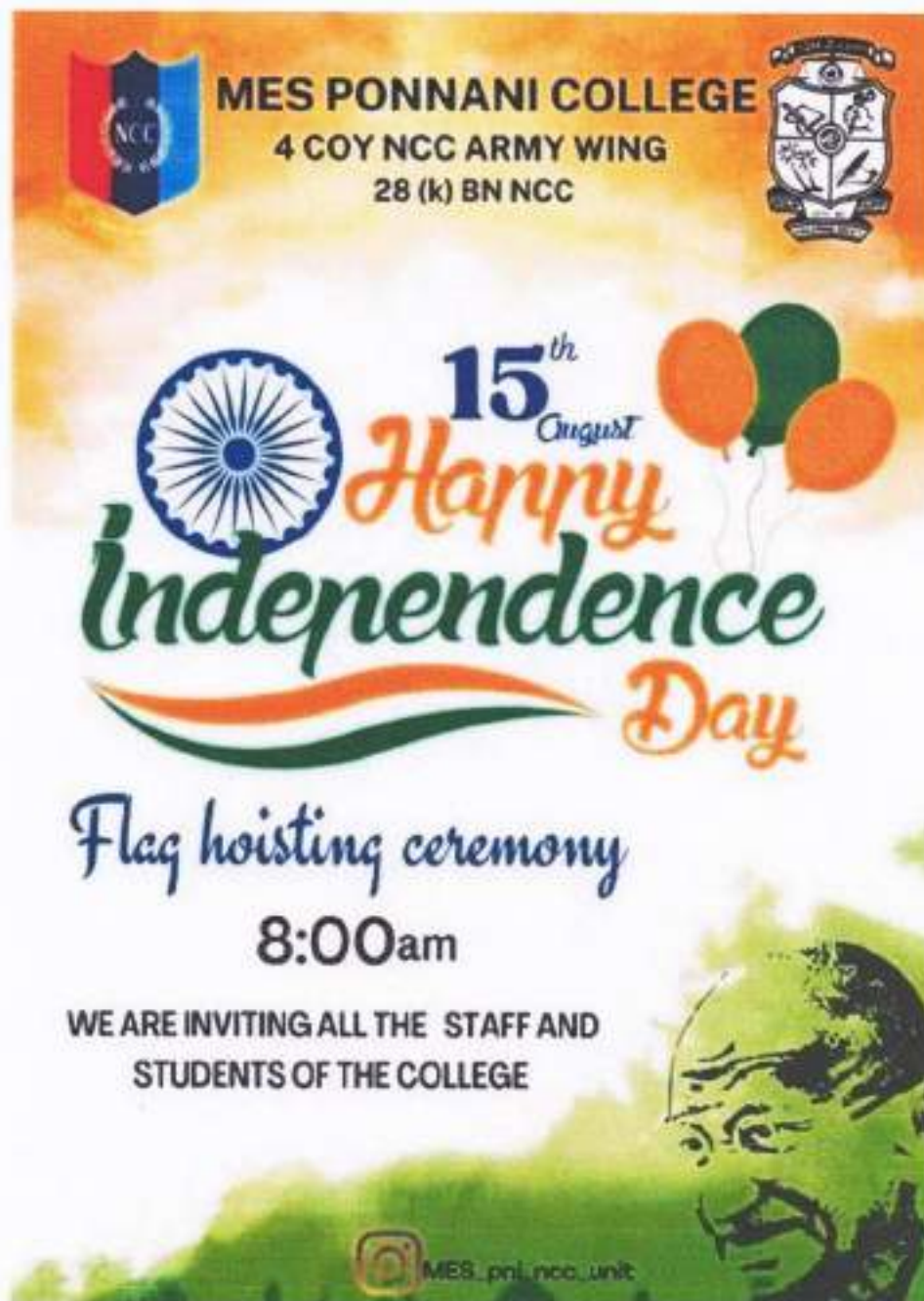
August 11

The MES Ponnani NCC unit, on the 2nd day of the 3-Day presentation program on the behalf of Aazadi Ka Amrit Mahotsav as part of the 75th anniversary of independence. The presentation was on the topic, 'History of Indian National Flag', the campus NCC unit organized events and the Cadets engaged, provided their best input on these topics, and made presentations on the college campus.

AUGUST 15

INDEPENDENCE DAY

On 15th August 2022, Independence Day was celebrated with great joy and by conducting programmes related to it. The program started by hosting the flag by the Principal and all the senior teachers with the national anthem at 8:00 am. This was followed by a rally after distributing sweets to all the cadets and different types of cultural events were presented by the NCC cadets. After that, a parade was organised and our principal also gave a motivational and patriotic speech on the history of Independence Day under the leadership of the NCC Unit of MES Ponnani College.



The poster features a warm orange and yellow background. At the top left is the NCC logo, and at the top right is the MES Ponnani College crest. The central text reads 'MES PONNANI COLLEGE' in bold black letters, followed by '4 COY NCC ARMY WING' and '28 (K) BN NCC'. Below this, the date '15th August' is written in a stylized font, with 'Happy' in orange and 'Independence Day' in green and orange. To the left of the date is the Ashoka Chakra, and to the right are three balloons (orange, green, orange). Below the main text, it says 'Flag hoisting ceremony' and '8:00am' in a cursive font. At the bottom, it states 'WE ARE INVITING ALL THE STAFF AND STUDENTS OF THE COLLEGE'. In the bottom right corner, there is a portrait of Mahatma Gandhi. At the very bottom center, there is an Instagram icon and the handle '@MES_pni_ncc_unit'.

MES PONNANI COLLEGE
4 COY NCC ARMY WING
28 (K) BN NCC

15th August
Happy
Independence
Day

Flag hoisting ceremony
8:00am

WE ARE INVITING ALL THE STAFF AND
STUDENTS OF THE COLLEGE

MES_pni_ncc_unit

August 12

TMES Ponnani NCC Unit made a flawless ending on the 3rd and last day of the presentation program conducted on behalf of Aazadi Ka Amrit Mahotsav as part of the 75th Anniversary of independence. The subject of the day was 'Unsung Heroes', Cadets engaged and provided their best input on these topics, and made presentations on the college campus




PARLIAMENTARY CLUB
in association with
DEPARTMENT OF HISTORY

THE IMPORTANCE OF MEDIA FREEDOM TO DEMOCRACY,
PEACE AND DELIVERING ON
THE SUSTAINABLE DEVELOPMENT GOALS



VIMAL KOTTAKKAL
(Senior Reporter, Mathrubhumi,
President, Press Club
Malappuram)

MES PONNANI COLLEGE

 @ msk hall 10 am



MES Ponnani College
Report of
Celebration of International Day of Democracy.

The Parliamentary Literacy Club in association with Department of History, conducted a talk on 'The Importance of Media Freedom to Democracy, Peace and Delivering on the Sustainable Development Goals' as part of observing International Day of Democracy at MES Ponnani College, MSK Hall On 15th September 2022 at 10 AM.

Mr. V.P Saidalavi (Coordinator, Parliamentary Literacy Club), welcomed the gathering. The Presidential address was given by Dr. V U Ameera (Principal, MES Ponnani College). Mr. Vimal Kottakkal (Senior Reporter, Mathrubhumi News & President, Press Club Malappuram) has inaugurated the function and given the Lecture on 'The Importance of Media Freedom to Democracy, Peace and Delivering on the Sustainable Development Goals'.

Sri. KM Riyas (Secretary, Staff club) Dr. Jayaram P (President IIC) Sri. Safaras Ali (Assistant Professor) Sri. Amal (Assistant Professor) has given the felicitations.

Dr. Musfir Mehaboob (Joint coordinator, Parliamentary Literacy Club) proposed the vote of thanks. Students, and teachers and Non Teaching Staffs from MES Ponnani College participated in the session.

Ponnani
15/09/2022

Yours Faithfully
V P Saidalavi
Coordinator
Parliamentary Literacy Club

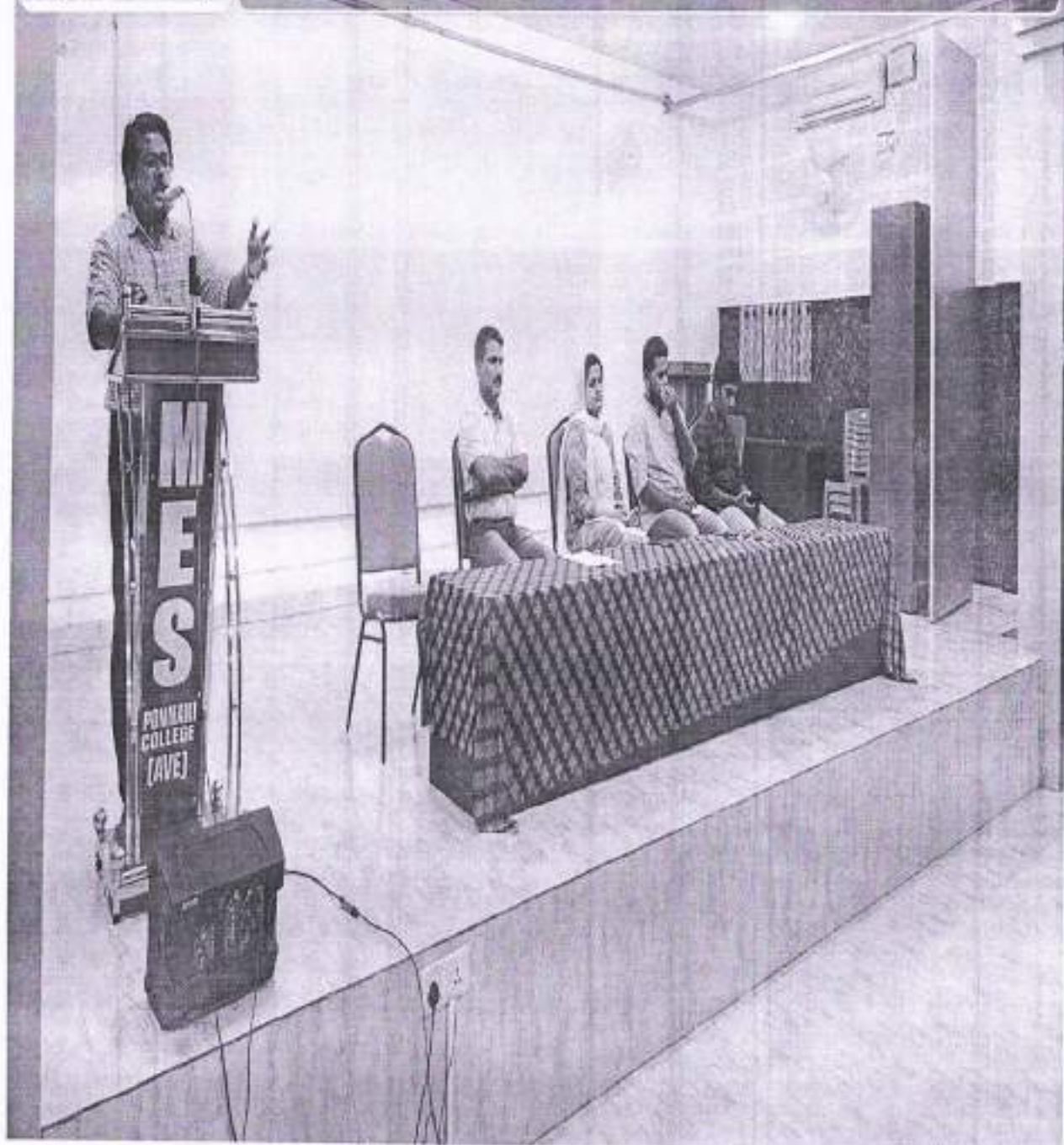


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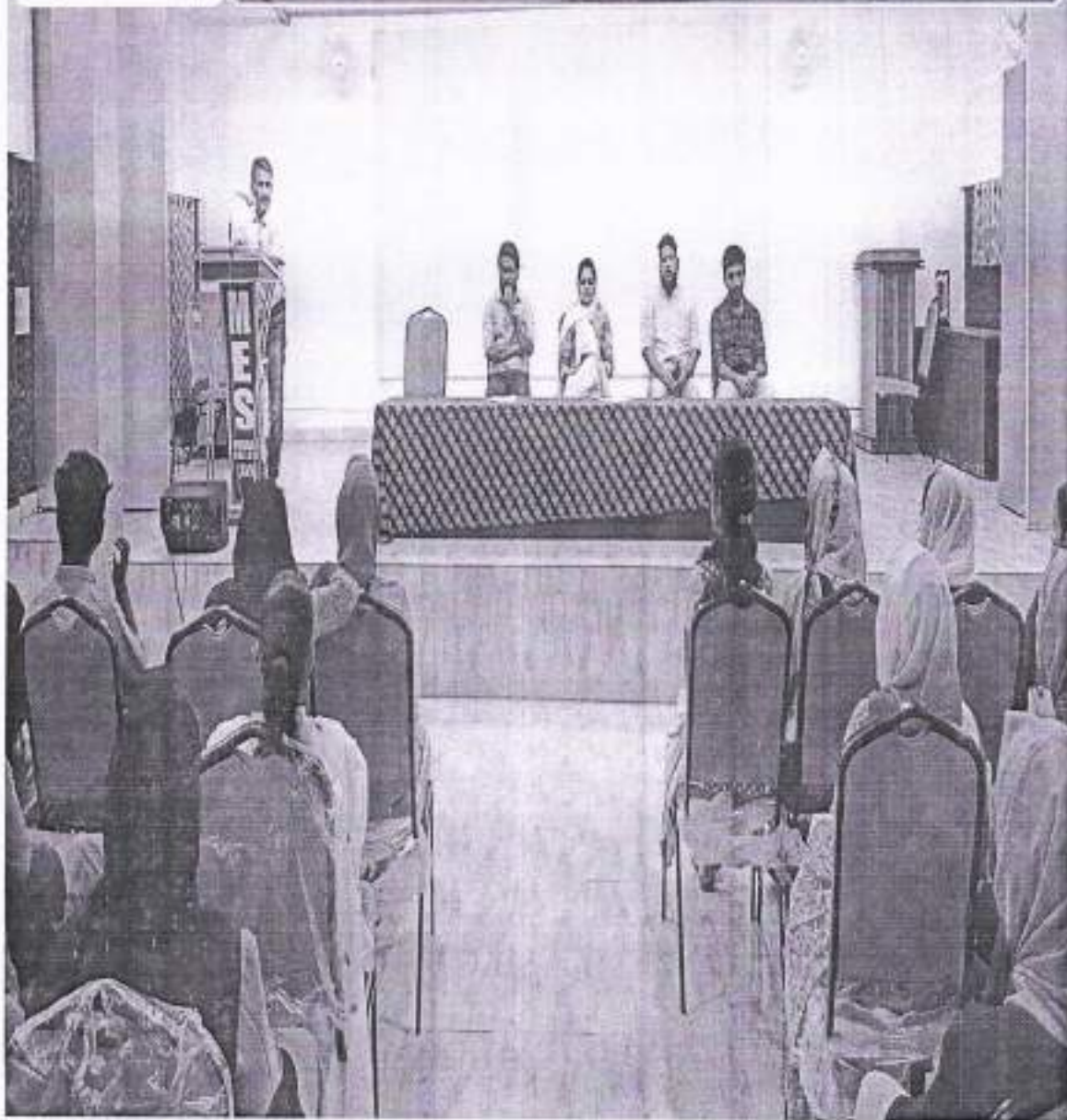


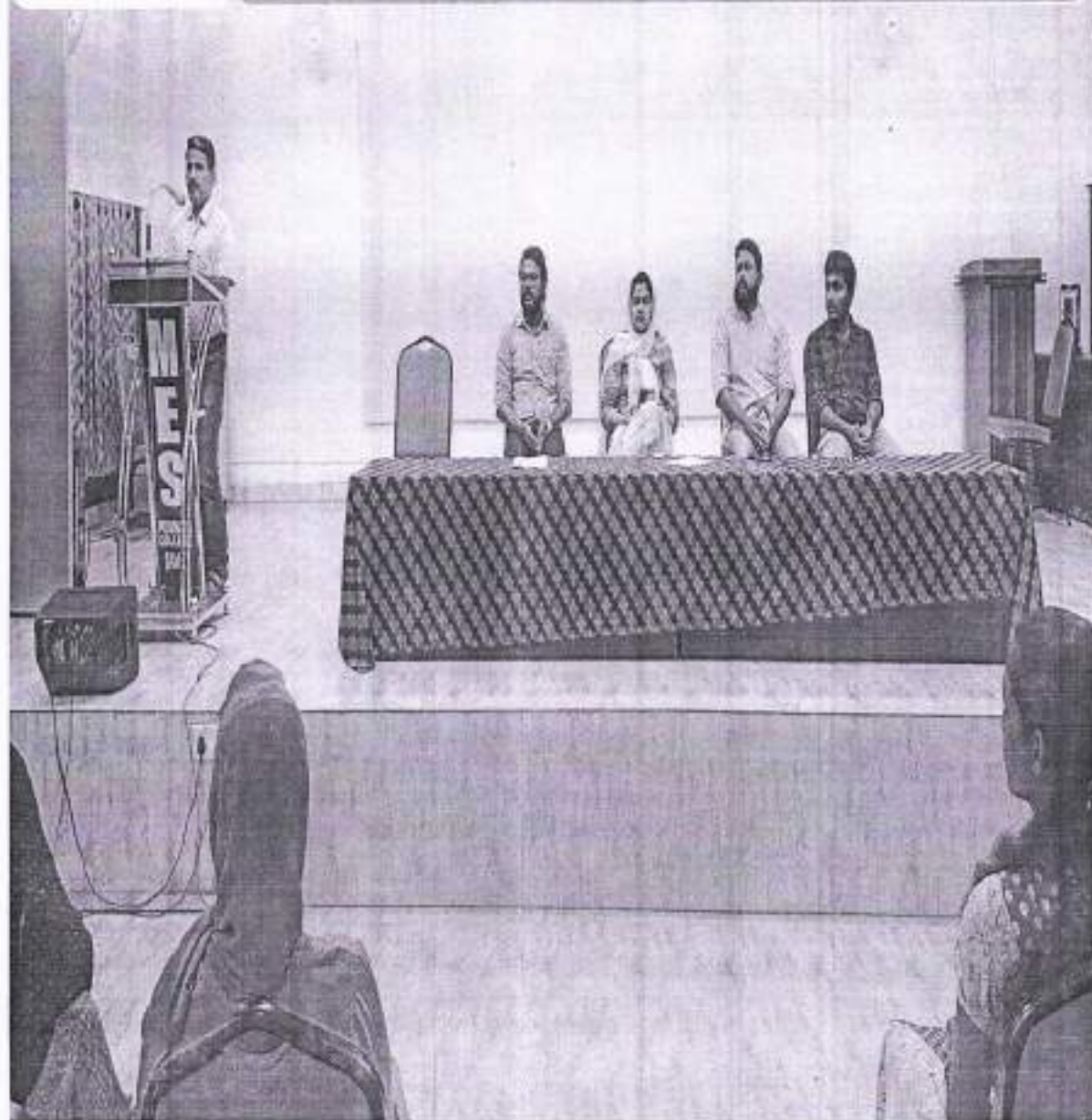
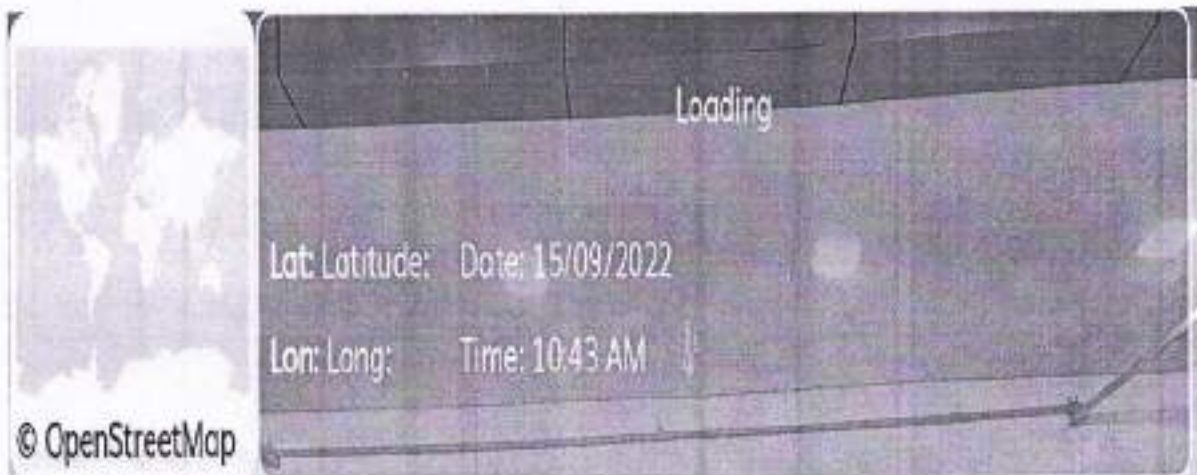
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International Day of Democracy

15th Sep 2022 @ MSR Hall

Name	Class	Signature
Akshaya S	II nd B.A. English	
Vishnu K.S	II nd B.A. English	
Jeeva Krishna T	II nd B.A. English	
Yumna Salih	BBA I st	
Fathima Rishi A	BBA I st	
Rahana-th. K.M	BBA I st	
Ahmed Anis	BBA I st	
Muhammad Afrah P.K	BBA I st	
Adel Jamal	CS II nd	
Lubna	BBA I	
Jamshida	B.com	
Abdul Basith K	BSc Zoology	
Nijim K	B.com II	
Yasir bin Joo Saif	B.A. English	
Nabhan Ie	BSc Zoology 2 nd	

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15th Sep 2022 @ MSK Hall

Name	Class	Signature
Nabha . I	II nd year BA English	
Aiswarya . P	2 nd year BA English	
Anoosha . m	II nd year BA English	
Suagya mal . c . P	2 nd year BA English	
Sahna . K	1 st BA Economics	
Nabeedha . K . E	??	
Monammed Musthak Ali	2 nd BA English	
Naseem Shakir	??	
Fathma Jaseela	1 st BA English	
Irfana . K . K	??	
Shifa Jasmira	2 nd BA English	
Nafsa Nalliyar	1 st BA English	
Fathiga Isma . P . P	1 st BA English	
Shadiya	1 st BA English	
Aysha kuba	1 st BA English	
Jumana Sheerin	1 st BA English	
Fathuma Shafana	1 st BA English	
Fathima		

MES Ponnani College
International Day of Democracy
 15th Sep 2022 @ MSK Hall

Name	Class	Signature
Lalitha Mathias	II nd BA English	
Dilshada	"	
Veda	"	
Fathia	"	
Sahala	"	
Sana Aboobaker	"	
Dilshara	"	
Hansa	"	
Fathia	"	
Jahaira	"	
Amalathul Shabirudheen	"	
Jessica K	III rd BA Economics	
Aysha Rahma	III rd BA Economics	
Hamina V	"	
Nama	"	
Raya	III rd B.com	

Nardana V	I st BA English	100%
Adhithya H m	I st BA English	100%
Pavana	I st BA English	100%
Rishi	I st BA English	100%
Mehsina K	I st BA English	100%
Nasim	I st BA English	100%
Ranya kumar va	I st BA English	100%
Shayma P	I st BA English	100%
Aysha Saba S K	I st BA English	100%
Sureha M B	II nd BA English	100%
Sneha S K	II nd BA English	100%
Sree Lakshmi M S	II nd BA English	100%
Ashwaga S	II nd BA English	100%
Jayanthi S	II nd BA English	100%
Vibha S	II nd BA English	100%

Madhyn

BBA

~~10/1~~

Beneena

BBA

BBA

Mufardha



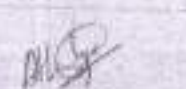

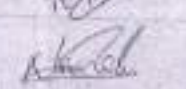


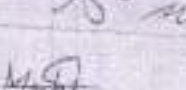


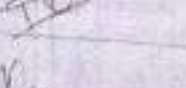


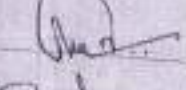


B.COM

BBA

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15th Sep 2022 @ MSK Hall

Name	Class	Signature
Athulya T	11 th BA English	
Aishwarya	11 th BA English	
Athulya	11 th BA English	
Anya Krishna. G	"	
Nandana T.K	"	
Safa Ummer G.K	"	
Noufeera K.K	"	
Mahira K.M	"	
VISHNU K	11 th BA-ECONOMICS	
Mohd. Abdul Nasir V	1 st BA English	
Muhammed Ashiq	1 st BA English	
Muhammed Afraz M	1 st BA English	
Abdul Salam	1 st BBA	
Abdu Raheem K	1 st BBA	
Zudha	1 st Economics	
Kamarnelheer	1 st Economics	

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Name	Class	Signature
HANEEN SHERAF ERAVASSERI	2 nd BA ECONOMICS	
AMEENA-M	2 nd BA ECONOMICS	
Mohammed Yasir.K	2 nd BA Economics	
Aneetha.K	"	
Radhika.	"	
Nesha.K	"	
Ahsana	"	
Jishana	"	
Rushika	"	
Adhila Jasmin	"	
Maimoonah Thasni M.K	"	
Shabana A	"	
Aashida K	"	
Aysha-A	"	
Afeefa	"	

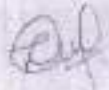



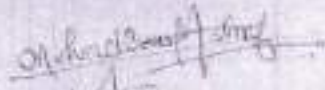



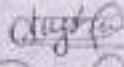





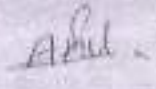
Hanna.KV
Zarina Eakeery
Rinshida CV
Shahila.K.P

BBA-1
BBA-1
BBA-2
BBA-1

Satiba K.A	B.COM - I	Satiba
Prathyusha PP	B.A Economics III	Prathyusha
Sumaiyya Khadija	B.com - I	Sumaiyya
Aparna A	3 rd BA Economics	Aparna
Saadra KB	3 rd BA Economics	Saadra
Shina KP	..	Shina
Nawya KP	..	Nawya
Vishwanath K	..	Vishwanath
Sneha P	1 st BBA	Sneha
Shabteba V.V	BBA	Shabteba
RAHIBA	B.COM I	RAHIBA
Mehudya	BBA	Mehudya
Hachya	BBA	Hachya
Fathima Rina	BBA	Fathima Rina
BAHISA	B.COM - I	BAHISA
Fathima Ritha	BBA	Fathima Ritha
Aiysha Mubina	BBA	Aiysha Mubina
Sindrako	BBA	Sindrako
Nisha P	B.COM I	Nisha P
Thirisha K	BBA - I	Thirisha
Nahla N	BBA - I	Nahla N
Rameesa Nasreem KP	BBA - I	Rameesa
Hanna Naima KP	BBA - I	Hanna
Nadira Sidneet	BBA - I	Nadira
Riswana	BBA - I	Riswana
Kristina Priya SP	B.COM - I	Kristina
Nihala MP	B.COM - I	Nihala
Fasna	B.COM - I	Fasna
Kadriya Nazam	BBA - I	Kadriya
Favi V	BBA - I	Favi V
Noushintha E	B.COM - I	Noushintha
Ayisha Ameera	B.COM - I	Ayisha
Nafia	B.COM I	Nafia
Sumayya Saleem	B.COM I	Sumayya
Hamdha Thahir	B.COM - I	Hamdha

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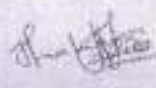


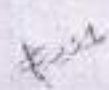

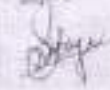
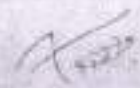

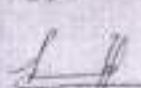
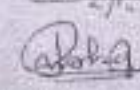
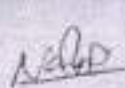


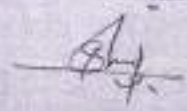
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Name	Class	Signature
Zameen Sakeer	BBA	
Hanna k.v	BBA	
Rinshida cv	BBA	
Shahida kp	BBA	
Nehadiya	BBA	
Hadiya	BBA	
Fathimathai Riana	BBA	
Fathima nitha	BBA	
Arysha Mubssina	BBA	
Shibila Sheerin. e	BA engg III rd	
Safana nrc	B.com I	
Shifana. e	B.com I	
Shamna Ghann.P	B.Com I	
Bhafna. C	B. Com I	
Anusalee. v.p	B.com I	

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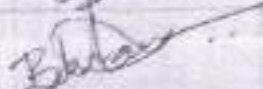





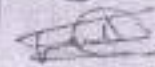
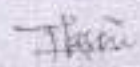






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Name	Class	Signature
Shahana P	BA English 2 nd	
Jahara Shukur	II BA English	
Shahana Jesmin M.T	BBA 1 st	
Haneem K.B	BBA 1 st	
Hiba Sherin	B.Com 1 st	
Suamithya K.	B.Com 1 st	
Aboubacker Sidheer	BBA 1 st	
Salmanul Fariq	BBA 1 st	
Nandana P.P	B.Com 1 st	
Rishana P.P	B.Com 1 st	
NAVYA EV	B.Com 1 st	
MILWA P.V	B.Com 1 st	
Vaishak K	II nd B.Com	
Shahul P	II nd B.Com	

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Name	Class	Signature
Falhiima Hamid	II BA ENG	
Burhanath G S	II BA ENG	
Ameena Isha	II BA ENG	
Aysha Zahra Ashraf	II BA ENG	
Jadwira P T	II BA English	
Shriya Thomas	II BA English	
Jasmin PP	II BA English	
Frosha	" "	
Fathima Thomas	" "	
Sarwan Zahra	" "	
Shahiba Jamin	III BBA	
Kajtha	III BBA	
Zahiba Usman	III BCOM	
Safaral	III BCOM	
Mufida Jamin	III BCOM	

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Name	Class	Signature
ASIF SAHEER Mohammed final	Vision BSc Geography B.Sc. Ge	